### Huntington Primary Schools September 2010

#### LUNCH PRICES

<table>
<thead>
<tr>
<th>Type A Lunch Price</th>
<th>Reduced Lunch Price</th>
<th>Milk/Chocolate Milk</th>
<th>100% Juice</th>
</tr>
</thead>
<tbody>
<tr>
<td>$1.90</td>
<td>$0.25</td>
<td>$0.50</td>
<td>$0.45</td>
</tr>
</tbody>
</table>

### ALL STUDENT LUNCHES INCLUDE

- Whole Milk, Skim Milk, 1% Milk
- Low Fat Chocolate Milk
- 100% Juice or Fresh Fruit
- Bread and Low Fat Cheese Sticks

### HEALTHY LUNCH ALTERNATES

- Cheese Sandwich
- On 100% Wheat Bread
- Peanut Butter & Jelly Sandwich
- On 100% Wheat Bread
- Yogurt Lunch with Low Fat Cheese & Bread Sticks

### SENSIBLE SNACKS

- Pretzel Rods, Baked Chips
- Animal Crackers
- Whole Grain Cookies
- Dolphin Crackers
- Low-Fat Yogurt
- Quaker Rice Cakes

**Fat=7 grams or less**

**Sat Fat=2 grams or less**

**Sodium=360mg or less**

**Sugar=15 grams or less**

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### PREPARED LUNCH TICKETS

- Secondary 20 Day Lunch: $44.00
- Primary / Inter 20 Day Lunch: $37.00
- All Schools 20 Day Breakfast: $24.00
- Secondary Half Year Lunch: $175.50
- Primary / Inter Half Year Lunch: $148.00
- All Schools Half Year Breakfast: $108.00
- Secondary Full Year Lunch: $351.00
- Primary / Inter Full Year Lunch: $296.00
- All Schools Full Year Breakfast: $216.00

**Tickets not available after October 6, 2010**

**Tickets are non-transferable and non-refundable.**

### DAILY BREAKFAST MENU

- Breakfast includes milk, fruit cup or juice.

#### MONDAY

**French Toast Sticks**

- Turkey Sausage Link
- Celery Sticks
- Orange Smiles

#### TUESDAY

**French Toast Sticks**

- Turkey Sausage Link
- Celery Sticks
- Orange Smiles

#### WEDNESDAY

**French Toast Sticks**

- Turkey Sausage Link
- Celery Sticks
- Orange Smiles

#### THURSDAY

**French Toast Sticks**

- Turkey Sausage Link
- Celery Sticks
- Orange Smiles

#### FRIDAY

**French Toast Sticks**

- Turkey Sausage Link
- Celery Sticks
- Orange Smiles

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### BAR BEAR CAN RIFLE

- Bar Bear Can Rifle

### VEGGIE OF THE MONTH

**CORN!**

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### If you have any questions or would like additional information, please contact the Food Service Director:

- Oscar Giraldo at (631) 673—2107

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### If you have a food allergy, please speak to the Cook, Manager, or your Server.

- Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

- Menu is subject to change, notice posted when available.