

Lunch Menu

Huntington High School

December
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

2 Cheesy Stuffed Bread Sticks
Marinara Sauce Dip
Or Veggabool Taco Bean Tortilla Bowl
Glazed Carrots
Fresh Cucumber Salad
Fresh Banana



Tuesday

3 Yard Bird Classic Chicken Sandwich
a delicious chicken filet on a hearty bun, served with special sauce and a pickle
Oven Baked Fries
Sriracha Garbanzo Beans
Fresh Orange



Wednesday

4 Pasta with Meat Sauce
freshly cooked pasta with meat sauce
Sauteed Zucchini
Celery Sticks
Fresh NY Local Apple
Sugar Cookie
(Beef Meat Sauce)
NATIONAL COOKIE DAY



Thursday

5 Popcorn Chicken
Brown Rice
Roasted Butternut Squash
Fresh Baby Carrots
Fresh Pear



Friday

6 Incredibowls Chicken & Vegetable Rice
fluffy rice topped with vegetable stir fry and baked chicken
Garlic Ginger Broccoli
Grape Tomatoes
Fresh Orange

9 Toasty Garlic Mozzarella Sandwich with Tomato
toasted garlic bread sandwich stuffed with mozzarella and tomato
Or Veggabool BBQ Chickpea Rice Bowl
Cauliflower Popcorn
Celery Sticks
Fresh Banana



10 Chicken & Cheese Bowl
popcorn chicken layered with mashed potatoes and corn, covered in cheese
Dinner Rolls
Sauteed Spinach
Sriracha Garbanzo Beans
Strawberry Cup



11 Ruby's Chicken Cordon Bleu
handcrafted sandwich with moist chicken breast, thinly sliced ham, cheese, and crisp lettuce between a soft bun
Spiced Sweet Potatoes
Cucumber Coins
Fresh Pear
Chocolate Chip Cookie

12 Nashville Hot Kickin' Chicken Sandwich
freshly prepared chicken drizzled with hot sauce, topped with coleslaw and pickled chips
Oven Baked Fries
Homemade Deli Style Coleslaw
Fresh Orange

13 Chili Cheese Dog
a tender hot dog topped with savory chili and cheese sauce in a toasted bun
Baked Beans
Fresh Baby Carrots
Fresh NY Local Apple
(Turkey Hot Dog
Beef Chili)

16 Mozzarella Stick and Cheese Stick Combo
Marinara Sauce Dip
Or Spicy Buffalo Chickpea Wrap
Sweet Corn
Celery Sticks
Fresh Banana



17 Homemade Chicken & Broccoli Alfredo
grilled chicken and broccoli florets tossed in a creamy sauce over tender pasta
Steamed Broccoli
Fresh Baby Carrots
Fresh Pear

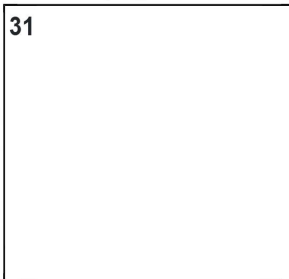
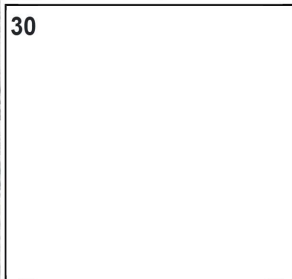
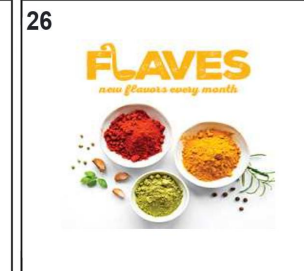
18 Guy's Fries
crispy fries seasoned with your choice of flavors
Oven Baked Fries
Baked Beans
Fresh Grapes
(Chicken & Cheese toppings)



19 Chicken Gyro
gyro chicken meat served with lettuce and tomatoes topped with yogurt sauce
Pita Bread
Roasted Butternut Squash
Chili Roasted Garbanzo Beans
Fresh Orange



20 Baked Potato Bar
a fluffy baked potato layered with toppings of your choice
Dinner Rolls
Glazed Carrots
Fresh Cucumber Salad
Blueberries
(Beef & Bean Chili)



Available Daily: Fresh veggie sticks, salad, fruits and 100% juice.



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

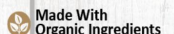
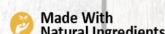
**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Free Lunch for all students

Adult \$5.09 Plus Tax All Meals served with Choice of: 1% White or Fat Free flavored Milk, Fruit Choice, W.G. Bread, Protein, Vegetable Choices, Condiments and L.F. Dressings



Daily Lunch Offerings - Ciabatta Sams: Pre-made Sandwiches-

Ham(P), Turkey, Chicken, American, Swiss and Mozzarella cheeses and vegetable toppings on W.G. Breads.

Real Meals: Yogurt Parfaits- made with Yogurt, Fruit & Granola. Yogurt & Fruit Smoothie (served w/ 2 Dinner rolls or Pretzel. Assorted Salads served with protein and 2 W.G. Dinner roll, Vegga Bowls

Ruby's Grill Choices: Grilled Cheese, Chicken Patty or burger on W.W. Bun

Coyote Grill: Nachos, Tacos -- Turkey

Pizza: Cheese, Pepperoni (beef & pork) and Daily Special