### **Huntington Jack Abrams STEM**

December 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
Pluffy Whole Grain Waffles warm whole grain waffles Fresh Banana Syrup	3 WW Honey Bun @ Fresh NY Local Apple	4 Whole Grain French Toast Slices 🚱 Fresh Pear Syrup	5 WG Double Chocolate Chip Muffin @ Fresh Orange	6 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese Fresh NY Local Apple
9 Fluffy Whole Grain Pancakes warm whole grain pancakes  Fresh Banana Syrup	10 WW Honey Bun 🚱 Fresh NY Local Apple	11 Fruity Granola Parfait  Low fat vanilla yogurt  layered with fruit and  granola 60 60 60  Fresh Pear  Syrup	12 Chocolate Chip Muffin 🚱 Fresh Orange	13 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese Fresh NY Local Apple
16 Fluffy Whole Grain Waffles warm whole grain waffles  Fresh Banana Syrup	17 WW Honey Bun 🚱 Fresh NY Local Apple	Fluffy Whole Grain Pancakes warm whole grain pancakes Fresh Pear Syrup	19 WG Double Chocolate Chip Muffin 🚱 Organic Applesauce	20 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese Fresh Orange
CHECK OUT OUR LATEST NEWS, BLOGS & MORE	24	START YOUR DAY THE HEALTHY WAY! HAVE A NUTRITIOUS BREAKFAST!	26	SCAN BELOW TO VIEW OUR LATEST VIDEOS
30	31			
HOL	IDAY		CAEADI	



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical

conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex



Free Breakfast for all students Adult breakfast \$2.95 plus tax



#### Available Daily:

All Meals served with Choice of: Apple, Orange,
Pear, W.G. Bread, Protein
1% milk, Fat Free milk, juice
Assorted cereal w/string cheese or Gram Crackers
Yogurt cup w/granola
All Breads, Rolls and Muffins are Whole Grain





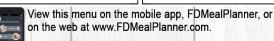


# Huntington Woodhull Intermediate

December 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

	Monday		Tuesday		Wednesday		Thursday		Friday
2	Fluffy Whole Grain Waffles warm whole grain waffles Fresh Banana Syrup	3	WW Honey Bun 🚱 Fresh NY Local Apple	4	Whole Grain French Toast Slices <b>⊘</b> Fresh Pear Syrup	5	WG Double Chocolate Chip Muffin <b>Ø</b> Fresh Orange	6	Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese  Fresh NY Local Apple
9	Fluffy Whole Grain Pancakes warm whole grain pancakes @ Fresh Banana Syrup	10	WW Honey Bun 🚱 Fresh NY Local Apple	11	Fruity Granola Parfait Low fat vanilla yogurt layered with fruit and granola	12	Chocolate Chip Muffin 🔗 Fresh Orange	1	3 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese Fresh NY Local Apple
	Fluffy Whole Grain Waffles warm whole grain waffles Fresh Banana Syrup	17	WW Honey Bun <b>②</b> Fresh NY Local Apple	18	Fluffy Whole Grain Pancakes warm whole grain pancakes © Fresh Pear Syrup	19	WG Double Chocolate Chip Muffin <b>℘</b> Organic Applesauce	2	Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese Fresh Orange
23	CHECK OUT OUR LATEST NEWS, BLOGS & MORE	24		25	START YOUR DAY THE HEALTHY WAY! HAVE A NUTRITIOUS BREAKFAST!	26		2	SCAN BELOW TO VIEW OUR LATEST VIDEOS
30	HOL	31	AY				SAFAR® on adventure in freetility esting		



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conditions.

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Free Breakfast for all students Adult breakfast \$2.95 plus tax



#### Available Daily:

All Meals served with Choice of: Apple, Orange,
Pear, W.G. Bread, Protein
1% milk, Fat Free milk, juice
Assorted cereal w/string cheese or Gram Crackers
Yogurt cup w/granola
All Breads, Rolls and Muffins are Whole Grain







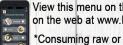
(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

### **Huntington Primary**

December 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Fluffy Whole Grain Waffles warm whole grain waffles Presh Banana Syrup	3 WW Honey Bun 🚱 Fresh NY Local Apple	4 Whole Grain French Toast Slices <b>⊘</b> Fresh Pear Syrup	5 WG Double Chocolate Chip Muffin @ Fresh Orange	6 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese   Fresh NY Local Apple
9 Fluffy Whole Grain Pancakes warm whole grain pancakes Fresh Banana Syrup	10 WW Honey Bun Fresh NY Local Apple	11 Fruity Granola Parfait  Low fat vanilla yogurt  layered with fruit and  granola Parfait  Fresh Pear  Syrup	12 Chocolate Chip Muffin @ Fresh Orange	13 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese Fresh NY Local Apple
16 Fluffy Whole Grain Waffles warm whole grain waffles  Fresh Banana Syrup	17 WW Honey Bun @ Fresh NY Local Apple	18 Fluffy Whole Grain Pancakes warm whole grain pancakes Fresh Pear Syrup	19 WG Double Chocolate Chip Muffin  Organic Applesauce	20 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese Fresh Orange
CHECK OUT OUR LATEST NEWS, BLOGS & MORE	24	START YOUR DAY THE HEALTHY WAY! HAVE A NUTRITIOUS BREAKFAST!	26	SCAN BELOW TO VIEW OUR LATEST VIDEOS
30	31			
HO	IDAY		CAEADT	



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Free Breakfast for all students Adult breakfast \$2.95 plus tax



#### Available Daily:

All Meals served with Choice of: Apple, Orange,
Pear, W.G. Bread, Protein
1% milk, Fat Free milk, juice
Assorted cereal w/string cheese or Gram Crackers
Yogurt cup w/granola
All Breads, Rolls and Muffins are Whole Grain







Vegetarian



### **Huntington Flower Hill**

December 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Waffles warm whole grain waffles Fresh NY Local Apple Fresh Pear Syrup  9 Fluffy Whole Grain Pancakes warm whole grain pancakes Fresh NY Local Apple Fresh Pear Syrup  11 Fruity Granola Parfait Low fat vanilla yogurt layered with fruit and granola	Monday	Tuesday	Wednesday	Thursday	Friday
Pancakes Warm whole grain pancakes © Fresh Banana Syrup  16 Fluffy Whole Grain Waffles warm whole grain waffles Fresh NY Local Apple  17 WW Honey Bun © Fresh NY Local Apple  18 Fluffy Whole Grain Pancakes warm whole grain pancakes © Fresh Pear Syrup  18 Fluffy Whole Grain Pancakes warm whole grain pancakes © Fresh Pear Syrup  20 Eg warm whole grain pancakes © Fresh Pear Syrup  21 CHECK OUT OUR LATEST NEWS, BLOGS & MORE.  22 START YOUR NOTETIOUS BREAKFASTI  30 31	Waffles warm whole grain waffles    Fresh Banana		Toast Slices 🚱 Fresh Pear	Chip Muffin 🚱	6 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese € Fresh NY Local Apple
Waffles warm whole grain waffles Fresh Banana Syrup  23 CHECK OUT OUR LATEST NEWS, BLOGS & MORE  Elicities  30  31	Pancakes warm whole grain pancakes  Fresh Banana		Low fat vanilla yogurt layered with fruit and granola 🏈 🤌 🗞 Fresh Pear	Muffin 🕜	13 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese  Fresh NY Local Apple
CHECK OUT OUR LATEST NEWS, BLOGS & MORE  HEALTHY WAY! HAVE A NUTRITIOUS BREAKFAST!	Waffles warm whole grain waffles  Fresh Banana		Pancakes warm whole grain pancakes  Fresh Pear	Chip Muffin 🚱	20 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese  Fresh Orange
	CHECK OUT OUR LATEST NEWS,	24	START YOUR DAY THE HEALTHY WAY! HAVE A NUTRITIOUS	26	SCAN BELOW TO VIEW OUR LATEST VIDEOS
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Free Breakfast for all students Adult breakfast \$2.95 plus tax



#### Available Daily:

All Meals served with Choice of: Apple, Orange,
Pear, W.G. Bread, Protein
1% milk, Fat Free milk, juice
Assorted cereal w/string cheese or Gram Crackers
Yogurt cup w/granola
All Breads, Rolls and Muffins are Whole Grain







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### **Huntington Jefferson**

December 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Waffles warm whole grain waffles Fresh NY Local Apple Fresh Pear Syrup  9 Fluffy Whole Grain Pancakes warm whole grain pancakes Fresh NY Local Apple Fresh Pear Syrup  11 Fruity Granola Parfait Low fat vanilla yogurt layered with fruit and granola	Monday	Tuesday	Wednesday	Thursday	Friday
Pancakes Warm whole grain pancakes © Fresh Banana Syrup  16 Fluffy Whole Grain Waffles warm whole grain waffles Fresh NY Local Apple  17 WW Honey Bun © Fresh NY Local Apple  18 Fluffy Whole Grain Pancakes warm whole grain pancakes © Fresh Pear Syrup  18 Fluffy Whole Grain Pancakes warm whole grain pancakes © Fresh Pear Syrup  20 Eg warm whole grain pancakes © Fresh Pear Syrup  21 CHECK OUT OUR LATEST NEWS, BLOGS & MORE.  22 START YOUR NOTETIOUS BREAKFASTI  30 31	Waffles warm whole grain waffles    Fresh Banana		Toast Slices 🚱 Fresh Pear	Chip Muffin 🚱	6 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese € Fresh NY Local Apple
Waffles warm whole grain waffles Fresh Banana Syrup  23 CHECK OUT OUR LATEST NEWS, BLOGS & MORE  Elicities  30  31	Pancakes warm whole grain pancakes  Fresh Banana		Low fat vanilla yogurt layered with fruit and granola 🏈 🤌 🗞 Fresh Pear	Muffin 🕜	13 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese  Fresh NY Local Apple
CHECK OUT OUR LATEST NEWS, BLOGS & MORE  HEALTHY WAY! HAVE A NUTRITIOUS BREAKFAST!	Waffles warm whole grain waffles  Fresh Banana		Pancakes warm whole grain pancakes  Fresh Pear	Chip Muffin 🚱	20 Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese  Fresh Orange
	CHECK OUT OUR LATEST NEWS,	24	START YOUR DAY THE HEALTHY WAY! HAVE A NUTRITIOUS	26	SCAN BELOW TO VIEW OUR LATEST VIDEOS
THE PROPERTY OF THE PROPERTY O		31		SAEADI	



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#### Available Daily:

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1% milk, Fat Free milk, juice
Assorted cereal w/string cheese or Gram Crackers
Yogurt cup w/granola
All Breads, Rolls and Muffins are Whole Grain







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### **Huntington Washington**

December 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

	Monday		Tuesday		Wednesday		Thursday		Friday
2	Fluffy Whole Grain Waffles warm whole grain waffles Presh Banana Syrup	3	WW Honey Bun <b></b> Fresh NY Local Apple	4	Whole Grain French Toast Slices 🚱 Fresh Pear Syrup	5	WG Double Chocolate Chip Muffin <b>⊘</b> Fresh Orange	6	Egg and Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese  Fresh NY Local Apple
9	Fluffy Whole Grain Pancakes warm whole grain pancakes @ Fresh Banana Syrup	10	WW Honey Bun 🚱 Fresh NY Local Apple	11	Fruity Granola Parfait Low fat vanilla yogurt layered with fruit and granola	12	Chocolate Chip Muffin <b>⊘</b> Fresh Orange	1;	Sand Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese  Fresh NY Local Apple
	Fluffy Whole Grain Waffles warm whole grain waffles Presh Banana Syrup	17	7 WW Honey Bun <b></b> Fresh NY Local Apple	18	Fluffy Whole Grain Pancakes warm whole grain pancakes  Fresh Pear Syrup	19	WG Double Chocolate Chip Muffin 🔗 Organic Applesauce	20	Sand Cheese Sandwich warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese Fresh Orange
23	CHECK OUT OUR LATEST NEWS, BLOGS & MORE	24	•	25	START YOUR DAY THE HEALTHY WAY! HAVE A NUTRITIOUS BREAKFAST!	26		2'	SCAN BELOW TO VIEW OUR LATEST VIDEOS
30		3′	ı						
	HO	aF	DAY				CAEADE		



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Assorted cereal w/string cheese or Gram Crackers
Yogurt cup w/granola
All Breads, Rolls and Muffins are Whole Grain







**Vegetarian** 

