# Welcome to our WHITSONS Breakfast Cafe

## Huntington High School



VEGGABōLS In an effort to reach our goal of 10% plant based offerings by 2024, Whitsons has partnered with the Humane Society of the US to bring you new plant based entrees through our new Veggabols promotion.

THE HUMANE SOCIETY
OF THE UNITED STATES

WG Chocolate Chip Muffin @ Plums	5	6 WG Glazed Donut	7 Bacon, Egg and Cheese Breakfast
Tidilis	SCHOOL CLOSED TODAY	Mixed Fruit	Sandwich Fresh Apple  (Turkey Bacon)
Cinnamon Apple Overnight Oats <page-header> 🤔 Diced Pear Cup</page-header>	12 Sausage, Egg and Cheese Sandwich Plums (Turkey Sausage)	13 WG Glazed Donut  Fresh Orange	14 Bacon, Egg and Cheese Breakfast Sandwich Fresh Apple (Turkey Bacon)
WG Chocolate Chip Muffin @ Applesauce	19 Sausage, Egg and Cheese Sandwich Fresh Orange (Turkey Sausage)	20 WG Chocolate Glazed Donut & Fresh Apple	21 Bacon, Egg and Cheese Breakfast Sandwich Fresh Peach (Turkey Bacon)
IOT CHOCOLA	TE WITH LUNCH I	URCHASE 10-17-	10-21
WG Chocolate Chip Muffin @ Applesauce	26 Cinnamon Apple Overnight Oats (2) (2) Fresh Orange	27 WG Glazed Donut @  Mixed Fruit	28 Bacon, Egg and Cheese Breakfast Sandwich Fresh Apple (Turkey Bacon)
1	Cinnamon Apple overnight Oats (a) (b) Diced Pear Cup  WG Chocolate Chip Muffin (a) Applesauce  OT CHOCOLA  WG Chocolate Chip Muffin (a) Muffin (b) Muffin (b) Muffin (c)	Cinnamon Apple vernight Oats Point Oats Plums Diced Pear Cup  MG Chocolate Chip Muffin Applesauce  OT CHOCOLA E WITH LUNCH  WG Chocolate Chip Muffin Plums  (Turkey Sausage)  OT CHOCOLA E WITH LUNCH  WG Chocolate Chip Muffin Plum Presh Orange  (Turkey Sausage)  OT CHOCOLA CINNAM Plum Presh Orange  (Turkey Sausage)	Cinnamon Apple vernight Oats Plums Diced Pear Cup  MG Chocolate Chip Applesauce  Third Turkey Sausage, Egg and Cheese Sandwich Plums (Turkey Sausage)  Third Turkey Turkey Turkey Sausage Donut Presh Orange  Third Turkey Turkey Turkey Sausage Donut Presh Orange  Third Turkey Turkey Turkey

Mini Whole Wheat Bagel 👩 Fresh Banana



#### FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

\*Consuming raw or under cooked meat, poultry, sea-

food, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law

**Breakfast Prices** Paid \$2.15 Reduced \$0 Free \$0 Adult breakfast \$2.37 plus tax

#### Available Daily

Turkey Bacon, Egg and Cheese on a roll(HS) W.G. Cereals, Cinnamon Toast Crunch, Coco Puffs. All cereal served with Crackers or String Cheese .All served with choice of, 1% or fat free milk, Juice and cupped and fresh fruits. Condiments.

and U.S. Department of Agriculture (USDA)

Organic Ingredients

orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

## Welcome to our WHITSONS Breakfast Cafe

#### **Huntington Finley Middle School**



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THE HUMANE SOCIETY
OF THE UNITED STATES

III E	Pioliday
3	Mini Whole Wheat
	Bagel 🍘
	Fresh Banana

Tuesday WG Chocolate Chip Muffin 🝘 Plums



Wednesday

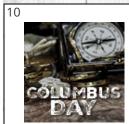
6 WG Glazed Donut 👩 Mixed Fruit

**Thursday** 

Bacon, Egg and Cheese Breakfast Sandwich Fresh Apple

Friday

(Turkey Bacon)



Cinnamon Apple Overnight Oats @ 🥱 Diced Pear Cup

Sausage, Egg and Cheese Sandwich **Plums** 

(Turkey Sausage)

13 WG Glazed Donut 🙉

Fresh Orange

Bacon, Egg and Cheese Breakfast Sandwich Fresh Apple

(Turkey Bacon)

Mini Whole Wheat Bagel 👩 Diced Pear Cup

18 WG Chocolate Chip Muffin 🝘 **Applesauce** 

Sausage, Egg and Cheese Sandwich Fresh Orange

(Turkey Sausage)

WG Chocolate Glazed Donut 🤒 Fresh Apple

Bacon, Egg and Cheese Breakfast Sandwich Fresh Peach

(Turkey Bacon)

#### FREE HOT CHOCOLATE WITH LUNCH HURCHASE 10-17-10-21

Mini Whole Wheat Bagel 👩 Fresh Banana

25 WG Chocolate Chip Muffin 👩 **Applesauce** 

Cinnamon Apple Overnight Oats 👩 🤧 Fresh Orange

27 WG Glazed Donut 🙉

Mixed Fruit

Bacon, Egg and Cheese Breakfast Sandwich Fresh Apple

(Turkey Bacon)

Mini Whole Wheat Bagel 👩 Fresh Banana



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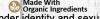
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Vegetarian







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