

**HUNTINGTON UNION FREE SCHOOL DISTRICT**  
*Department of Health, Physical Education and Athletics*  
*Georgia D. McCarthy, Director*

**HUNTINGTON HIGH SCHOOL**  
**INTERSCHOLASTIC ATHLETIC PROGRAM PACKET**

Dear Parent:

Your son/daughter will be entering the ninth grade this coming fall. There will be many new and exciting opportunities available to them, including a more diverse program of interscholastic athletics.

Enclosed you will find the following forms and information:

1. Health History Form
2. Private Physical Form
3. Listing of Sports by Season
4. Dates for Athletic Physicals
5. Dates for Re-qualification by School Nurse

This information is supplied to you so that you can guide your child in their assimilation into the high school program.

Sincerely,

Georgia D. McCarthy  
District Director

**Checklist prior to tryouts:**

- Family Physician physical form or School Physician physical form (physicals are valid for 1 year)
- Health History Form completed and signed by parent/guardian
- Re-qualification by school nurse

1. **HEALTH HISTORY FORM**

This form is to be filled out and signed by the parent and *brought with the student on the day of the school physical*. **NO SCHOOL EXAM WILL BE DONE WITHOUT THIS COMPLETED FORM.**

2. **PRIVATE PHYSICAL FORM**

You may choose to have a physical done by your family doctor. In that case, the enclosed form is to be given to the family doctor to fill out. The enclosed Health History and Private Physical forms should be returned to the **Nurse's Office at Huntington High School before or on the re-qualification dates listed below**. Students may not participate without a physical examination, a completed/signed Health History form and a re-qualification by the school nurse.

3. **LISTING OF SPORTS/GRADES BY SEASON**

**FALL SEASON**

**August 16 – November 6\***

Football

**August 30 – November 5\***

Boys & Girls Soccer

Girls Tennis

Boys Golf

Field Hockey

Boys & Girls Volleyball

Girls Swimming

Boys & Girls Cross Country

**WINTER SEASON**

**November 17 – February 11\***

Boys & Girls Basketball

Boys Swimming

Boys & Girls Fencing

Wrestling

Boys & Girls Indoor Track

**SPRING SEASON**

**March 7 – May 20\***

Baseball

Boys & Girls Lacrosse

Softball

Boys & Girls Spring Track

Boys Tennis

Crew

\*These dates do not include playoffs for the Varsity teams

4. **DATES FOR ATHLETIC PHYSICALS**

If your child is not having a family physical, there will be **ONE** date to have a school physical in June for the 2010-11 school year.

**HUNTINGTON H.S. – THURSDAY, JUNE 23<sup>rd</sup> -- ALL SPORTS**

BOYS @ 9:00am

GIRLS @ 10:00am

**FOOTBALL ONLY @ HUNTINGTON H.S. – WED., AUGUST 12<sup>th</sup> @ 8:00 – 10:00AM**

5. **DATES FOR RE-QUALIFICATION**

Your child must be re-qualified before each sport season by the school nurse. Bring in the physical from either the school physician or family physician and the completed and signed health history form.

**HUNTINGTON HIGH SCHOOL – Nurse’s Office**

**THURSDAY, 8/12**

10:00am – 11:00am \*\*\* Football Players Only  
11:00am – 1:00pm \*\*\* 11<sup>th</sup> & 12<sup>th</sup> Grade Only

**FRIDAY, 8/13**

9:00am – Noon \*\*\* 9<sup>th</sup> & 10<sup>th</sup> Grade Only

**MONDAY, 8/16**

7:00am – 8:00am \*\*\* Football Players Only

**MONDAY, 8/30**

7:30am – 10:30am \*\*\* All Athletes



**I STRONGLY URGE THAT YOUR CHILD HAVE A SCHOOL PHYSICAL IN JUNE**

**THESE FORMS ARE AVAILABLE ON THE [WWW.HUFSD.EDU](http://WWW.HUFSD.EDU) WEBSITE  
CLICK ON ATHLETICS AND THEN ON FORMS & FILES**

