



Welcome to our Lunch Cafe

Huntington Primary

September 2021

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday

Tuesday

Wednesday

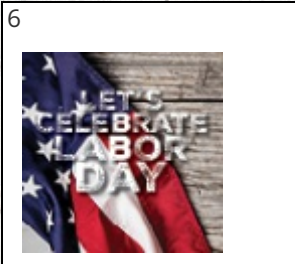
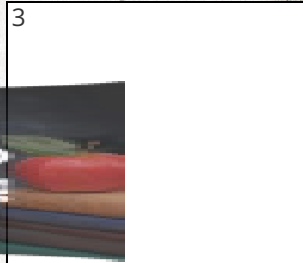
Thursday

Friday



HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



9 Turkey Hot Dog on Bun
Or BBQ Chicken Wrap
chicken breast with BBQ sauce, lettuce and tomato in a wrap
Baked Beans
Celery
Fresh Apple

10 Classic Cheese Pizza
Or Bagel with String Cheese
Crispy Potato Puffs
Grape Tomatoes
Fresh Orange

13 Mozzarella Sticks
Marinara Sauce
Or Cheese Sandwich
With NY Strawberry Banana
Yogurt Cup
Sweet Corn
Grape Tomatoes
Fresh Apple

MEATLESS MONDAY

14 Chicken Sausage Pancake Bites
Or Chicken Delight Wrap
tender chicken and melted cheese wrapped in a tortilla
Cucumber Coins
Sweet Potato Fries
Fresh Peach
(Chicken Meat Sausage)

HARVEST

BRUNCH FOR LUNCH TODAY!

15 Nachos Grande
Or Turkey & Cheese Sandwich
Sweet Corn
Black Beans
Fresh Orange
(Ground Turkey Meat)



17 Classic Cheese Pizza
Or Bagel with String Cheese
Side Garden Salad
Celery Sticks
Fresh Apple

20 Cheesy Stuffed Bread Sticks
Or Yogurt & Blueberry Granola Apple Rings
fresh apple slices topped with creamy yogurt and sprinkled with granola and blueberries
Steamed Broccoli
Celery Sticks
Fresh Apple

MEATLESS MONDAY

21 Soft Tacos
Or Chicken Delight Wrap
Sweet Corn
Chickpea Salad
Plums
(Ground Turkey Meat)

22 Baked Chicken Tenders
Or Simply Boxed Pancake Bites
fluffy bite size pancake pieces served with yogurt, protein spread and fresh fruit
Steamed Carrots
Cucumber Coins
Fresh Orange

HARVEST

23 Two Cheese Quesadilla
Or Cheese Sandwich
With NY Strawberry Banana
Yogurt Cup
Sweet Potato Fries
Grape Tomatoes
Fresh Pear

24 Classic Cheese Pizza
Or Bagel with String Cheese
Sweet Corn
Fresh Baby Carrots
Fresh Apple

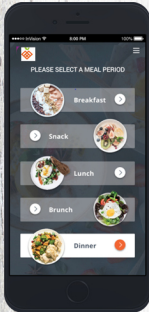
27 Grilled Cheese Sandwich
Or Fruity Granola Parfait
Low fat vanilla yogurt layered with fruit and granola
Crispy Potato Puffs
Fresh Baby Carrots
WG Sugar Cookie
Mixed Fruit
IT'S STUDENT APPRECIATION DAY

MEATLESS MONDAY

28 Crispy Popcorn Chicken
With Brown Rice
Or Chicken Delight Wrap
Steamed Carrots
Celery
Fresh Orange

29 Cheeseburger
Or Turkey & Cheese Sandwich
Oven Baked Fries
Baked Beans
Fresh Apple

30 Crispy Chicken Sandwich
Or Simply Boxed Meat and Cheese Protein Pack
sliced meat and cheese with a variety of other vegetable subgroup
Steamed Broccoli
Cucumber Coins
Fresh Peach



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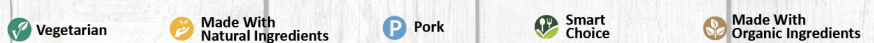
ALL MEALS SERVED WITH MILK: 1% WHITE, FAT FREE, OR FAT FREE CHOCOLATE (antibiotic and hormone free)
DAILY FRESH FRUIT.
CONDIMENTS AND L.F.DRESSINGS

FREE LUNCH FOR ALL STUDENTS

Daily Offerings:

MILK- 1% , FF CHOCOLATE
100% APPLE JUICE

Items with a P contain pork.
We serve Whole Grain Rich Products



*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.



Welcome to our Lunch Cafe

Huntington Flower Hill

September 2021

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Monday

Tuesday

Wednesday

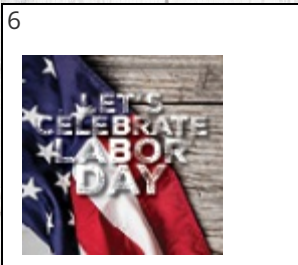
Thursday

Friday



HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



9 Turkey Hot Dog on Bun
Or BBQ Chicken Wrap
chicken breast with BBQ sauce, lettuce and tomato in a wrap
Baked Beans
Celery
Fresh Apple

10 Classic Cheese Pizza
Or Bagel with String Cheese
Crispy Potato Puffs
Grape Tomatoes
Fresh Orange

13 Mozzarella Sticks
Marinara Sauce
Or Cheese Sandwich
With NY Strawberry Banana
Yogurt Cup
Sweet Corn
Grape Tomatoes
Fresh Apple

MEATLESS MONDAY

14 Chicken Sausage Pancake Bites
Or Chicken Delight Wrap
tender chicken and melted cheese wrapped in a tortilla
Cucumber Coins
Sweet Potato Fries
Fresh Peach
(Chicken Meat Sausage)

HARVEST

BRUNCH FOR LUNCH TODAY!

15 Nachos Grande
Or Turkey & Cheese Sandwich
Sweet Corn
Black Beans
Fresh Orange
(Ground Turkey Meat)



17 Classic Cheese Pizza
Or Bagel with String Cheese
Side Garden Salad
Celery Sticks
Fresh Apple

20 Cheesy Stuffed Bread Sticks
Or Yogurt & Blueberry Granola Apple Rings
fresh apple slices topped with creamy yogurt and sprinkled with granola and blueberries
Steamed Broccoli
Celery Sticks
Fresh Apple

MEATLESS MONDAY

21 Soft Tacos
Or Chicken Delight Wrap
Sweet Corn
Chickpea Salad
Plums
(Ground Turkey Meat)

22 Baked Chicken Tenders
Or Simply Boxed Pancake Bites
fluffy bite size pancake pieces served with yogurt, protein spread and fresh fruit
Steamed Carrots
Cucumber Coins
Fresh Orange

HARVEST

23 Two Cheese Quesadilla
Or Cheese Sandwich
With NY Strawberry Banana
Yogurt Cup
Sweet Potato Fries
Grape Tomatoes
Fresh Pear

24 Classic Cheese Pizza
Or Bagel with String Cheese
Sweet Corn
Fresh Baby Carrots
Fresh Apple

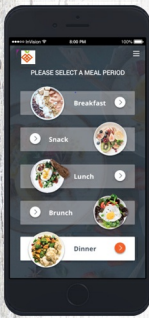
27 Grilled Cheese Sandwich
Or Fruity Granola Parfait
Low fat vanilla yogurt layered with fruit and granola
Crispy Potato Puffs
Fresh Baby Carrots
WG Sugar Cookie
Mixed Fruit
IT'S STUDENT APPRECIATION DAY

MEATLESS MONDAY

28 Crispy Popcorn Chicken With Brown Rice
Or Chicken Delight Wrap
Steamed Carrots
Celery
Fresh Orange

29 Cheeseburger
Or Turkey & Cheese Sandwich
Oven Baked Fries
Baked Beans
Fresh Apple

30 Crispy Chicken Sandwich
Or Simply Boxed Meat and Cheese Protein Pack
sliced meat and cheese with a variety of other vegetable subgroup
Steamed Broccoli
Cucumber Coins
Fresh Peach



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ALL MEALS SERVED WITH MILK: 1% WHITE, FAT FREE, OR FAT FREE CHOCOLATE (antibiotic and hormone free)
DAILY FRESH FRUIT.
CONDIMENTS AND L.F.DRESSINGS

FREE LUNCH FOR ALL STUDENTS

Daily Offerings:

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100% APPLE JUICE

Items with a P contain pork.
We serve Whole Grain Rich Products



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Welcome to our Lunch Cafe

Huntington Jefferson

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Monday

Tuesday

Wednesday

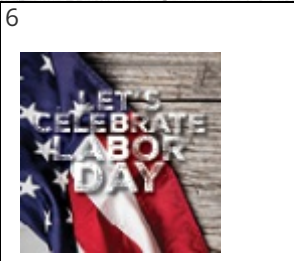
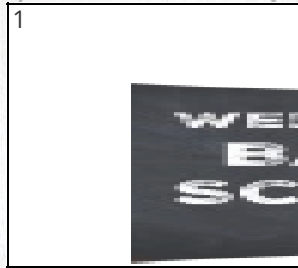
Thursday

Friday



HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



9 Turkey Hot Dog on Bun
Or BBQ Chicken Wrap
chicken breast with BBQ sauce, lettuce and tomato in a wrap
Baked Beans
Celery
Fresh Apple

10 Classic Cheese Pizza
Or Bagel with String Cheese
Crispy Potato Puffs
Grape Tomatoes
Fresh Orange

13 Mozzarella Sticks
Marinara Sauce
Or Cheese Sandwich
With NY Strawberry Banana
Yogurt Cup
Sweet Corn
Grape Tomatoes
Fresh Apple

MEATLESS MONDAY

14 Chicken Sausage Pancake Bites
Or Chicken Delight Wrap
tender chicken and melted cheese wrapped in a tortilla
Cucumber Coins
Sweet Potato Fries
Fresh Peach
(Chicken Meat Sausage)

HARVEST

BRUNCH FOR LUNCH TODAY!

15 Nachos Grande
Or Turkey & Cheese Sandwich
Sweet Corn
Black Beans
Fresh Orange
(Ground Turkey Meat)



17 Classic Cheese Pizza
Or Bagel with String Cheese
Side Garden Salad
Celery Sticks
Fresh Apple

20 Cheesy Stuffed Bread Sticks
Or Yogurt & Blueberry Granola Apple Rings
fresh apple slices topped with creamy yogurt and sprinkled with granola and blueberries
Steamed Broccoli
Celery Sticks
Fresh Apple

MEATLESS MONDAY

21 Soft Tacos
Or Chicken Delight Wrap
Sweet Corn
Chickpea Salad
Plums
(Ground Turkey Meat)

22 Baked Chicken Tenders
Or Simply Boxed Pancake Bites
fluffy bite size pancake pieces served with yogurt, protein spread and fresh fruit
Steamed Carrots
Cucumber Coins
Fresh Orange

HARVEST

23 Two Cheese Quesadilla
Or Cheese Sandwich
With NY Strawberry Banana
Yogurt Cup
Sweet Potato Fries
Grape Tomatoes
Fresh Pear

24 Classic Cheese Pizza
Or Bagel with String Cheese
Sweet Corn
Fresh Baby Carrots
Fresh Apple

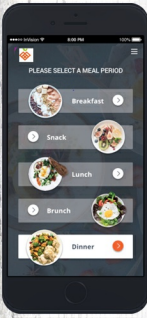
27 Grilled Cheese Sandwich
Or Fruity Granola Parfait
Low fat vanilla yogurt layered with fruit and granola
Crispy Potato Puffs
Fresh Baby Carrots
WG Sugar Cookie
Mixed Fruit
IT'S STUDENT APPRECIATION DAY

MEATLESS MONDAY

28 Crispy Popcorn Chicken With Brown Rice
Or Chicken Delight Wrap
Steamed Carrots
Celery
Fresh Orange

29 Cheeseburger
Or Turkey & Cheese Sandwich
Oven Baked Fries
Baked Beans
Fresh Apple

30 Crispy Chicken Sandwich
Or Simply Boxed Meat and Cheese Protein Pack
sliced meat and cheese with a variety of other vegetable subgroup
Steamed Broccoli
Cucumber Coins
Fresh Peach



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DAILY FRESH FRUIT.
CONDIMENTS AND L.F.DRESSINGS

FREE LUNCH FOR ALL STUDENTS

Daily Offerings:

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100% APPLE JUICE

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Welcome to our Lunch Cafe

Huntington Washington

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Monday

Tuesday

Wednesday

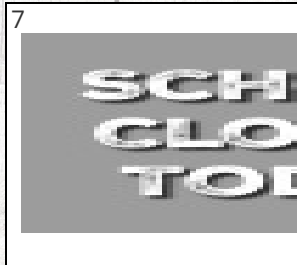
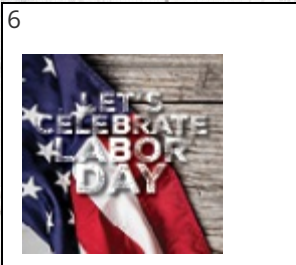
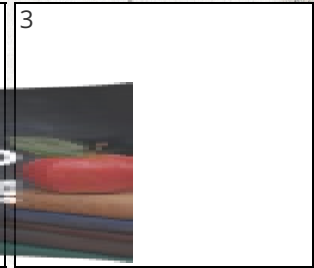
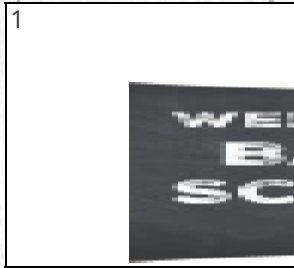
Thursday

Friday



HARVEST of the MONTH

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Or BBQ Chicken Wrap
chicken breast with BBQ sauce, lettuce and tomato in a wrap
Baked Beans
Celery
Fresh Apple

10 Classic Cheese Pizza
Or Bagel with String Cheese
Crispy Potato Puffs
Grape Tomatoes
Fresh Orange

13 Mozzarella Sticks
Marinara Sauce
Or Cheese Sandwich
With NY Strawberry Banana
Yogurt Cup
Sweet Corn
Grape Tomatoes
Fresh Apple

MEATLESS MONDAY

14 Chicken Sausage Pancake Bites
Or Chicken Delight Wrap
tender chicken and melted cheese wrapped in a tortilla
Cucumber Coins
Sweet Potato Fries
Fresh Peach

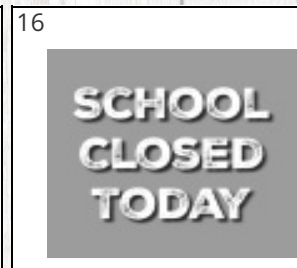
HARVEST

(Chicken Meat Sausage)

BRUNCH FOR LUNCH TODAY!

15 Nachos Grande
Or Turkey & Cheese Sandwich
Sweet Corn
Black Beans
Fresh Orange

(Ground Turkey Meat)



17 Classic Cheese Pizza
Or Bagel with String Cheese
Side Garden Salad
Celery Sticks
Fresh Apple

20 Cheesy Stuffed Bread Sticks
Or Yogurt & Blueberry
Granola Apple Rings
fresh apple slices topped with creamy yogurt and sprinkled with granola and blueberries
Steamed Broccoli
Celery Sticks
Fresh Apple

MEATLESS MONDAY

21 Soft Tacos
Or Chicken Delight Wrap
Sweet Corn
Chickpea Salad
Plums

(Ground Turkey Meat)

22 Baked Chicken Tenders
Or Simply Boxed Pancake Bites
fluffy bite size pancake pieces served with yogurt, protein spread and fresh fruit
Steamed Carrots
Cucumber Coins
Fresh Orange

HARVEST

23 Two Cheese Quesadilla
Or Cheese Sandwich
With NY Strawberry Banana
Yogurt Cup
Sweet Potato Fries
Grape Tomatoes
Fresh Pear

24 Classic Cheese Pizza
Or Bagel with String Cheese
Sweet Corn
Fresh Baby Carrots
Fresh Apple

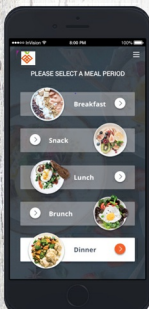
27 Grilled Cheese Sandwich
Or Fruity Granola Parfait
Low fat vanilla yogurt layered with fruit and granola
Crispy Potato Puffs
Fresh Baby Carrots
WG Sugar Cookie
Mixed Fruit

IT'S STUDENT APPRECIATION DAY

28 Crispy Popcorn Chicken
With Brown Rice
Or Chicken Delight Wrap
Steamed Carrots
Celery
Fresh Orange

29 Cheeseburger
Or Turkey & Cheese Sandwich
Oven Baked Fries
Baked Beans
Fresh Apple

30 Crispy Chicken Sandwich
Or Simply Boxed Meat and Cheese Protein Pack
sliced meat and cheese with a variety of other vegetable subgroup
Steamed Broccoli
Cucumber Coins
Fresh Peach



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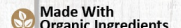
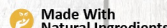
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DAILY FRESH FRUIT.

CONDIMENTS AND L.F.DRESSINGS
FREE LUNCH FOR ALL STUDENTS

Daily Offerings:

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