Huntington Primary Schools
June 2011

Pools are being opened, the sun is shining and it’s warm outside. Summer is finally here and now we can really enjoy our time outside. Don’t forget to stay safe this summer; never swim without adult supervision and make sure to use sun block even on cloudy days.

Stay safe this summer!

LUNCH PRICES

<table>
<thead>
<tr>
<th>Type</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type A Lunch Price</td>
<td>$1.90</td>
</tr>
<tr>
<td>Reduced Lunch Price</td>
<td>$.25</td>
</tr>
<tr>
<td>Milk/Chocolate Milk</td>
<td>$.50</td>
</tr>
<tr>
<td>100% Juice</td>
<td>$.45</td>
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</tbody>
</table>

ALL STUDENT LUNCHES INCLUDE

Whole Milk, Skim Milk, 1% Milk or Low Fat Chocolate Milk
100% Juice or Fresh Fruit
Bread or Low Fat Cheese Sticks

HEALTHY LUNCH ALTERNATES

Cheese Sandwich On whole Wheat Bread
Peanut Butter & Jelly Sandwich
Yogurt Lunch with Low Fat Cheese & Bread Sticks
Salad Alternates
Serve With Bread Sticks

SENSIBLE SNACKS

Pretzel Rods, Baked Chips
Animal Crackers
Whole Grain Cookies
Dolphin Crackers
Low-Fat Yogurt
Quaker Rice Cakes

DID YOU KNOW

All our Milk & Chicken Products are Antibiotic and Hormone free!
All Products in our program have Zero Trans Fats!
Breads & Bread Products are 100% Whole Grain and contain No High Fructose Corn Syrup or Hydrogenated Oils!
We Serve a 100% all Natural Yogurt, with No Artificial Ingredients.
All Dressings, with No Artificial Ingredients & No High Fructose Corn Syrup!
Our Ketchup is High Fructose Corn Syrup Free!
We offer Only Low Fat Cheeses and Condiments!

DAILY BREAKFAST MENU

*Breakfast includes milk, fruit cup or juice.

MONDAY
Whole Grain Pancakes
Served With Syrup

TUESDAY
Whole Grain Bagel

WEDNESDAY
Creamy Hot Oatmeal

THURSDAY
Egg Patty with or without Cheese
On a Wheat Bun

FRIDAY
Whole Grain French Toast

Prepaid Lunches
20 Day Lunch $37.00
Half - Year $148.00
2/2/10—6/25/10
Tickets are non-transferable and non-refundable

www.Whitsons.com

V=VEGETARIAN SELECTION
=HEALTHIER CHOICE
P=PORK PRODUCT

*If you have a food allergy, please speak to the Cook, Manager, or your Server.
*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.
*Menu is subject to change, notice posted when available.

If you have any questions or would like additional information, please contact the Food Service Director Oscar Giraldo at (631) 673—2107
Or www.hufsd.edu

$1.25