

HUNTINGTON UNION FREE SCHOOL DISTRICT

Department of Health, Physical Education and Athletics

Georgia D. McCarthy

631.673.2017

gmccarthy@hufsd.edu

Dear Parent:

Listed below you will find important dates to consider if your child wishes to participate on a 2010-2011 interscholastic athletic team. The dates listed below will be the only school provided physicals that will occur prior to the 2010-2011 school year. If your child does not attend one of these physicals and wishes to participate in interscholastic athletics, he/she will need to get a family doctor physical prior to trying out for any interscholastic athletic team. Also, each athlete must be re-qualified by the school nurse whether a physical was completed by the school physician or your family physician. An updated physical must be on file, along with a new health history form, in the school nurse's office in order for a student to be eligible for sports.

For more information regarding athletics and to obtain the necessary forms for the district and/or family doctor physicals, a packet of information is available in the main office of Huntington High School, Finley Middle School, Woodhull Intermediate and Jack Abrams Intermediate Schools. Please refer to the Secondary Interscholastic Athletic Program packet when requesting.

If you have any additional questions, please feel free to contact me by e-mail.

PHYSICAL DATES 2010 – 2011 SCHOOL YEAR

HUNTINGTON HS

Wednesday, June 23rd @ High School

Current Grades 8 - 11

11:00 AM

Thursday, August 12th @ High School
FOOTBALL ONLY 8:00 – 10:00AM

FINLEY MS

Thursday, September 2nd @ Finley MS

2010 - 11 Grades 7 & 8

8:00 – 10:00AM

MANDATORY RE-QUALIFICATION DATES

WITH THE SCHOOL NURSE

HUNTINGTON HS

(Nurse's Office)

8/12	10 – 11 AM	Football Players Only
	11 – 1 PM	Grades 11 & 12
8/13	9 – 12 PM	Grades 9 & 10
8/16	7 – 8 AM	Football Players Only
8/30	7:30 – 10:30 AM	All Athletes

FINLEY MS

(Nurse's Office)

Monday 8/16 & Tuesday 8/17
9 – NOON

Tuesday 9/7 & Wednesday 9/8
During Lunch Period

2010 FALL SPORT TRYOUT START DATES

Mon., Aug. 16 th	*H.S. Football, grades 9 – 12 @ 7AM
Mon., Aug. 30 th	*All Other H.S. Fall Sports, grades 9 – 12 @ 8 AM
Wed., Sept. 8 th	All M.S., grades 7 – 8, Pick up Tryout Information During Lunch
Mon., Sept. 13 th	All M.S., grades 7 – 8, Tryouts start from 3 – 5PM

* During the first week of tryouts, **HS** teams may have **double days**. Double days are tryout sessions from 8 – 10am and then 5 – 7pm each day.

All JV and Varsity teams will meet at Huntington High School on the first day for tryouts, except for: Girl's Varsity Swim Team tryouts will be at the Huntington Yacht Club and Boy's Varsity Golf will meet at HHS on first day and tryouts will be at Sunken Meadow Golf Course the following day.

All Athletes

1. If your son/daughter is planning to be examined by the school physician on one of the district physical dates, download the Health History Form from the district website (click on Athletics, then Forms & Files). The Health History Form must be filled out, signed by the parent/guardian and brought to the physical at the time of the examination.
2. The district does not provide transportation home from tryouts. Please make arrangements to have student-athletes picked up.

High School Football Players Only

You may be re-qualified by our school nurses only if you had a physical completed by the school doctor or your family physician. In order to be eligible for tryouts, you must bring a copy of your physical (if completed by your family physician) and a completed health history form to the nurse's office on one of the following dates:

Dates: Wednesday, August 12th 10:00 – 11:00AM
 Thursday, August 16th 7:00 – 8:00AM

Location: Nurse's Office – Huntington High School

*Football players should make every attempt to get re-qualified on August 12th between 10 – 11am or on August 26th between 7 – 8am so they may be prompt to the first practice.

Sincerely Yours,

Georgia D. McCarthy

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District Director