Appraising Myself as I Plan for the Future

This form will be kept on file in the College & Career Center. Please give careful attention to the following questions. Your answers will be helpful to Mrs. Walsh in presenting you to colleges. Be assured that anything that you write will not be shared with anyone unless you approve it beforehand.

1.	Name:	D.O.B:		_
2.	School Counselor:			
3.	Address:	Email:	Cell Phor	ne #
4.	Living with: Father Mother_	Stepfather	_ Stepmother	Other
Dare	Siblings: Name: Name: Name:	Age: School:		
	ent 1 Full Name:		is s/he living?	
	ne address (if different than yours)			
11011	ie address (ii dillerent than yours)	•		
Occı	upation:	Employer:		
Nam	ne of college (if applicable):	[Degree:	Year:
Nam	ne of professional or graduate scho	ols (if applicable):		
		Deg	ıree:	Year:
Par	ent 2 Full Name:		_ is s/he living? _	
Hom	ne address (if different than yours)	:		
Occı	upation:	Employer:		
Nam	ne of college (if applicable):	[Degree:	Year:
Nam	ne of professional or graduate scho	ols (if applicable): _		
				Year:

Is your home bilingual?	If so, what other	language is spoken?
Citizenship: (Optional)		
Please check:		
US citizen	Dual US citizen; please specify ot	her country of citizenship
US permanent re	sident visa; citizen of	
Other citizenship_	Country (ies)	Visa type
Student Athletes:		
Are you applying to **[Division I or **Division II colleges	for an athletic scholarship?
If so, what sport?		
Coach's name:		
, , .	rision III colleges with the hope the school? If so, what sport	at your athletic talent will help you
Coach's name:		
forms via <u>www.eligibilit</u> possible to evaluate you	ycenter.org and meet with your gu	cipate in college athletics or receive
Health		
	sical condition (indicate any long p	



Autobiography

College admission counselors rely on the school counselor to provide them with information that may not appear in other parts of the application. Answering questions below will not only help Mrs. Walsh in writing your recommendation letter, but will also help if you are required to write a supplemental personal statement for your college applications.

What are your academic interests? Which courses have you enjoyed the most and why?
2. Describe a challenge you have had to face and how did you handle that challenge? What was the outcome?
3. How have you grown over your high school years as a student and personally?
4. What do you consider your most admirable qualities and how have you exhibited these qualities?
5. What are you passionate about? What inspires or motivates you?

6. What are your future career goals?
7. List any leisure time reading (i.e. not classroom assignments) you have done recently. Include any books, newspapers, or magazines that have been most enjoyable or meaningful for you.
8. How do you spend your leisure time during the school year and in the summer? College admission counselors are interested in your time management and your overall learning experiences.
9. Do you have any extracurricular talents/hobbies or interests that are not affiliated with school clubs or organizations?
10. Do you have a quote or a personal motto you follow? What is it and why?





College Essay

The majority of colleges require the applicant to write an essay. What do you want the readers of your application to know about you apart from courses, grades, and test scores? The application may simply ask for a personal statement and leave the decision up to you as to how you wish to respond. Other colleges might ask you to write about suggested topics. The Common Application colleges ask students to respond to one of the prompts listed below.

- 1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
- 2. The lessons we take from obstacles we encounter can be fundamental to later success. Recount an incident or time when you experienced failure. How did it affect you, and what did you learn from the experience?
- 3. Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?
- 4. Reflect on something that someone has done for you that has made you happy or thankful in a surprising way. How has this gratitude affected or motivated you?
- 5. Discuss an accomplishment, event, or realization that sparked a period of growth and a new understanding of yourself or others.
- 6. Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?
- 7. Share an essay on any topic of your choice. If can be one you've already written, or one that responds to a different prompt, or one of your own design.

In the space below, feel free to respond to one of the prompts listed. You can also list possible essay topic that you might want to discuss with Mrs. Walsh. Attach additional pages if you like. This is not a required section of the "Appraising Myself as I Plan for the Future" packet
However, it is suggested that you begin the college essay writing process during your junior year.

Activity Sheet/Résumé

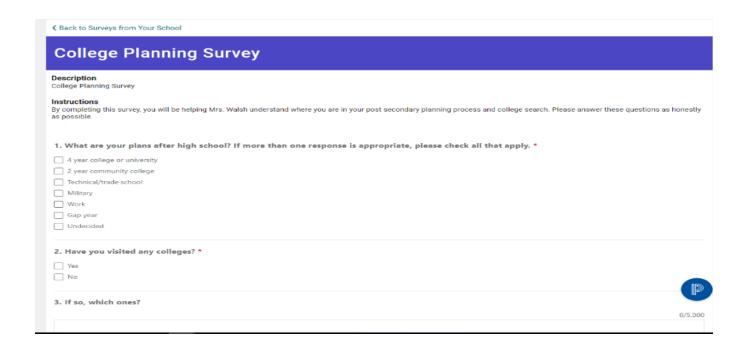
Colleges are interested in learning about how you spend your time outside of the school day. Do you volunteer? Do you participate in a club, sport, or musical activity? Have you demonstrated consistent involvement? What kind of an impact have you made in your school and/or local community? You will be asked on your college applications to provide details about your involvement and achievements. Please use the space below to begin your list. Don't forget about your academic achievements including Pride Awards and honor roll status. Attach additional pages or an actual resume if you like.

Grade(s)	Activity/Award	Involvement/Responsibilities
Please choose	your top three activities and	describe your involvement in each.
1		
2.		
2		
3		



In addition to completing the "Appraising Myself as I Plan for the Future" packet, students must complete the **College Planning Survey** on your Naviance account. Mrs. Walsh will utilize the results of the survey during your college planning meeting

- Log onto your Naviance account via CLEVER
- 2. Click on your initials (top right corner).
- Click on Surveys from your School and then click on College Planning Survey.
- 4. Complete the survey, print it, and attach it to the back of this packet.



Huntington High School Parent/Guardian Response Form

	Student's name: Parent/Guardian(s) name(s): Parent/Guardian(s) email address(s):
	I am seeking your thoughts and feelings about your child. Please help me by responding to the questions below. If you do not find these particular questions helpful, then write a letter. Be funny; be serious; be proud. Your willingness to complete this form or write a separate letter is very helpful in counseling your child and in writing their college recommendation letter.
1.	Describe one or two events that you see as turning points in your child's development and explain why you view them as such.
2.	Their high school career has been pleasurable/painful because (don't hesitate to write about both aspects.)
3.	Their greatest strength/greatest weakness is:
4.	I/we are proud of my/our child because (specific anecdotes are particularly welcome.)

5.	Something you need to know about my/our child is
6.	If there are any particular colleges/programs you would like your child to consider, please feel free to list them below.
7.	Are there any family-related factors that will influence your child's decision?
8.	Is there anything you wish to add which would help me in writing my recommendation letter? e.g. educational background, family situation, medical history, personal achievements, etc.
9.	Does your child have special needs that have warranted accommodations? (This is something you may want to discuss in person.)
	Parent/Guardian(s) Signature(s)

Valorándome a mí mismo mientras planifico el futuro

Responda las siguientes preguntas lo mejor que pueda. La información que proporcione ayudará a sus consejeras a planificar su futuro.

3.	Consejera Escolar:	Dirección de correo electrónico:	
	Número de Celular:	Dirección de correo electrónico:	
4.		Direction de correo electronico	
	Direccion:		_
5.	Vivo con: Padre Madre_	Padrastro Madrastra Otro	
	Nombre: Nombre:	Edad: Escuela: Edad: Escuela: Edad: Escuela: ación de los padres/tutores	
Padre		¿él/ella está viviendo?	
Ocupación:		Empleador:	
Domic	cilio (si es diferente al suyo):		
Padre	2 Nombre completo:	¿él/ella está viviendo?	
Domic	cilio (si es diferente al suyo):		
Ocupa	ación:	Empleador:	
(Opci	Visa de residente permane Otra ciudadonia	.; por favor especifique otro país de ciudadanía nte de EE.UU. (tarjeta verde); ciudadano de aís(es) Tipo de visa	

¿Preferiría que su reunión de planificación postsecundaria sea en español? (Encierre en un círculo su preferencia.)

SI NO



Autobiografía

				académicos?			has	disfrutado	más	У	po:
	¿Qué te ins										
	¿Cuáles so	n tus me	etas profesi		?						
4.		n tus pla	anes despu	és de la secun an.							
	□ Univers	idad de	4 años	☐ Colegio cor	munitar	io de 2 a	ños	□ Escuel	a de co	οme	ercic
	□ Militar	□ Tra	bajar	□ Viajar o se	r volunt	tario		□ Indeci	50		
5.	¿Es elegible	e para el	Programa	de Almuerzo (Gratis/R	Reducido	del E	stado de N	ueva Y	ork	?
	□ Sí	□ No)	□ Inseguro							
6.	¿Has toma	do el SA	T o ACT?								
	□ Sí	□ N	0	☐ Yo estoy/es	staré re	gistrado					



Hoja de actividades/Resumen

Las universidades están interesadas en saber cómo pasas tu tiempo fuera de la jornada escolar. ¿Eres voluntario? ¿Participas en algún club, deporte o actividad musical? ¿Has demostrado una participación constante? ¿Qué tipo de impacto has tenido en tu escuela y/o comunidad local? Se les pedirá en sus solicitudes para la universidad que brinden detalles sobre tus participaciones y logros. Utiliza el espacio a continuación para comenzar tu lista. No te olvides de tus logros académicos, incluye los Premios Pride y el estado de honor. Adjunta páginas adicionales o un currículum real si lo desea.

Los grado(s)	Actividades/Premios	Participación/Responsabilidades		

Formulario de respuesta de los padres/tutores de **Huntington High School**

El nombre del estudiante:
Por favor responda a las preguntas a continuación. Si no encuentra útiles estas preguntas en particular, entonces escriba información separada. Sea divertido(a); sea serio(a); demuestre su orgullo. Su voluntad de completar este formulario o escribir una carta por separado es muy útil para asesorar a su hijo(a).
Describa uno o dos eventos que considere puntos de inflexión en el desarrollo de su hijo y explique por qué los considera así.
¿Su carrera en la escuela secundaria ha sido placentera? dolorosa? porque? (no dude en escribir sobre ambos aspectos).
Su mayor fortaleza/mayor debilidad es:
Estoy/estamos orgullosos de mi/nuestro hijo(a) porque (las anécdotas específicas son especialmente bienvenidas).

1.

2.

3.

4.

	Padre/Madre/Guardián firma(s)
	ejemplo; antecedentes educativos, situación familiar, historial médico, logros personales, etc.
8.	¿Hay algo que desee agregar que me ayude a escribir mi carta de recomendación? por
7.	¿Existen factores relacionados con la familia que influyen en la decisión de su hijo (a)?
6.	Si hay universidades/programas en particular que le gustaría que su hijo considere, no dude en enumerarlos a continuación.
ο.	Algo que necesitas saber sobre mi / nuestro nijo(a) es: