

HUNTINGTON UNION FREE SCHOOL DISTRICT
Department of Health, Physical Education and Athletics
James M. Hoops, District Director jhoops@hufsd.edu

Fall Wrestling Clinic

Boys' Wrestling Training Sessions

Huntington UFSD students entering grades 7-12 in September are invited to participate in an intramural wrestling program. These school sponsored sessions will include general conditioning and training along with an opportunity to learn more about the sport of wrestling.

**The program will run on Tuesdays and Thursdays
from 7:00 – 8:30 p.m. in the Huntington High School wrestling room
from September 3 through November 7.**

Learn and improve on key wrestling positions, offensive hand fighting concepts, situational skills, techniques and strategies.

**For more information contact
Coach Andy Marlow at amarlow1@me.com**