

SCHOOL COUNSELING

NEWSLETTER

Important Dates:

February 21-25th: Mid-Winter Recess- **SCHOOL CLOSED**

March 4th: 3rd Quarter Progress Report Period Ends

March 10th: Grade 7 Guidance Night @ 7:00 PM Virtual

March 14th: 3rd Quarter Progress Reports Posted

April 8th: 3rd Quarter Marking Period Ends

April 14th: 3rd Quarter Report Cards posted

April 15th-22nd: Spring Recess- **SCHOOL CLOSED**

May 13th: 4th Quarter Progress Report Period Ends

May 23rd: 4th Quarter Progress Reports Posted

May 30th: Memorial Day- **SCHOOL CLOSED**

June 14th: Last day of classes

June 20th: Juneteenth- **SCHOOL CLOSED**

June 27th: 4th Quarter Report Cards Posted

Counseling Office Contacts:

Mrs. Jeannette Alomia
District Director of Guidance
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(631)673-2101

Mrs. Paloma Ramlogan
Bilingual Counselor
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(631) 673-2022

Mrs. Alison Logan
7th and 8th grade: Last names C-Z
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GREETINGS FROM THE GUIDANCE
DEPARTMENT!



**COME DOWN TO GUIDANCE & ASK FOR
YOUR SCHOOL COUNSELOR IF YOU NEED
ANYTHING OR HAVE ANY QUESTIONS! SIGN
UP SHEETS ARE ON THE TABLE IN THE
GUIDANCE OFFICE!**

Tips for goal setting!

1. **Make clear & measurable goals**
2. **Create an action plan for your goals**
3. **Review your goals and visualize yourself accomplishing them**
4. **Reflect on your progress to see if you're on track**
5. **If needed, review your action plans**
6. **Celebrate your accomplishments & don't give up!**

**Come to guidance to get more information about
summer camps/programs! Here are a few
examples:**

**Summer camps for science: Visit
summercamps.dnalc.org for more information**

**Hofstra University Specialty Camps: Visit
<https://www.hofstra.edu/academics/ce/summer-camp/>
for more information. Here are just a few examples of the
different types of camps offered: Basketball, Dance, Music,
Science, Photography, Flag Football, and Travel.**

