ADULT EDUCATION PROGRAM – SPRING 2014
Huntington High School – Huntington, New York
Resident HUFSD $55 – Non-Resident $65 – Senior Citizen $15

Name .................................................................................................................................................................
School District .................................................................................................................................................
Address ...............................................................................................................................................................
Phone No. .........................................................................................................................................................
E-Mail ................................................................................................................................................................
Course ............................................................................................................................................................... Day Fee .................................................................

REGISTRATION MAIL-IN FORM
Fill out the adjoining registration form. Use photocopy or separate sheet for each additional course. Make checks payable to HUFSD. Do not include extra class fees for books or materials.
Mail along with separate checks for each course to:
Adult Education, HUFSD, Box 1500
Huntington, NY 11743
to be received prior to the first class.

ONLINE PAYMENT
1. CODE - jhauyco

LINK - Please enter this link into the address bar on any internet page. It will ask you to log in or sign up for TurboRoster. Please sign up for TurboRoster and create a profile by filling out the information requested. 3 more steps will follow, Class Selection, Forms that Need to be filled out, and credit card information or check request. If you need any support, please email help@turboroster.com.

CODE - please sign onto www.turboroster.com and select JOIN AS A MEMBER. Fill out the appropriate information requested by TurboRoster. Where it asks for a Code to join a class, please enter the code jhauyco. Follow the steps to select a class, fill out the forms and pay to join.

ADULT EDUCATION
Huntington Union Free School District
P.O. Box 1500
Huntington, New York 11743

SPRING 2014
ADULT EDUCATION PROGRAM
Sponsored By
HUNTINGTON UNION FREE SCHOOL DISTRICT

Education continues throughout one’s lifetime. Our Adult Education Program offers a wide variety of courses to serve the needs of lifelong learners. Come and enjoy our many offerings!

REGISTRATION INFORMATION:
MAIL-IN: MUST BE RECEIVED PRIOR TO FIRST CLASS
IN-PERSON: 6:00-9:00 P.M. ON Wednesday, February 5, 2014
HUNTINGTON HIGH SCHOOL LOBBY

Mr. James W. Polansky, Superintendent • Dr. Kenneth A. Card Jr., Director

BOARD OF EDUCATION
Emily Rogan, President • Adam Spector, Vice President
Tom DiGiacomo • William Dwyer • Bari Fehrs • Jennifer Hebert • Xavier Palacios

ADULT EDUCATION OFFICE
HUNTINGTON HIGH SCHOOL
Tel. 812-2380 Monday-Thursday Evening
During each Semester Session

THE ADULT EDUCATION PROGRAM AS DESCRIBED IN THIS BROCHURE IS FINANCIALLY SELF-SUSTAINING. VISITORS OR SPECTATORS ARE NOT PERMITTED IN CLASS.

REMINDER: BEFORE REGISTERING FOR ANY EXERCISE CLASS PLEASE CONSULT YOUR PHYSICIAN.

REGISTRATION PROCEDURE

BY MAIL. All courses may be registered by mail and will be filled in order that forms and checks are received. Mail-in registration must arrive prior to the first class. NOTE: UNLESS YOU ARE NOTIFIED OTHERWISE, YOU ARE TO ASSUME THAT YOU ARE REGISTERED AND THAT YOU ARE TO COME TO THE FIRST CLASS MEETING. NO LETTERS OF ACCEPTANCE WILL BE SENT.

IN PERSON. Register for all classes Wednesday, February 5, 2014 from 6:00-9:00 p.m., in the lobby of Huntington High School, McKay and Oakwood Roads, Huntington.

ON-LINE. You may register on-line at TURBOROSTER.com (see front of brochure for instructions)

FEES: $55.00 for District residents
$15.00 for Senior Citizen residents
$65.00 for all Nonresidents,
except where indicated otherwise in the course description. Fees may be paid by cash or check made payable to HUFSD. Separate checks should be made out for each course. DO NOT INCLUDE FEES FOR BOOKS OR MATERIALS; these will be collected during class.

CLASS LOCATION: All classes meet in Huntington High School unless otherwise noted. Classes run for eight (8) weeks unless otherwise indicated.

SENIOR CITIZENS. The Board of Education cordially invites HUFSD residents 60 years of age and over to attend adult education course for a fee of $15.00 WHENEVER SPACE IS AVAILABLE (except those classes marked limited, special fee or no senior discount). There are no senior citizen discounts on seminars. Textbooks or special costs must be paid. ID required the first night of class.

REFUNDS. If the course for which you registered does not get the required minimum of 10, it may be canceled and you will be notified by phone when possible. Your refund will be mailed from the District Business Office. ALLOW EIGHT (8) WEEKS. NO REFUNDS WILL BE MADE AFTER YOU REGISTER UNLESS THE COURSE IS CANCELED.

The evening program is conducted primarily for adults not attending school. However, the Board of Education invites persons over 16 years old to register and attend adult education classes, where room is available, on payment of standard fees. Exceptions are Basketball and where otherwise indicated.

CALENDAR SPRING 2014

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WHEN HUNTINGTON UNION FREE SCHOOL DISTRICT SCHOOLS ARE CLOSED DUE TO INCLEMENT WEATHER OR OTHER REASONS, ADULT CLASSES WILL NOT MEET.
<table>
<thead>
<tr>
<th>Time</th>
<th>Course</th>
<th>Instructor</th>
<th>Location</th>
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<tr>
<td>6:30-8:30</td>
<td>BEGINNING RAHINI YOGA</td>
<td>Deidre Mayer</td>
<td>Jack Abrams Cafeteria</td>
<td>No Senior Discount</td>
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<tr>
<td>6:30-8:30</td>
<td>SPANISH – BEGINNER II</td>
<td>Carlos Pumar</td>
<td>Room 126</td>
<td>$30 Resident, $40 Non Resident</td>
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<tr>
<td>6:30-8:30</td>
<td>BEGINNING WATERCOLOR</td>
<td>Anne Gunthner</td>
<td>Room 108</td>
<td>$30 Resident, $40 Non Resident</td>
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<tr>
<td>6:30-8:30</td>
<td>AMERICAN HISTORY</td>
<td>TBA</td>
<td>Room 127</td>
<td>No Senior Discount</td>
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<tr>
<td>8:30-10:00</td>
<td>VOLLEYBALL FOR WOMEN</td>
<td>Linda Roth</td>
<td>Location - TBA</td>
<td>No Senior Discount</td>
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### Monday

**Spanish – Beginner I**
- Carlos Pumar
- Room 126
- 6:30-8:30
- Basic grammar and extensive vocabulary stressed. An elementary level of conversation will be taught.

**Crocheting**
- Kelly Hatzmann
- Library
- 7:00-9:00
- For crocheters of any level looking to learn the basics, review or improve techniques. Crocheters are encouraged to bring in projects (and any materials needed) that they are interested in or working on currently.

**Street Law**
- TBA
- Room 124
- 7:00-9:00
- This class will provide an understanding of the law and legal issues regarding people, government, law and community in America. Students will develop a practical understanding of the U.S. legal system. There will be a workbook fee which will be discussed at the first class.

**Cooking - Simple & Delicious**
- Anna Naccarato
- Finley Room 208
- 7:00-9:00
- Come and enjoy this class to learn the basics of cooking that is simple and delicious. You will learn traditional recipes from Southern Italian cooking. This class will be fun, tasty and you will learn some great cooking tips. This will be an eight week course with a different main course each week. There will be a materials fee that will be discussed the first night of class.

**Digital Photography**
- Beth Laraia
- Room 251
- 6:30-8:30
- 8 Sessions
- FEE: $67 Resident-$77 Non Resident Limited. No Senior Citizen Discount
- This course is designed to be both fun and informative and is appropriate for both beginner and those who want to enhance their photographic skills. We will cover basic camera functions, lighting, composition, and manipulation. Create memorable photographs, restore old ones or take the perfect portrait. Learn to capture the images of winter, the birth of spring or an amazing landscape. Students should have a working knowledge of computers and a camera.

**The Native-American**
- Chet Lukaszewski
- Room 204
- 7:00-9:00
- This course is offered to give members of the community an overview of Native American people—their earliest migrations into North America, their traditional lifestyles: PERSIA (Political, Economic, Religious, Social, Intellectual, Aesthetic), and current issues. Differences among the tribes will be illustrated by looking at 9 regions: Northwest, California, Southwest, Great Basin, Plateau, Oklahoma, Southeast and Northeast. Photos, handouts, and the instructor’s experiences will be used to supplement the subject matter.

**Internet A To Z**
- Richard Gress
- Room 250
- 7:30-9:30
- 4 Sessions: 3/17, 3/24, 3/31, 4/7
- FEE: $30 Resident, $40 Non-Resident
- A fun beginners course will give you everything you need to know to successfully use the internet. It launches you from the realities of life into the virtual universe we call cyberspace. You will learn about the Internet Explorer browser, the difference between various search engines and how to effectively use them, and how to download files. This course will also arm you with the tools to analyze and validate sites you are accessing.

**Yoga in the Iyengar Style**
- Linda Kundla
- Southdown Gym
- 7:00-8:30
- 8 Sessions- No Senior Discount
- Hatha yoga for beginners or students who wish to improve their yoga skills. We will be stressing body alignment and balance. Yoga will bring you peace and tranquility and greatly improve your flexibility and balance. Please bring a sticky mat and 2 blankets.

### Tuesday

**Spanish – Beginner II**
- Carlos Pumar
- Room 126
- 6:30-8:30
- A continuation of Beginner Spanish I with a further introduction to basic grammar and extensive vocabulary. An elementary level of conversation will be taught.

**Authentic Chinese Cooking**
- Shirley Xu Gambardella
- Finley Room 208
- 7:00-9:00
- Learn to cook authentic Chinese dishes including spring rolls, dumplings, Kong Pong chicken, Qin Jiao beef, stick rice in bamboo leaves, seafood fried noodles, vegetables and many others. Class includes Chinese techniques, spices, sauces and ingredients. "Kai Chi Bai!" ("Let's eat!"

**Beginning Watercolor**
- Anne Gunthner
- Room 108
- 7:00-9:00
- No Senior Citizen Discount
- This class is an introduction to watercolor and its many wonderful attributes. Techniques covered will include creating textures; washes; lifting out; wet-on-wet; dry brush glazing and much more. Basic composition and color theory will be covered, as well. Please bring a watercolor paper pad(no larger than 12"x16") watercolor brushes (suggested sizes: #2, #6, #10 rounds and #3/4" flat); watercolors (preferably in tubes) a small mixing tray, paper towels and a small bowl for water. Students may choose subject matter from either still life or landscape (photographs). Further information will be discussed first night of class.

**American History**
- TBA
- Room 127
- 7:00-9:00
- This American History class covers events before 1865, ending with the Civil War and the surrender of the South. There will be a workbook fee which will be discussed at the first class.

**Volleyball For Women**
- Linda Roth
- Location - TBA
- 8:30-10:00
- 10 Sessions
- Intermediate to advanced players welcome. Knee pads are required and a water bottle is recommended. Minimum 14 women.
RAHINI FLOW YOGA
Deidre Mayer
Jack Abrams Cafeteria
4:15-5:15
No Senior Discount
A class with stimulating and challenging yoga flow sequences. The class emphasizes fundamentals, natural body alignment and breath awareness. Class ends with soothing, relaxing, restorative poses or stretches.

BEGINNER’S ITALIAN
TBA
Room 124
7:00-9:00
This course is for students with no or beginner’s knowledge of Italian who want to build a base for fluency and accuracy in speaking, reading and writing the Italian language. Numbers, vocabulary, greetings, geography and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language. Film and Internet resources are used to develop aural comprehension and to recognize informal usage as opposed to formal usage of Italian.

SPANISH - Intermediate Level
Carlos Pumar
Room 126
6:30-8:30
A continuation of the beginners’ Spanish course for people who want to extend their fluency and accuracy in speaking, reading and writing the Spanish language. Numbers, vocabulary, greetings, geography and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language.

KNITTING
Martha Reilly
Library
6:30-8:30
This class is open to knitters of all levels. Current knitters can bring projects they are working on. Beginners should bring a ball of worsted weight yarn and size 8 needles. Bonus projects will be discussed at the first meeting.

COOKING - SIMPLE & DELICIOUS
Anna Naccarato
Finley Room 208
7:00-9:00
Come and enjoy this class to learn the basics of cooking that is simple and delicious. You will learn traditional recipes from Southern Italian cooking. This class will be fun, tasty and you will learn some great cooking tips. This will be an eight week course with a different main course each week. There will be a materials fee that will be discussed the first night of class.

CHINESE - Intermediate Level
Annie Hsiao
Room 123
7:00-9:00
The three main topics of the class are dialogue, vocabulary, and grammar. The class will focus on frequently used phrases and sentences to allow for “daily life” communication. The main textbook used in class is “Speak Mandarin in One Thousand Words”.

INTRODUCTION TO COMPUTERS – USING MICROSOFT OFFICE
Richard Gress
Room 251
7:30-9:30
Fee $67 - $77 Non-Resident
LIMITED- NO SENIOR CITIZEN DISCOUNT.
The goal of this course is for the student to become a confident computer user. The course uses the popular Microsoft Office applications Word and Excel. You will learn to create business letters and other documents in Word. Word topics include document formatting, creating tables and effective printing of your documents. Excel spreadsheet creation for information storing is detailed as well as the use of formulas and functions to create budgets and other financial tools. Students receive a diskette with sample Word and Excel files as well as the files they create during class.

BASKETBALL FOR MEN
Johnnie Morales
H.S. Gym
8:30-10:30
10 SESSIONS
Choose up sides and play full or half court games in our gym. For men over 21 years. Minimum 20

TAI CHI CHI KUNG
Richard Wos
Jefferson Cafeteria
7:00-8:30
8 SESSIONS
LIMITED. NO SENIOR CITIZEN DISCOUNT.
Tai Chi is an ancient Chinese self-healing exercise. The therapeutic value of Tai Chi has been acknowledged in China for thousands of years and Tai Chi is the most popular health exercise in China today. The movements enable the body to relax and let gravity melt away tension blocks. It is one of the safest exercise methods known. The way we live determines the amount of tension and nervousness we accumulate in our bodies. Most of us live in an unhealthy environment in which there is too little exercise, poor eating habits, and conditions that create emotional tension. The primary purpose of Tai Chi is to help let go of physical and emotional tension.

IYENGAR YOGA
Carmella Stone Klein
Jefferson Gym
6:30-8:00
8 SESSIONS
NO SENIOR CITIZEN DISCOUNT.
Yoga is the union of mind, body and spirit. In iyengar yoga, postures are presented accentuating precision and alignment. Through the use of various props such as blocks and blankets, individuals are able to access better alignment and intelligence, and address any specific physical conditions. This process brings a state of well-being, contentment, flexibility, poise, balance and equanimity. Please wear comfortable clothing and bring two blankets, and a mat. General level—all students welcome.

SPANISH – ADVANCED LEVEL
Carlos Pumar
Room 126
6:30-8:30
A continuation of the Intermediate Level Spanish course for people who want to extend their fluency and accuracy in speaking, reading and writing the Spanish language.

INTRODUCTION to CERAMICS
Devin Auricchio
Room 107
7:00-9:00
Students will use kiln fired clay to explore hand-building techniques and will make use of the pottery wheel. Pinch, coil, slab and slip, and scoring processes will be introduced and will enable students to pursue a variety of individual paths of creativity. Projects may include making bowls, vases, flower pots, boxes and sculptural pieces in which self expression and individuality will be encouraged. Students will also have the opportunity to apply surface designs and paint/glaze their finished pieces. Pottery tools are to be purchased by each student prior to the first class. Materials (to be purchased by students) Clay tools- wooden knife, cutting wire, sponge, pin tool (or kit)

SOCIAL DANCE
Edward Enyart
Woodhull Cafeteria
7:00-9:00
10 Sessions
LIMITED. NO SENIOR CITIZEN DISCOUNT.
This course includes basic steps in the Foxtrot, Waltz, Cha Cha, Rumba and Swing. You will also learn to join steps together and follow the music. Students are requested to wear leather-soled shoes.

MICROSOFT OFFICE ADVANCED
Richard Gress
Room 251
7:30-9:30
8 Sessions
FEE: $67 - $77 Non-resident
LIMITED. NO SENIOR CITIZEN DISCOUNT.
Would you like to learn more about the popular Microsoft Office applications Word, Excel and PowerPoint? Then this is the class for you. Basic knowledge is assumed so students can immediately dig into advanced Word concepts like Mail Merge, Tables for Newsletters, and Advanced Formatting. Excel student will work with practical examples like budgets, financial data, lists, and checkbook registers. Advanced Excel concepts will include filtering, sorting and printing spreadsheet data. Powerpoint users will learn to create, edit and animate information for effective presentations.
ECONOMICS TBA
Room 126 7:00-9:00
This Economics class will cover basic Economic theory and practice.
There will be a workbook fee which will be discussed at the first class.

PAINTING Ellen Winter
Room 108 7:00-9:00
LIMITED. NO SENIOR CITIZEN DISCOUNT.
Painted years ago - or never but thought about it? Now is
the time to give it a try! This class is designed for beginners through
intermediate painters. Bring any supplies you may have, an 8-inch
x 11½-inch or larger sketchpad, pencil, kneaded eraser. Supply lists
will be given at first class. If you know you will be using a table top
or floor easel and you have one, please bring it with you.

PREPARATION FOR CITIZENSHIP TBA
Room 124 7:00-9:00
This course is offered to help members of the community prepare
for the American citizenship test. This course will cover information
about our Constitution, Government, the history of the United
States and American Holidays. We will furnish you with instruction
for the proper procedure for becoming a citizen. Materials fee for
workbook $17.

ZUMBA GOLD Janeen Wasoski
Woodhull Gym 6:00-7:00
NO SENIOR CITIZEN DISCOUNT
Zumba Gold is Latin and International dance rhythms created in
the original Zumba and bring them to the active older adult, the
beginner participant, and other special populations that may need
modifications for success. It is fun, different, easy and effective. It’s
great for the mind, body and soul of this expanding active older adult
population. Students should bring a water bottle and a towel.

SEMINARS/FOOD FOR THOUGHT
Addressing Long Term Care
Auto Insurance Reduction Program
NEW! Creating Your Brand
NEW! Financial Strategies 101-Dollars & Sense
Friends & Families CPR and First Aid for Children
Getting Paid To Talk, Making Money With Your Voice
NEW! Love, Business and Success
NEW! Money: The 60 Minute Money Course
Passport to Retirement
NEW! The Power That Made You is the Same
Power That Heals You
NEW! Your Digital Footprint & Social Media Persona

EXPANDED HORIZONS
WESTERN SUFFOLK BOCES - SUFFOLK COUNTY
SPECIAL OCCUPATIONAL TRAINING COURSES: FOR INFORMATION CALL 667-6000 x327.
REGISTRATION WILL BE AT BOCES OR ON THE FIRST NIGHT OF CLASS. ENROLLMENT IS
ON A FIRST COME, FIRST SERVED BASIS, SPACE IS LIMITED, REGISTER EARLY.
Students will work at their own level and their own pace with individualized instruction.

American History .............................................. Tues.
Authentic Chinese Cooking .......................... Tues.
Basketball For Men ........................................ Wed.
Beginner’s Italian ............................................ Wed.
Beginning Watercolor .................................. Tues.
Ceramics ......................................................... Thurs.
Chinese Intermediate Level .......................... Tues.
Cooking ........................................................ Mon.
Cooking ........................................................ Wed.
Crocheting .................................................... Mon.
Dance .......................................................... Thurs.
Digital Photography ..................................... Mon.
Economics ..................................................... Thurs
Internet A to Z ............................................... Mon.
Introduction to Computers-
Using Microsoft Office ................................ Wed.
Iyengar Yoga .................................................. Thurs.
Knitting ......................................................... Wed.
Microsoft Office Advanced .......................... Thurs.
Native-American ........................................... Mon.
Rahini Yoga for Beginner .............................. Tues.
Rahini Flow Yoga .......................................... Wed.
Painting ......................................................... Thurs.
Preparation for Citizenship ............................ Thurs.
Spanish – Beginner I ..................................... Mon.
Spanish – Beginner II ..................................... Tues.
Spanish - Intermediate level .......................... Wed.
Spanish - Advanced level .............................. Thurs.
Soccer for Men (Indoor) ................................. Mon.
Street Law ...................................................... Mon.
Tai Chi Chi Kung ........................................... Wed.
Volleyball for Women .................................... Tues.
Yoga in the Iyengar Style ............................... Mon.
Zumba Gold .................................................. Mon.
Zumba Gold .................................................. Thurs.

E.S.L.(English as a Second Language) Tues. & Thurs.
I-Beginner 6:30-9:00
Huntington High School, Room 204 NO FEE
THIS COURSE ASSUMES NO KNOWLEDGE OF ENGLISH.

E.S.L.(English as a Second Language) Tues. & Thurs.
II-Intermediate/III-Advanced 6:30-9:00
Huntington High School, Room 205 NO FEE
THIS COURSE ASSUMES MINIMAL/GOOD KNOWLEDGE
OF ENGLISH.
SEMINARS / FOOD FOR THOUGHT

PLEASE NOTE: SENIOR CITIZEN DISCOUNTS DO NOT APPLY TO SEMINARS

FRIENDS and FAMILIES

CRP and FIRST AID FOR CHILDREN
Olena Kropp
Room 114
Monday - March 10
FEE: $25 Resident - $30 Non-Resident
This seminar is designed for parents, grandparents and babysitters who want to learn lifesaving skills. This is non-credential CPR for adult, child and Infant. You will learn how to check for injuries and illness as well as how to respond when a child is having seizures or goes into shock or other medical emergencies. Maximum number of students is 12. There will be a materials fee of $20 payable to the instructor, Olena Kropp, on the night of the class.

MONEY: The 60 Minute “Money Course”
Michelle Marie Re’
Room 112
Tuesday, 3/25
FEE: $20 Resident - $25 Non Resident
Having trouble with money? Learn what the Banks, Insurance Companies, and Credit Card Companies, DON’T want you to know. The simple concepts taught in this exciting class are the industry’s best-kept secrets for creating and preserving a prosperous financial future. Register for this workshop now and learn how to:
- Eliminate debt faster
- Protect your income better
- Build Retirement and Educational savings BIGGER!
- Secure your future by planning properly

THE POWER THAT MADE YOU IS THE SAME POWER THAT HEALS YOU
3 Sessions: Thursdays 3/13, 3/20, 3/27
Room 113
Dr. Michael Posner
FEE: $35 Resident - $40 Non-Residents
7:00-8:30
What really heals us? How do we increase our healing energy? What is the real reason we get sick, is sickness an inevitable part of living and aging? Dr. Posner will explore with some of the myths and limitations that you have been told about health and then offer you simple Wholistic natural time proven mind/body methods that increase your healing abilities. You will learn ways to relax, and be shown how to improve your overall health. These techniques have anti-aging benefits and will give your life real “Health Assurance”. All you need to do is come with an open mind!

PASSPORT TO RETIREMENT
Bud Levy, CFP
Room 140
FEE: $20 per person - $30 per couple
This exciting course will prepare you for a financially secure retirement by showing you how to determine your retirement income needs and develop a personalized plan to achieve your retirement goals. You will discover key strategies for maximizing retirement income and obtaining the highest payout from Social Security. You will learn how to optimize your investment portfolio and create an asset allocation – pre-retirement and post-retirement. This course will show you how to “flip the switch” on your nest egg to generate an inflation adjusted income stream for life. Additional topics include how to reduce your taxes, protect your assets, provide for health care and preserve your estate. Each participant will receive a 140-page workbook with worksheets, illustrations, and key descriptions designed to reinforce concepts learned during the course. Whether you plan to retire in the next ten years or you are already retired, the information you learn in this course will deliver rewards throughout your life. Workbook fee of $20.00 payable to instructor.

GETTING PAID TO TALK, MAKING MONEY WITH YOUR VOICE AN INTRODUCTION TO PROFESSIONAL VOICE OVERS
Jenny Marcotte
Room 110
FEE: $25 Resident - $30 Non-Residents
Wednesday – April 30
6:30-9:00
Have you ever been told that you have a great voice? This exciting seminar will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. Learn more here http://www.voicecoaches.com/gppt

Registration deadline of April 9 for this seminar.

ADDRESSING LONG TERM CARE
Michael Donnelly
Room 113
FEE: $25 Resident - $30 Non Resident
Tuesday, March 18
7:00-8:30
This seminar explains Long-Term Care is, who needs it and what options people have if they need it. The presentation emphasizes that, without proper planning, the potential costs associated with the need for LTC can be devastating to the family and to the assets built over the years.

Registration deadline of March 10 for this seminar.

AUTO INSURANCE REDUCTION PROGRAMS
TBA
Room 113
FEE: $35 - $40 Non-Resident
7:00-10:00
Tuesday, 4/1 & Thurs. 4/3
Learn the skills of safe driving. At the same time, reduce your automobile liability and collision premium at least 10% for a period of 3 years. Drivers with point accumulation will also be allowed a four-point credit by the Motor Vehicle Department.

Registration deadline of March 11 for this seminar.

FINANCIAL STRATEGIES 101-Dollars & Sense
Michael Donnelly
Room 114
FEE:$25 Resident - $30 Non Resident
Thurs. April 3
7:00-8:30
This seminar explains the advantages of smart financial management. The seminar reviews five financial management components: Cash Management, Risk Management, Estate Planning, Investment Strategies, Tax Reduction Strategies and Retirement Programs.

Registration deadline of March 13 for this seminar.

LOVE, BUSINESS, SOCIAL MEDIA! Part I
Kimberly Hawkins
Room 112
FEE: $25 Resident - $30 Non Resident
Tuesday, February 25
7:00-8:30
Part I
- Introduction to Social Media
- Explore different visioning techniques
- Find your true self
- Begin the process of finding your passions
- Create a Mastermind for Life Success

Part II
TUESDAY, MARCH 11
7:00-8:30
- CREATING YOUR BRAND
- Introduction to Social Media
- Explore different Social Media Sites

Part III
YOUR DIGITAL FOOTPRINT & SOCIAL MEDIA PERSONA
Wednesday, April 2
7:00-8:30
Room 113
FEE: $25 Resident - $30 Non Resident
- You and Social Media
- What sites should you be using to maximize exposure

Registration deadline of March 12 for this seminar.