

HUNTINGTON UNION FREE SCHOOL DISTRICT

Department of Health, Physical Education and Athletics

James M. Hoops, District Director

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Intramural Girls Wrestling

Huntington UFSD students currently enrolled in grades 6-12 are invited to participate in an intramural girls' wrestling program. These school sponsored sessions will include general conditioning and training along with an opportunity to learn more about the sport of wrestling.

The program will run Wednesdays from 4:15-5:30 p.m. in the Huntington High School wrestling room from May 22nd through June 12th

Attendance at all sessions is not required. Explore beginner to advanced offensive, defensive and situational skills, techniques and strategies.

**For more information contact
Coach Canino at (631) 673-2018 or
mcanino@hufsd.edu**