



Welcome to our Lunch Cafe

Huntington Finley Middle School

June 2022

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday

Tuesday

Wednesday

Thursday

Friday



HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.

1 Herb Roasted Chicken
Brown Rice Pilaf
Sweet Potato Fries
Grape Tomatoes
Fresh Orange

2 Pasta with Meat Sauce
Sriracha Garbanzo Beans
Side Garden Salad
Blueberries
(Turkey Meat Sauce)

3 Ruby's Chicken Cordon Bleu sandwich
handcrafted sandwich with moist chicken breast, thinly sliced ham, cheese, and crisp lettuce between a soft bun P
Sweet Corn
Celery
Fresh Pear

6 Homemade Three Cheese Stromboli
Or Homemade Buffalo Chicken Stromboli
Cauliflower Popcorn
Fresh Baby Carrots
Fresh Apple
HARVEST

7 Meatball Hero
Caesar Salad
Celery Sticks
Fresh Orange
(Chicken Meatballs)

8 Crispy Popcorn Chicken
Whole Wheat Dinner Roll
Oven Baked Fries
Fresh Baby Carrots
Fresh Strawberries

9 Homemade Mac & Cheese
Buffalo Chicken Mac & Cheese
Steamed Carrots
Cucumber Coins
Fresh Pear

10 Chicken Fajita Wrap
Black Beans
Grape Tomatoes
Fresh Apple

13 **CHEF'S CHOICE**
All Entrees Include:
Protein, Grain, Vegetable, Fruit, Milk

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15 **Regents Exams 6/15 - 6/23**
Bag Lunch Available 6/15 - 6/23

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20 **SCHOOL CLOSED TODAY**

21 **HAVE A GREAT SUMMER!**

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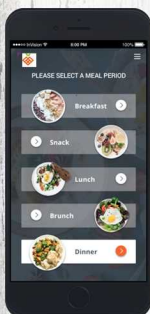
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27 **Visitsummermealsny.org to find summer meal distribution locations; Text "Food" or "Comida" to 304-304**
EMPLOYMENT OPPORTUNITIES AVAILABLE IN SCHOOL KITCHENS. EARN WHILE YOUR CHILDREN LEARN. CALL 631-673-2107 FOR INFORMATION

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Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



All Meals served with Choice of:
1% White, or Fat Free flavored Milk
(Antibiotic and Hormone free)
Fruit Choices, W.G. Bread, Protein
Vegetable Choices
Condiments and L.F. Dressings
FREE LUNCH FOR ALL STUDENTS
Adult \$5.02 Plus Tax



Daily Lunch Offerings -Great American: Sandwich/Salad: Ham(P), Turkey, Chicken, American, Swiss and Mozzarella cheeses and vegetable toppings served in Salad Bowl or on W.G. Breads. Salads served with 2 W.G. Dinner rolls.
Ruby's Grill Choices: Grilled Cheese, Chicken Patty or Burger on W.W. Bun
Coyote Grill: Tacos, Nachos, Burritos
Pizza: Cheese, Pepperoni (beef & pork), Daily Special
Yogurt Parfaits- made with ORGANIC Yogurt, Fruit & Granola.
Yogurt & Fruit Smoothie (served w/ 2 Dinner rolls) @ High Only
Items with a P contain pork
We serve all Whole grain rich products except pizza
Available Daily- Apple Juice

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.