

Lunch Menu

Huntington Jack Abrams STEM

January 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

POPCORN CHICKEN AVAILABLE EVERY MONDAY



EMPLOYMENT OPPORTUNITIES AVAILABLE IN SCHOOL KITCHENS. EARN WHILE YOUR CHILD LEARNS. CALL (631) 673-2107 FOR INFORMATION

6 Cheesy Stuffed Bread Sticks With Marinara Sauce Dip Or Crispy Popcorn Chicken French Bread Sweet Potato Fries Confetti Kidney Bean Salad Diced Peaches

NATIONAL BEAN DAY 1/6

7 Famous Chili Cheese Fries *golden baked potato wedges topped with chili and cheese* With French Bread Or Hummus and Pretzel Sweet Corn Seasoned Black Beans Fresh NY Local Apple (BEEF CHILI)

8 Turkey Hot Dog on Bun Or Turkey & Cheese Sandwich Oven Baked Fries Baked Beans Fresh Pear Sugar Cookie

IT'S STUDENT APPRECIATION DAY

9 Baked Chicken Tenders Brown Rice Or Fruity Granola Parfait Cajun Roasted Broccoli Cucumber Coins Fresh Orange

10 Spicy Chicken Sandwich *warm spicy chicken breaded cutlet prepared in-house Or BBQ Chicken Wrap chicken breast with BBQ sauce, lettuce and tomato in a wrap* Spicy Honey Carrots Celery Sticks Fresh NY Local Apple

13 Grilled Cheese Sandwich Meltdown Café Or Crispy Popcorn Chicken French Bread Roasted Butternut Squash Celery Sticks Fresh Banana

14 Nachos Grande *tortilla chips topped with freshly prepared mexi style meat and cheese* Fiesta Corn Black Beans Fresh Pear (TURKEY TACO MEAT)

15 Crispy Popcorn Chicken With French Bread Turkey & Cheese Sandwich Spicy Honey Broccoli Cucumber Coins Fresh NY Local Apple

16 Belgian Waffle Bites With Sausage Patty Syrup Or Fruity Granola Parfait Sweet Potato Fries Cucumber Coins Organic Applesauce

(Chicken Sausage)

17 Two Cheese Quesadilla Or Buffalo Chicken and Cheese Quesadilla Or BBQ Chicken Wrap *chicken breast with BBQ sauce, lettuce and tomato in a wrap* Steamed Zucchini Celery Sticks Fresh Orange

20

21 Mozzarella Stick & Chicken Nugget Combo Meal Or Hummus and Pretzel *a soft organic whole wheat pretzel with hummus* Oven Baked Fries Baked Beans Fresh NY Local Apple

22 Cinnamon French Toast With Sausage Patty Or Turkey & Cheese Sandwich Baked Sweet Potato Cucumber Coins Fresh Orange Syrup

(Chicken Sausage)

23 Homemade Pasta & Meatballs Or Fruity Granola Parfait Steamed Broccoli Fresh Baby Carrots Fresh Pear

(Chicken Meatball)

24 Chicken & Cheese Bowl Or BBQ Chicken Wrap *chicken breast with BBQ sauce, lettuce and tomato in a wrap* Sweet Corn Mixed Kale Side Salad Fresh NY Local Apple Blueberries And Strawberries

27 Mozzarella Sticks Marinara Sauce Dip Or Crispy Popcorn Chicken With French Bread Steamed Carrots Celery Sticks Fresh Banana

28 Soft Tacos *freshly prepared fiesta-style meat with melted cheese wrapped in a warm soft taco shell* Or Hummus and Pretzel Sweet Corn Black Beans Fresh NY Local Apple (TURKEY TACO MEAT)

29

30 Crispy Popcorn Chicken With French Bread Fruity Granola Parfait Spicy Honey Broccoli Cucumber Coins Fresh Pear

31 Meatball Sandwich Or BBQ Chicken Wrap *chicken breast with BBQ sauce, lettuce and tomato in a wrap* Side Salad Fresh Baby Carrots Fresh Orange (Chicken Meatball)

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

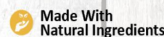
***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Free Lunch for all students

SMART SNACKS AVAILABLE FOR PURCHASE

ADULT LUNCH \$5.09 PLUS TAX



Available Daily

Pepperoni (P) Pizza Pack, Chicken Caesar Salad w/dinner rolls, Bagel w/ 2 String Cheese, Yogurt w/cheese sandwich, Sunbutter & Jelly Sandwiches

Cheese and Pepperoni (P) Pizza

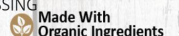
MILK- 1% WHITE, FF CHOCOLATE, 100% JUICE

Items with a P contain pork. We serve Whole Grain Rich Products

ALL MEALS SERVED WITH DAILY FRESH FRUITS (PEARS, APPLES, ORANGES)

FRESH VEGETABLES STICKS

CONDIMENTS AND L.F.DRESSING



Lunch Menu

Huntington Woodhull Intermediate

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6 Cheesy Stuffed Bread Sticks
With Marinara Sauce Dip
Or Crispy Popcorn Chicken
French Bread
Sweet Potato Fries
Confetti Kidney Bean Salad
Diced Peaches
NATIONAL BEAN DAY 1/6

7 Famous Chili Cheese Fries *golden baked potato wedges topped with chili and cheese*

With French Bread
Or Hummus and Pretzel

Sweet Corn
Seasoned Black Beans
Fresh NY Local Apple
(BEEF CHILI)

8 Turkey Hot Dog on Bun
Or Turkey & Cheese Sandwich
Oven Baked Fries
Baked Beans
Fresh Pear
Sugar Cookie
IT'S STUDENT APPRECIATION DAY

9 Baked Chicken Tenders
Brown Rice
Or Fruity Granola Parfait

Cajun Roasted Broccoli
Cucumber Coins
Fresh Orange

10 Spicy Chicken Sandwich *warm spicy chicken breaded cutlet prepared in-house*
Or BBQ Chicken Wrap *chicken breast with BBQ sauce, lettuce and tomato in a wrap*
Spicy Honey Carrots
Celery Sticks
Fresh NY Local Apple

13 Grilled Cheese Sandwich
Meltdown Café
Or Crispy Popcorn Chicken
French Bread
Roasted Butternut Squash
Celery Sticks
Fresh Banana
HARVEST of the month potatoes

14 Nachos Grande *tortilla chips topped with freshly prepared mexi style meat and cheese*
Fiesta Corn
Black Beans
Fresh Pear
(TURKEY TACO MEAT)

15 Crispy Popcorn Chicken
With French Bread
Turkey & Cheese Sandwich
Spicy Honey Broccoli
Cucumber Coins
Fresh NY Local Apple

16 Belgian Waffle Bites
With Sausage Patty
Syrup
Or Fruity Granola Parfait

Sweet Potato Fries
Cucumber Coins
Organic Applesauce
BRUNCH LUNCH

17 Two Cheese Quesadilla
Or Buffalo Chicken and Cheese Quesadilla
Or BBQ Chicken Wrap *chicken breast with BBQ sauce, lettuce and tomato in a wrap*
Steamed Zucchini
Celery Sticks
Fresh Orange

20 **MARTIN LUTHER KING JR. DAY**

21 Mozzarella Stick & Chicken
Nugget Combo Meal
Or Hummus and Pretzel *a soft organic whole wheat pretzel with hummus*

Oven Baked Fries
Baked Beans
Fresh NY Local Apple
HARVEST of the month potatoes

22 Cinnamon French Toast
With Sausage Patty
Or Turkey & Cheese Sandwich
Baked Sweet Potato
Cucumber Coins
Fresh Orange
Syrup
BIRUNCH LUNCH

23 Homemade Pasta & Meatballs
Or Fruity Granola Parfait

Steamed Broccoli
Fresh Baby Carrots
Fresh Pear
LUCKY TRAY
HARVEST of the month potatoes

24 Chicken & Cheese Bowl
Or BBQ Chicken Wrap *chicken breast with BBQ sauce, lettuce and tomato in a wrap*
Sweet Corn
Mixed Kale Side Salad
Fresh NY Local Apple
Blueberries
And Strawberries

27 Mozzarella Sticks
Marinara Sauce Dip
Or Crispy Popcorn Chicken
With French Bread
Steamed Carrots
Celery Sticks
Fresh Banana
MEATLESS MONDAY

28 Soft Tacos *freshly prepared fiesta-style meat with melted cheese wrapped in a warm soft taco shell*
Or Hummus and Pretzel

Sweet Corn
Black Beans
Fresh NY Local Apple
(TURKEY TACO MEAT)

29 **SCHOOL CLOSED TODAY**

30 Crispy Popcorn Chicken
With French Bread
Fruity Granola Parfait

Spicy Honey Broccoli
Cucumber Coins
Fresh Pear

31 Meatball Sandwich
Or BBQ Chicken Wrap *chicken breast with BBQ sauce, lettuce and tomato in a wrap*
Side Salad
Fresh Baby Carrots
Fresh Orange
(Chicken Meatball)

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Available Daily

Pepperoni (P) Pizza Pack, Chicken Caesar Salad w/dinner rolls, Bagel w/ 2 String Cheese, Yogurt w/cheese sandwich, Sunbutter & Jelly Sandwiches
Cheese and Pepperoni (P) Pizza
MILK- 1% WHITE, FF CHOCOLATE, 100% JUICE
Items with a P contain pork. We serve Whole Grain Rich Products
ALL MEALS SERVED WITH DAILY FRESH FRUITS (PEARS, APPLES, ORANGES)
FRESH VEGETABLES STICKS
CONDIMENTS AND L.F.DRESSING