

# SCHOOL COUNSELING

## NEWSLETTER

### Important Dates:

**June 12<sup>th</sup>:** Last day of classes

**June 13<sup>th</sup>:** 4<sup>th</sup> Quarter Marking Period Ends

**June 13<sup>th</sup> - June 21<sup>st</sup>:** Final and Regents Exams

**June 21<sup>st</sup>:** FMS Moving Up Ceremony, 7pm @ HHS

**July 13<sup>th</sup> - August 15<sup>th</sup>:** Summer School at Stimson Middle School, 401 Oakwood Rd., Huntington  
*\*Students must register with their counselor!*

**July 17<sup>th</sup>:** Last Day to Register for Regents Review Classes and Regents Exams.

**August 4<sup>th</sup>- 15<sup>th</sup>:** Regents Review Classes.  
*\*Students must be preregistered.*

**August 16<sup>th</sup> – 17<sup>th</sup>:** Regents Exams Administered  
*\*Students must be preregistered.*

**August 30<sup>th</sup>:** 9<sup>th</sup> grade Orientation, 9:30-11:30am @ HHS

### Counseling Office Contacts:

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## Still wondering what to do for the summer?

If you don't have set plans for the summer yet, there are still plenty of options to beat the boredom. From field trips, workshops, traditional camps, to STEM programs- check out some great ideas that are still available below.

### PROJECT EXCEL SUMMER PROGRAM 2017

**FREE for residents of Huntington, Project Excel is offering a fun Summer Program for youth ages 11-16.** Topics include: Cooking, International Themes, Art, Science, Business Skills, Outdoor Skills, Field trips, and more!  
Tuesdays and Thursdays, July 6<sup>th</sup>-August 17<sup>th</sup>

Wednesday Field Trips (for a small fee), July 5<sup>th</sup>-August 23<sup>rd</sup>

Registration: Wed, June 14<sup>th</sup> 5pm-7pm

Huntington Youth Bureau

423 Park Avenue, 3<sup>rd</sup> Floor, Huntington

631-271-5499 [info@excel.hybydri.org](mailto:info@excel.hybydri.org)

### FUTURE STARS SUMMER CAMP AT FARMINGDALE STATE COLLEGE

**Farmingdale offers camps centered around Science, Technology, Engineering, Art, and Math (S.T.E.A.M.), as well as sports camps for students entering grades K-10.** S.T.E.A.M. Topics include: Lego Robotics, Video Game Design, LEGO stop motion animation, 3D Design and Printing, Coding Concepts, and more!

**Weekly sessions run from June 26<sup>th</sup>- August 18<sup>th</sup>, 9am-4pm**

For more information please visit:

[http://www.fscamps.com/programs/Farmingdale State College](http://www.fscamps.com/programs/Farmingdale%20State%20College)

2350 Broadhollow Rd., Farmingdale Phone: 631- 609-0438

### DIX HILLS ADVENTURE CAMP

**This full day camp offers swimming, ice skating, arts and crafts, sports, and group games for students entering grades 1-8.**

Weekly sessions run from June 26<sup>th</sup>- August 18<sup>th</sup>, 8:15am-3:45pm

Dix Hills Park, call for more information 631-462-5883.

## JOB TIPS

Sooner or later, you're going to realize that in order to land the right job, or any job there are some basic things you need to keep in mind. Read on for more information on how to land your next job:

**1/ Build a resume:** A resume should be one sheet of paper that paints a picture of who you are. To get started you can go on "Resume Builder" in a Word doc. Be sure to include:

- Your basic info: name, address, phone, email
- Education: the name and address of your high school, what grade you are in, and any specific courses
- Activities: clubs, sports, or any other extra-curricular activities
- Community service: include volunteer work in and out of school. Include your role and brief description of what you do.
- Work experience: any summer or school-year jobs
- Accolades: any academic or nonacademic awards or honors you've received

**2/ Interview tips:** This is what will help you also stand out from the crowd. On an interview be sure to *smile, give a firm handshake, and make plenty of direct eye contact.* Make sure you have *good posture*, which conveys confidence. Lastly, you can talk about previous experiences to show how you would be a good fit for the job.

**3/ Spread out a wide net:** In order to land a job, you need to be actively searching. Talk to your friends or teachers to get the word out that you are looking for a job. You can give out your resume to different businesses, and go door to door on a Saturday to fill out applications.

## Preparing for High School

Feeling anxious or excited about starting High School in the fall? Well don't worry because you are going to have a great time during these next four years of your life. Here are some tips to make sure you feel calm and prepared for your first few days of 9<sup>th</sup> grade:

**1/ Go to Orientation Day:** Tour the school and run through the potential routes you could take to get from class to class on your schedule.

**2/ Meet your teachers and School Counselor in advance:** Introduce yourself and let your counselor know if you have any specific concerns. They are here to help!

**3/ Look into the sports and clubs:** Check out the club fair, or see your counselor to find out which club or sports team might be a good fit. Especially if you've never thought about it before, now is the time to get involved! This is important for colleges, as well as making friends, and finding out more about your strengths and interests.

**4/ Smile and Be Open:** Remember, high school is a fresh start. The more open and friendly you are to others, the more friends you will make and the better time you will have over these next four years.

**5/ Ask Questions:** Ask an older sibling, relative, or friend about the high school and about any specific questions you have. Remember to stay POSITIVE and you will have the best four years of your life!

## CAREER DAY COMES TO FINLEY!

Finley Middle School had its first Career Fair on Friday, May 12<sup>th</sup>, bringing in guest professionals representing various careers in the Visual Arts, Music, Criminal Justice, and Education. Booths were set up for presenters outside the cafeteria and during lunch periods, Finley students were exposed to various vocational options as they learned what they can do now to prepare for their future. Both seventh and eighth graders filled out career checklists (that were later entered into a raffle), and had fun taking photos with friends in the Career Photo Booth. The Career Fair took place during lunch periods 4-7, and many took advantage of this wonderful opportunity as they thought in more depth about their future.

