## **HUNTINGTON UNION FREE SCHOOL DISTRICT**

Department of Health, Physical Education and Athletics

James M. Hoops, District Director jhoops@hufsd.edu



## Boys' and Girls' Fencing

Finley Middle School and Huntington High School students currently enrolled in grades 7-12 who are interested in fencing are invited to participate in an intramural boys' and girls' fencing program this fall. These school sponsored sessions will include general conditioning and training along with an opportunity to learn more about the sport of fencing.

If you are thinking about trying out for the team this upcoming winter season, this intramural program is for you!

The program will run on Tuesday evenings from 5-7 p.m. at the Jack Abrams STEM Intermediate School gymnasium from October 8 to November 5, 2024.

Attendance at all sessions is not required. Please bring a water bottle and come dressed to condition and fence- sweatpants, no shorts!

For more information (or any questions), please email Coach Michelle O'Brien at <a href="mich\_obrien@optimum.net">mich\_obrien@optimum.net</a> or Coach Vincent O'Garra at vco17@live.com