

HUNTINGTON UNION FREE SCHOOL DISTRICT
Department of Health, Physical Education and Athletics
James M. Hoops, District Director jhoops@hufsd.edu

Intramurals

Pre-Season Workout

Huntington High School students currently enrolled in grades 9-12 are invited to participate in an intramural lacrosse program. These school sponsored sessions will include general conditioning and training along with an opportunity to learn more about the sport of lacrosse.

The program will run Wednesday from 2:45 – 4:00 p.m. at Huntington High School on the turf fields March 12th.

Attendance at all sessions is not required. Participate when it is convenient. Explore offensive, defensive and special skills as individual interest dictates.

In case of inclement weather that day's intramural session might be cancelled.

**For more information contact
Coach Julian Watts at (631) 673-1768 or
jwatts@hufsd.edu**