## HUNTINGTON UNION FREE SCHOOL DISTRICT

Department of Health, Physical Education and Athletics James M. Hoops, District Director <a href="mailto:jhoops@hufsd.edu">jhoops@hufsd.edu</a>

## Intramurals

## Pre-Season Girls' Lacrosse Stickwork

Huntington High School girls currently enrolled in grades 9-12 are invited to participate in an intramural lacrosse program. These school sponsored sessions will include general conditioning and training along with an opportunity to learn more about the sport of lacrosse.

The program will run Monday and Wednesdays from 3:00 PM – 4:00 PM in Huntington High School gymnasium beginning Wednesday October 29 Through Wednesday November 12.

Attendance at all sessions is not required. Participate when it is convenient. Explore offensive, defensive and special skills as individual interest dictates.

In case of inclement weather that day's intramural session might be cancelled.

For more information contact Coach Chris Taylor at ctaylor@hufsd.edu