Dear Parent:

Your son/daughter will be entering the ninth grade this coming fall. There will be many new and exciting opportunities available to them, including a more diverse program of interscholastic athletics.

Enclosed you will find the following forms and information:

1. Health History Form
2. Private Physical Form
3. Listing of Sports by Season
4. Dates for Athletic Physicals
5. Dates for Re-qualification by School Nurse

This information is supplied to you so that you can guide your child in their assimilation into the high school program.

Sincerely,

Georgia D. McCarthy
District Director

Checklist prior to tryouts:

☐ Family Physician physical form or School Physician physical form (physcials are valid for 1 year)
☐ Health History Form completed and signed by parent/guardian
☐ Re-qualification by school nurse (must have physical form and signed health history form)
1. **HEALTH HISTORY FORM**
   This form is to be filled out and signed by the parent and brought with the student on the day of the school physical. **NO SCHOOL EXAM WILL BE DONE WITHOUT THIS COMPLETED FORM.**

2. **PRIVATE PHYSICAL FORM**
   You may choose to have a physical done by your family doctor. In that case, the enclosed form is to be given to the family doctor to fill out. The enclosed Health History and Private Physical forms should be returned to the Nurse’s Office at Huntington High School before or on the re-qualification dates listed below. Students may not participate without a physical examination, a completed/signed Health History form and a re-qualification by the school nurse.

3. **LISTING OF SPORTS/GRADES BY SEASON**

   **FALL SEASON**
   August 15 – November 9*
   Football

   August 27 – November 2*
   Boys & Girls Soccer Girls Tennis Boys Golf
   Field Hockey Boys & Girls Volleyball
   Girls Swimming Boys & Girls Cross Country

   **WINTER SEASON**
   November 14 – February 11*
   Boys & Girls Basketball Boys Swimming
   Boys & Girls Fencing Wrestling
   Boys & Girls Indoor Track

   **SPRING SEASON**
   March 4 – May 17*
   Baseball Boys & Girls Lacrosse
   Softball Boys & Girls Spring Track
   Boys Tennis Crew

   *These dates may change and do not include playoffs for the Varsity teams

4. **DATES FOR ATHLETIC PHYSICALS**
   If your child is not having a family physical, there will be two dates to have a school physical in for the 2012-13 school year.

   **HUNTINGTON H.S. NURSE’S OFFICE**
   Monday, June 11th @ 2:30 – 4:30 PM
   Monday, August 13th @ 8:00 – 10:00 AM
5. **DATES FOR RE-QUALIFICATION**

Your child must be re-qualified before each sport season by the school nurse. Bring in the physical from either the school physician or family physician and the completed and signed health history form.

**HUNTINGTON HIGH SCHOOL – Nurse’s Office**

**MONDAY, 8/13**
10:00 – 11:00am *** Football Players Only

**WEDNESDAY, 8/15**
7:00 – 8:00am *** Football Players Only
8:00 – 11:00am *** All Fall Athletes

**FRIDAY, 8/24**
8:00 – 11:00am *** All Fall Athletes

**MONDAY, 8/27**
7:00 – 10:00am *** All Fall Athletes

I STRONGLY URGE THAT YOUR CHILD HAVE A SCHOOL PHYSICAL IN JUNE

THESE FORMS ARE AVAILABLE ON THE WWW.HUFSD.EDU WEBSITE
CLICK ON ATHLETICS AND THEN ON FORMS & FILES