

ADULT EDUCATION PROGRAM – SPRING 2012

Huntington High School – Huntington, New York
Resident HUFSD \$55 – Non-Resident \$65 – Senior Citizen \$15

Name

School District

Address Phone No.

E-Mail

Course Day Fee

REGISTRATION MAIL-IN FORM

Fill out the adjoining registration form. Use photocopy or separate sheet for each additional course.

Make checks payable to HUFSD.

Do not include extra class fees for books or materials.

Mail along with **separate checks for each course to:**

**Adult Education, HUFSD, Box 1500
Huntington, NY 11743
to be received prior to the first class.**

ONLINE PAYMENT

1. CODE - jhauyco

2. Link - <http://www.TurboRoster.com/Code/jhauyco>

LINK - Please enter this link into the address bar on any internet page. It will ask you to log in or sign up for TurboRoster. Please sign up for TurboRoster and create a profile by filling out the information requested. 3 more steps will follow, Class Selection, Forms that Need to be filled out, and credit card information or check request. If you need any support, please email help@turboroster.com.

CODE - please sign onto www.turboroster.com and select JOIN AS A MEMBER. Fill out the appropriate information requested by TurboRoster. Where it asks for a Code to join a class, please enter the code jhauyco. Follow the steps to select a class, fill out the forms and pay to join.



Non-Profit Org.
U.S. Postage
PAID
Permit No. 108
Huntington, N.Y.

ADULT EDUCATION

Huntington Union Free School District
P.O. Box 1500
Huntington, New York 11743

POSTAL PATRON

SPRING 2012

Dated Material

ADULT EDUCATION PROGRAM

Sponsored By
HUNTINGTON UNION FREE SCHOOL DISTRICT

Education continues throughout one's lifetime. Our Adult Education Program offers a wide variety of courses to serve the needs of lifelong learners. Come and enjoy our many offerings!

REGISTRATION INFORMATION:

MAIL-IN: MUST BE RECEIVED PRIOR TO FIRST CLASS
IN-PERSON: 6:00-9:00 P.M. ON Tuesday, February 7, 2012
HUNTINGTON HIGH SCHOOL LOBBY

James W. Polansky, Superintendent • Dr. Kenneth A. Card Jr., Director

BOARD OF EDUCATION

Emily Rogan, President • John Paci III, Vice President
Elizabeth C. Black • Kimberly Brown • Jennifer Hebert • Richard McGrath • Adam Spector

ADULT EDUCATION OFFICE HUNTINGTON HIGH SCHOOL

Tel. 673-2010 Monday-Thursday Evening
During each Semester Session

THE ADULT EDUCATION PROGRAM AS DESCRIBED IN THIS BROCHURE IS FINANCIALLY SELF-SUSTAINING. VISITORS OR SPECTATORS ARE NOT PERMITTED IN CLASS.

REMINDER: BEFORE REGISTERING FOR ANY EXERCISE CLASS PLEASE CONSULT YOUR PHYSICIAN.

REGISTRATION PROCEDURE

BY MAIL. All courses may be registered by mail and will be filled in order that forms and checks are received. Mail-in registration must arrive prior to the first class. **NOTE: UNLESS YOU ARE NOTIFIED OTHERWISE, YOU ARE TO ASSUME THAT YOU ARE REGISTERED AND THAT YOU ARE TO COME TO THE FIRST CLASS MEETING. NO LETTERS OF ACCEPTANCE WILL BE SENT.**

IN PERSON. Register for all classes **Tuesday, February 7, 2012** from 6:00-9:00 p.m., in the lobby of Huntington High School, McKay and Oakwood Roads, Huntington.

FEES: \$55.00 for District residents
\$15.00 for Senior Citizen residents
\$65.00 for all Nonresidents,

except where indicated otherwise in the course description. Fees may be paid by cash or **check made payable to HUFSD**. Separate checks should be made out for each course. **DO NOT INCLUDE FEES FOR BOOKS OR MATERIALS;** these will be collected during class.

CLASS LOCATION: All classes meet in Huntington High School unless otherwise noted. Classes run for eight (8) weeks unless otherwise indicated.

SENIOR CITIZENS. The Board of Education cordially invites HUFSD residents 60 years of age and over to attend any adult education course for a fee of \$15.00 **WHENEVER SPACE IS AVAILABLE** (except those classes marked **limited or special fee**). There are no senior citizen discounts on seminars. Textbooks or special costs must be paid.

REFUNDS. If the course for which you registered does not get the required minimum of 10, it may be canceled and you will be notified by phone when possible. Your refund will be mailed from the District Business Office. **ALLOW EIGHT (8) WEEKS. NO REFUNDS WILL BE MADE AFTER YOU REGISTER UNLESS THE COURSE IS CANCELED.**

The evening program is conducted primarily for adults not attending school. However, the Board of Education invites persons over 16 years old to register and attend adult education classes, where room is available, on payment of standard fees. Exceptions are Basketball and where otherwise indicated.

CALENDAR SPRING 2012

CLASSES RUN FOR EIGHT WEEKS UNLESS INDICATED OTHERWISE.

R = REGISTRATION

() = HOLIDAY/SCHOOL CLOSED

C = CLASSES BEGIN

* = MAKE-UP DAYS

FEBRUARY				MARCH				APRIL				MAY			
M	T	W	T	M	T	W	T	M	T	W	T	M	T	W	T
6	7R	8	9				1C	2	3	(4)	(5)		1	2	3
13	14	15	16	5	6	7	8	(9)	(10)	11	12	7	8	9	10
(20)	(21)	(22)	(23)	12	13	14	15	16	17	18	19	14	15	16	17
27C	28C	29C		19	20	21	22	23	24	25	26	21	22	23	24
				26	27	28	29	30							

WHEN HUNTINGTON UNION FREE SCHOOL DISTRICT SCHOOLS ARE CLOSED DUE TO INCLEMENT WEATHER OR OTHER REASONS, ADULT CLASSES WILL NOT MEET.

MONDAY**SPANISH FOR BEGINNERS****Room 126**

Fernando Gomez
7:00-9:00

Basic grammar and extensive vocabulary stressed. An elementary level of conversation will be taught.

CROCHETING**Library**

Kelly Hatzmann
7:00-9:00

For those with little to no crochet experience who want to learn the basics of crochet and complete a project in 8 weeks.

Crocheters are encouraged to bring in projects that they are working on or need help with.

10 Maximum**THE NATIVE-AMERICAN****Room 124**

Chet Lukaszewski
7:00-9:00

This course is offered to give members of the community an overview of Native-American people – their earliest migrations into North America, their traditional lifestyles: PERSIA (political, economic, religious, social, intellectual, aesthetic), and current issues. Differences among tribes will be illustrated by covering 9 distinct regions – Northwest, California, Southwest, Great Basin, Plateau, Great Plains, Oklahoma, Southeast, and Northeast. Photos and the instructor's experiences will be used to enhance the subject matter.

COOKING- SIMPLE & DELICIOUS**Finley Room 208**

Anna Naccarato/
Joanne Gurreri
7:00-9:00

Come and enjoy this class to learn the basics of cooking that is simple and delicious. You will learn traditional recipes from Southern Italian cooking. This class will be fun, tasty and you will learn some great cooking tips. This will be an eight week course with a different main course each week. **There will be a materials fee that will be discussed the first night of class.**

DIGITAL PHOTOGRAPHY**Room 251****10 Sessions**

Beth Laraia
7:00-9:00

FEE: \$67 Resident - \$77 Non Resident Limited. No Senior Citizen Discount

This course is designed to be both fun and informative and is appropriate for both beginner and those who want to enhance their photographic skills. We will cover basic camera functions, lighting, composition, and manipulation. Create memorable photographs, restore old ones or take the perfect portrait. Learn to capture the images of winter, the birth of spring or an amazing landscape. You will be instructed in the basics of Adobe Photoshop to take your photos to the next level. Students should have a working knowledge of computers.

YOGA in the IYENGAR STYLE**Southdown Gym****8 Sessions - No Senior Discount**

Linda Kundla
7:00-8:30

Hatha yoga for beginners or students who wish to improve their yoga skills. We will be stressing body alignment and balance. Yoga will bring you peace and tranquility and greatly improve your flexibility and balance.

SOCCER FOR MEN (Indoor)**Huntington High Gym****10 SESSIONS**

Kieran Mock
8:30-10:00

Sharpen and develop your soccer skills as you join us for indoor soccer. This fast-paced, high-energy game will keep you running. Shin guards are required and a water bottle is recommended.

TUESDAY**SPANISH LEVEL II****Room 126**

Carlos Pumar
7:00-9:00

A continuation of the beginners' Spanish course for people who want to extend their fluency and accuracy in speaking, reading and writing the Spanish language. Numbers, vocabulary, greetings, geography and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language.

CROCHETING**Library**

Kelly Hatzmann
7:00-9:00

For those with little to no crochet experience who want to learn the basics of crochet and complete a project in 8 weeks.

Crocheters are encouraged to bring in projects that they are working on or need help with. **10 Maximum**

SIGN LANGUAGE**Room 123**

TBA
7:00-9:00

We will introduce you to the structure and grammar of American Sign Language as well as look into the culture/community of those who use ASL as their primary language. You will learn to speak with your hands through the use of videos, hands-on activities and interaction of the language.

THE ESSENCE of YOGA**Jefferson Gym****8 Sessions - No Senior Discount**

Jane Voorhees
7:00-8:30

The true practice of Yoga encompasses more than just performing various poses. In this class, we will explore yoga as not just physical exercise, but also as a deeper practice that encompasses the traditional 8 limbs of Yoga. Approached this way, yoga becomes more of a healing and transformational path than just a physical practice. Each class will include 45 minutes of yoga postures and another 45 minutes dedicated to breathing exercises, meditation, relaxation and yogic philosophy. The class is suitable for beginners with no previous yoga experience and also for those with some yoga experience who wish to deepen their practice.

BEGINNING CERAMICS**Room 107**

TBA
7:00-9:00

Basic pottery techniques and proper use of the pottery wheel are instilled in this beginning ceramics course. Objects such as plates or vases might be made. Students also are instructed in glazing and embossing surfaces. **There will be a materials fee that will be discussed the first night of class.**

INTRO TO COMPUTER KEYBOARDING**Room 250**

Allison Matthews
7:00-8:00

Learn how to touch-type properly using a computer. Develop essential keyboarding skills and techniques. Practice drills are used throughout the course to increase typing speed and accuracy. Additional activities and dictation exercises will be used in this course for added reinforcement. Proper keying technique will be taught throughout the course.

MICROSOFT OFFICE ADVANCED**Room 251****8 Sessions****FEE: \$67 - \$77 Non-resident**

Richard Gress
7:30-9:30

LIMITED. NO SENIOR CITIZEN DISCOUNT. Would you like to learn more about the popular Microsoft Office applications Word, Excel and Powerpoint? Then this is the class for you. Basic knowledge is assumed so students can immediately dig into advanced Word concepts like Mail Merge, Tables for Newsletters, and Advanced Formatting. Excel student will work with practical examples like budgets, financial data, lists, and checkbook registers. Advanced Excel concepts will include filtering, sorting and printing spreadsheet data. Powerpoint users will learn to create, edit and animate information for effective presentations.

SOCCER FOR WOMEN (Indoor)

Location - TBA

10 Sessions

Intermediate to advanced players welcomed age 25 and older. A non-competitive soccer scrimmage. Bring a dark and white T-shirt. Shin guards are required and a water bottle is recommended.

Linda Roth

8:30-10:00

WEDNESDAY**BEGINNER'S ITALIAN**

Room 126

TBA

6:30-8:30

This course is for students with no or beginner's knowledge of Italian who want to build a base for fluency and accuracy in speaking, reading and writing the Italian language. Numbers, vocabulary, greetings, geography and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language. Film and Internet resources are used to develop aural comprehension and to recognize informal usage as opposed to formal usage of Italian.

INTERMEDIATE ITALIAN

Room 127

TBA

6:30-8:30

A continuation of the beginners' Italian course for people who want to extend their fluency and accuracy in speaking, reading and writing the Italian language. Numbers, vocabulary, greetings, geography and history are all part of this course which will enable each student to grasp the fundamentals of this romantic language. Film and Internet resources are used to develop aural comprehension and to recognize informal usage as opposed to formal usage of Italian.

KNITTING – Mittens, Hats, and Scarves!

Room 109

Martha Reilly

7:00-9:00

This class is open to knitters of all levels. Current knitters can bring projects they are working on. Beginners should bring a ball of worsted weight yarn and size 8 needles. Bonus projects will be discussed at the first meeting.

ADVANCED DIGITAL PHOTOGRAPHY

Room 251

Beth Laraia

7:00-9:00

10 Sessions

FEE: \$67 Resident - \$77 Non Resident**Limited. No Senior Citizen Discount**

This advanced Digital Photography course is about understanding technology, effective implementation and achieving the results one envisions. Skills are necessary to overcome the barrier that machinery poses between you and great results. This course allows you to develop the concepts of photography learned in the beginner Digital Photography course.

COOKING- SIMPLE & DELICIOUS

Finley Room 208

Anna Naccarato/

Joanne Gurreri

7:00-9:00

Come and enjoy this class to learn the basics of cooking that is simple and delicious. You will learn traditional recipes from Southern Italian cooking. This class will be fun, tasty and you will learn some great cooking tips. This will be an eight week course with a different main course each week. **There will be a materials fee that will be discussed the first night of class.**

CHINESE FOR BEGINNERS

Room 123

Annie Hsiao

7:00-9:00

The three main topics of the class are dialogue, vocabulary, and grammar. The class will focus on frequently used phrases and sentences to allow for "daily life" communication. The main textbook used in class will be "Speak Mandarin in One Thousand Words".

INTERNET A TO Z

Room 250

Richard Gress

7:30-9:30

4 Sessions: 3/7, 3/14, 3/21, 3/28

FEE: \$30 Resident, \$40 Non-Resident

This fun beginner's course will give you everything you need to know to successfully use the internet. It launches you from the realities of life into the virtual universe we call cyberspace. You will learn about the Internet Explorer browser, the difference between various search engines and how to effectively use them, and how to download files. This course will also arm you with the tools to analyze and validate sites you are accessing.

BASKETBALL FOR MEN

H.S. Gym

Johnnie Morales

8:30-10:30

10 SESSIONS

Choose up sides and play full or half court games in our gym. For men over 21 years. **Minimum 20**

TAI CHI CHI KUNG

Jefferson Cafeteria

Richard Wos

7:00-8:30

10 SESSIONS

LIMITED. NO SENIOR CITIZEN DISCOUNT. Tai Chi is an ancient Chinese self-healing exercise. The therapeutic value of Tai Chi has been acknowledged in China for thousands of years and Tai Chi is the most popular health exercise in China today. The movements enable the body to relax and let gravity melt away tension blocks. It is one of the safest exercise methods known. The way we live determines the amount of tension and nervousness we accumulate in our bodies. Most of us live in an unhealthy environment in which there is too little exercise, poor eating habits, and conditions that create emotional tension. The primary purpose of Tai Chi is to help let go of physical and emotional tension.

THURSDAY**LATIN DANCE**

Woodhull Cafeteria

Edward Enyart

7:00-9:00

10 Sessions

LIMITED. NO SENIOR CITIZEN DISCOUNT. This course includes basic steps in the Salsa, Merengue, Cha Cha, and Rumba. All simple moves and easy to learn. Students are requested to wear leather-soled shoes. **Couples only!**

GOLF/BEGINNERS

Woodhull Gym

Robert Mallon

7:00-8:30

LIMITED. NO SENIOR CITIZEN DISCOUNT.

Learn about the sport of golf from tee to green. Lectures, practice and club selection. Equipment needed: ½ dozen whiffle golf balls, 7 iron, astroturf mat or carpet, sneakers and memo pad

HATHA YOGA

Jefferson Gym

Carmela Stone Klein

7:30-9:00

8 SESSIONS

NO SENIOR CITIZEN DISCOUNT. Hatha Yoga energizes the body by releasing fatigue and stress of daily living. Through a variety of basic poses and breathing techniques, Hatha Yoga creates a balance of body, mind and spirit. It also strengthens, increases flexibility, agility, balance and poise. Please wear comfortable clothing. Bring two blankets. Equipment will be discussed at first class. **General level—all students welcome.**

**INTRODUCTION TO COMPUTERS –
USING MICROSOFT OFFICE**
Room 251

Richard Gress
7:30-9:30

FEE \$67 - \$77 Non-Resident

LIMITED- NO SENIOR CITIZEN DISCOUNT. The goal of this course is for the student to become a confident computer user. The course uses the popular Microsoft Office applications Word and Excel. You will learn to create business letters and other documents in Word. Word topics include document formatting, creating tables and effective printing of your documents. Excel spreadsheet creation for information storing is detailed as well as the use of formulas and functions to create budgets and other financial tools. Students receive a diskette with sample Word and Excel files as well as the files they create during class.

PAINTING
Room 108

Ellen Winter
7:00-9:00

LIMITED. NO SENIOR CITIZEN DISCOUNT. Painted years ago - or never but thought about it? Now is the time to give it a try! This class is designed for beginners through intermediate painters. Bring any supplies you may have, an 8-inch x 11½-inch or larger sketchpad, pencil, kneaded eraser. Supply lists will be given at first class.

PREPARATION FOR CITIZENSHIP
Room 124

TBA
7:00-9:00

This course is offered to help members of the community prepare for the American citizenship test. This course will cover information about our Constitution, Government, the history of the United States and American Holidays. We will furnish you with instruction for the proper procedure for becoming a citizen. **Materials fee for workbook \$17.**

ZUMBA
Finley Gym

Denise Dentico
7:15-8:15

Zumba is a Latin-inspired, dance-fitness class that incorporates Latin and International music and dance movements. Zumba integrates some of the basic principles of aerobic, interval, and resistance training to maximize caloric-output, cardiovascular benefits, and total body toning. Dancers and non-dancers can easily master a Zumba class because you do not have to know how to dance to succeed at Zumba. Students should bring a water bottle and a towel.

ZUMBA GOLD
Finley Gym

TBA
6:00-7:00

Zumba Gold is Latin and International dance rhythms created in the original Zumba and bring them to the active older adult, the beginner participant, and other special populations that may need modifications for success. It is fun, different, easy and effective. It's great for the mind, body and soul of this expanding active older adult population. Students should bring a water bottle and a towel.

SPRING COURSES 2012

Advanced Digital Photography	Wed.
Basketball For Men	Wed.
Beginner Ceramics	Tues.
Beginner's Italian	Wed.
Chinese For Beginners	Wed.
Cooking	Mon.
Cooking	Wed.
Crocheting	Mon.
Crocheting	Tues.
Digital Photography	Mon.
Essence of Yoga	Tues.
Golf/Beginners	Thurs.
Iyengar Yoga	Mon.
Hatha Yoga	Thurs.
Intermediate Italian	Wed.
Internet A to Z	Wed.
Intro to Computer Keyboarding	Tues.
Introduction to Computers- Using Microsoft Office	Thurs.
Knitting-Mittens,Hats,Scarves	Wed.
Latin Dance	Thurs.
Microsoft Office Advanced	Tues.
Native-American	Mon.
Painting	Thurs.
Preparation for Citizenship	Thurs.
Sign Language	Tues.
Spanish for Beginners	Mon.
Spanish Level II	Tues.
Soccer for Men (Indoor)	Mon.
Soccer for Women (Indoor)	Tues.
Tai Chi Chi Kung	Wed.
Zumba	Thurs.
Zumba Gold	Thurs.

SEMINARS/FOOD FOR THOUGHT

Auto Insurance Reduction Program
NEW! Chi Kung, Meditation and Yoga
 Friends & Families CPR and First Aid for Children
 Getting Paid To Talk, Making Money With Your Voice
NEW! Job Search Secrets
NEW! Passport to Retirement
 Planning For Long Term Care
NEW! Setting Financial Priorities

EXPANDED HORIZONS

WESTERN SUFFOLK BOCES - SUFFOLK COUNTY

**SPECIAL OCCUPATIONAL TRAINING COURSES: FOR INFORMATION CALL 667-6000 x327.
REGISTRATION WILL BE AT BOCES OR ON THE FIRST NIGHT OF CLASS. ENROLLMENT IS
ON A FIRST COME, FIRST SERVED BASIS, SPACE IS LIMITED, REGISTER EARLY.**

Students will work at their own level and their own pace with individualized instruction.

Adult Basic Education (G.E.D.) Tues. & Thurs.
Huntington High School, Room 206 6:30-9:00
NO FEE

If you do not have a high school diploma, this is your opportunity to get assistance in reading, math, general basic skills or career information. This course will prepare you to take the New York State High School Equivalency Exam (G.E.D.).

E.S.L.(English as a Second Language) Tues. & Thurs.
I-Beginner 6:30-9:00
Huntington High School, Room 204 **NO FEE**
THIS COURSE ASSUMES NO KNOWLEDGE OF ENGLISH.

E.S.L.(English as a Second Language) Tues. & Thurs.
II-Intermediate/III-Advanced 6:30-9:00
Huntington High School, Room 205 **NO FEE**
 THIS COURSE ASSUMES MINIMAL/GOOD KNOWLEDGE OF ENGLISH.

SEMINARS / FOOD FOR THOUGHT

PLEASE NOTE: SENIOR CITIZEN DISCOUNTS DO NOT APPLY TO SEMINARS

**FRIENDS and FAMILIES
CPR and FIRST AID FOR CHILDREN**
Wed. Feb. 29
FEE: \$25 Resident - \$30 Non-Resident
Room 114

Olena Kropp
6:30-10:00

This seminar is designed for parents, grandparents and babysitters who want to learn lifesaving skills. This is non-credential CPR for adult, child and Infant. You will learn how to check for injuries and illness as well as how to respond when a child is having seizures or goes into shock or other medical emergencies. **Maximum number of students is 12. There will be a materials fee of \$20 payable to the instructor, Olena Kropp, on the night of the class.**

CHI KUNG, MEDITATION and YOGA
Room 113
3 Sessions: Thurs. 3/1, 3/8, 3/15
FEE: \$35 Resident - \$40 Non-Residents

Dr. Michael Posner
7:00-8:30

Come learn fast and practical ways to deal with your stress and to improve your health. Utilizing the Power of Now meditations, ancient Chinese Chi Kung breathing and Hatha Yoga stretches. This mind/body experience can change your life with minimal daily efforts. Your life is your own creation! Come learn ways to make it better, if you do not who will? This class is for all levels and if you have taken my classes before this will not be the same.

PASSPORT TO RETIREMENT
3 Sessions: Tuesdays 3/6, 3/13, 3/20
Room 110
FEE: \$20 per person - \$30 per couple

Bud Levy, CFP
7:00-9:30

This exciting course will prepare you for a financially secure retirement by showing you how to determine your retirement income needs and develop a personalized plan to achieve your retirement goals. You will discover key strategies for maximizing retirement income and obtaining the highest payout from Social Security. You will learn how to optimize your investment portfolio and create an asset allocation – pre-retirement and post-retirement. This course will show you how to “flip the switch” on your nest egg to generate an inflation adjusted income stream for life. Additional topics include how to reduce your taxes, protect your assets, provide for health care and preserve your estate. Each participant will receive a 140-page workbook with worksheets, illustrations, and key descriptions designed to reinforce concepts learned during the course. Whether you plan to retire in the next ten years or you are already retired, the information you learn in this course will deliver rewards throughout your life. *Workbook fee of \$20.00 payable to instructor.*

JOB SEARCH SECRETS
Tues. March 20
FEE: \$25 Resident - \$30- Non Resident
Room 113

Karen McKenna
7:00-9:00

This seminar is designed for individuals actively seeking employment opportunities. Led by an experienced career counselor, the focus is on concrete actions job seekers can take to plan and execute a productive and successful job search.

**GETTING PAID TO TALK, MAKING MONEY WITH YOUR VOICE
AN INTRODUCTION TO PROFESSIONAL VOICE OVERS**

Wed. April 11
FEE: \$25 Resident - \$30 Non-Residents
Room 110

Jenny Marcotte
6:30-9:00

Have you ever been told that you have a great voice? This exciting seminar will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. Learn more here <http://www.voicecoaches.com/gppt>

PLANNING for LONG TERM CARE
Wed. 3/28
Room 113

Michael Donnelly
7:00-8:30

FEE: \$25 Resident - \$30 Non Resident

Planning for long-term care is a difficult task. It involves understanding and making decisions about services and options that are unfamiliar to many of us. These include services and supports, housing and financing options, and legal issues. This seminar will focus on all aspects of the Long term care process and ways you can protect your life savings.

AUTO INSURANCE REDUCTION PROGRAMS
NATIONAL TRAFFIC SAFETY INSTITUTE
Tues. 3/27 & Thurs. 3/29

TBA
7:00-10:00

FEE: \$35 - \$40 Non-Resident
Room 114

Learn the skills of safe driving. At the same time, reduce your automobile liability and collision premium at least 10% for a period of 3 years. Drivers with point accumulation will also be allowed a four-point credit by the Motor Vehicle Department.

SETTING FINANCIAL PRIORITIES
Mon. 3/19
Room 113

Michael Donnelly
7:00-8:30

FEE: \$25 Resident - \$30 Non Resident

This hands on seminar will provide you with a step by step guide on how to gain control of your financial life and prepare you for a lifetime of worthwhile personal financial planning. From budgeting to getting your retirement back on track in 2012, the tools you will learn are useful, realistic, and easy to work into your regular routine. They will help you gain control over the financial impact of the choices you make.