



Welcome to our Breakfast Cafe

Huntington High School

October 2022



In an effort to reach our goal of 10% plant based offerings by 2024, Whitsons has partnered with the Humane Society of the US to bring you new plant based entrees through our new Veggaböls promotion.



THE HUMANE SOCIETY OF THE UNITED STATES

Monday	Tuesday	Wednesday	Thursday	Friday
3 Mini Whole Wheat Bagel Fresh Banana	4 WG Chocolate Chip Muffin Plums	5 SCHOOL CLOSED TODAY	6 WG Glazed Donut Mixed Fruit	7 Bacon, Egg and Cheese Breakfast Sandwich Fresh Apple (Turkey Bacon)
10 COLUMBUS DAY	11 Cinnamon Apple Overnight Oats Diced Pear Cup	12 Sausage, Egg and Cheese Sandwich Plums (Turkey Sausage)	13 WG Glazed Donut Fresh Orange	14 Bacon, Egg and Cheese Breakfast Sandwich Fresh Apple (Turkey Bacon)
17 Mini Whole Wheat Bagel Diced Pear Cup	18 WG Chocolate Chip Muffin Applesauce	19 Sausage, Egg and Cheese Sandwich Fresh Orange (Turkey Sausage)	20 WG Chocolate Glazed Donut Fresh Apple	21 Bacon, Egg and Cheese Breakfast Sandwich Fresh Peach (Turkey Bacon)
FREE HOT CHOCOLATE WITH LUNCH PURCHASE 10-17-10-21				
24 Mini Whole Wheat Bagel Fresh Banana	25 WG Chocolate Chip Muffin Applesauce	26 Cinnamon Apple Overnight Oats Fresh Orange	27 WG Glazed Donut Mixed Fruit	28 Bacon, Egg and Cheese Breakfast Sandwich Fresh Apple (Turkey Bacon)
31 Mini Whole Wheat Bagel Fresh Banana				



FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

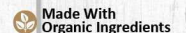
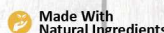
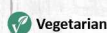
civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Breakfast Prices
 Paid \$2.15
 Reduced \$0
 Free \$0
 Adult breakfast \$2.37 plus tax

Available Daily

Turkey Bacon ,Egg and Cheese on a roll(HS)
 W.G. Cereals, Cinnamon Toast Crunch, Coco Puffs.
 All cereal served with Crackers or String Cheese
 .All served with choice of, 1% or fat free milk,
 Juice and cupped and fresh fruits. Condiments.





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Huntington Finley Middle School

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