

Lunch Menu

Huntington High School

January 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



2 Available Daily: Fresh veggie sticks, salad, fruits and 100% juice.

3 NATIONAL MILK DAY 1/10
HOT CHOCOLATE WITH LUNCH

6 Toasty Garlic Mozzarella Sandwich with Tomato
toasted garlic bread sandwich stuffed with mozzarella and tomato
Or Veggabol BBQ Chickpea Rice Bowl
Cajun Roasted Broccoli
Celery Sticks
Diced Pear Cup

7 Chicken & Cheese Bowl
popcorn chicken layered with mashed potatoes and corn, covered in cheese
Dinner Rolls
Sautéed Spinach
Sriracha Garbanzo Beans
Fresh Blueberries

8 Club Griller
grilled cheese sandwich with Swiss cheese, tomatoes, bacon, ranch and American cheese
Roasted Potatoes
Fresh Baby Carrots
Fresh NY Local Apple

9 Popcorn Chicken
Brown Rice
Spiced Roasted Green Beans w/ Parmesan
Homemade Deli Style Coleslaw
Fresh Pear

10 Homemade French Toast
slices of bread coated in an egg batter, with cinnamon and vanilla
Sausage Patty
Sweet Potato Fries
Celery Sticks
Fresh Orange

13 Mozzarella Stick and Cheese Stick Combo
Marinara Sauce Dip
Or Spicy Buffalo Chickpea Wrap
Spicy Honey Broccoli
Celery Sticks
Fresh Banana

14 Homemade Chicken & Broccoli Alfredo
grilled chicken and broccoli florets tossed in a creamy sauce over tender pasta
Garden Salad
Fresh Baby Carrots
Fresh Grapes

15 Burger Bar
choice of burger with a variety of toppings served on a whole wheat bun
Oven Baked Fries
Baked Beans
Organic Applesauce
SMASH BURGER
(Beef Burger)

16 Chicken Gyro
gyro chicken meat served with lettuce and tomatoes topped with yogurt sauce
Pita Bread
Roasted Butternut Squash
Chili Roasted Garbanzo Beans
Fresh Orange

17 Baked Potato Bar
a fluffy baked potato layered with toppings of your choice
Dinner Rolls
Glazed Carrots
Grape Tomatoes
Fresh Pear
(Beef & Bean Chili)

20 MARTIN LUTHER KING JR. DAY

21 Chicken and Cheese Enchilada
chicken, cheese and rice rolled in a tortilla and baked with salsa over top
Fiesta Corn
Black Beans
Fresh Pear

22 IT'S STUDENT APPRECIATION DAY
(Chicken Meatball)

23 Hot Open Turkey Sandwich with Gravy
thinly sliced turkey breast over bread topped with gravy
Glazed Carrots
Cucumber Coins
Organic Applesauce

24 Popcorn Chicken
Brown Rice
Steamed Zucchini
Mixed Kale Side Salad
Strawberry Cup

27 Cheesy Stuffed Bread Sticks
Marinara Sauce Dip
Or Veggabol Taco Bean Tortilla Bowl
Steamed Carrots
Fresh Cucumber Salad
Fresh Banana

28 Honeyfire Kitchen Chicken Sandwich
freshly prepared chicken drizzled with honey fire sauce
Sweet Potato Fries
Homemade Deli Style Coleslaw
Fresh Orange

29 SCHOOL CLOSED TODAY

30 Tot Spot's Loaded Tater Tots
crispy tater tots topped with creamy cheese sauce and bacon with a sour cream and scallion garnish
Sweet Corn
Celery Sticks
Fresh Pear

31 Sweet Sriracha Chicken
tender chicken glazed with a sweet sriracha sauce
Vegetable Fried Rice
Spicy Honey Broccoli
Chili Roasted Garbanzo Beans
Fresh NY Local Apple

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Free Lunch for all students
Adult \$5.09 Plus Tax All Meals served with Choice of: 1% White or Fat Free flavored Milk, Fruit Choice, W.G. Bread, Protein, Vegetable Choices,
Condiments and L.F. Dressings

Daily Lunch Offerings - Ciabatta Sams: Pre-made Sandwiches- Ham(P), Turkey, Chicken, American, Swiss and Mozzarella cheeses and vegetable toppings on W.G. Breads.
Real Meals: Yogurt Parfaits- made with Yogurt, Fruit & Granola. Yogurt & Fruit Smoothie (served w/ 2 Dinner rolls or Pretzel. Assorted Salads served with protein and 2 W.G. Dinner roll, Veggie Bowls
Ruby's Grill Choices: Grilled Cheese, Chicken Patty or burger on W.W. Bun
Coyote Grill: Nachos, Tacos -- Turkey
Pizza: Cheese, Pepperoni (beef & pork) and Daily Special

Vegetarian Made With Natural Ingredients Pork Smart Choice Made With Organic Ingredients