

# Welcome to our Breakfast Cafe at...

Huntington Jack Abrams STEM

**January**  
2020

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**FUEL YOUR DAY  
THE RIGHT WAY.  
EAT A HEALTHY  
BREAKFAST!**



1  
**SCHOOL  
CLOSED  
TODAY**

2 Plain Donut ✓  
Mixed Fruit  
Fresh Apple

3 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Diced Pear Cup  
Fresh Orange

6 Whole Grain French Toast Slices  
*whole grain slices of French toast baked to perfection* ✓  
Mixed Fruit  
Fresh Apple

7 Fluffy Whole Grain Waffles  
*warm whole grain waffles* ✓  
Applesauce  
Fresh Orange

8 Fluffy Whole Grain Pancakes  
*warm whole grain pancakes* ✓  
Diced Pear Cup  
Fresh Apple

9 WG Chocolate Chip Muffin ✓  
Diced Peaches  
Fresh Grapes

10 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Applesauce  
Fresh Pear

13 Whole Grain French Toast Slices  
*whole grain slices of French toast baked to perfection* ✓  
Mixed Fruit  
Fresh Banana

14 Fluffy Whole Grain Waffles  
*warm whole grain waffles* ✓  
Fresh Apple

15 Fluffy Whole Grain Pancakes  
*warm whole grain pancakes* ✓  
Fresh Pear  
Diced Peaches

16 Plain Donut ✓  
Diced Pear Cup  
Fresh Apple

17 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Diced Peaches  
Fresh Pear

20  
**SCHOOL  
CLOSED  
TODAY**

21 Fluffy Whole Grain Waffles  
*warm whole grain waffles* ✓  
Mixed Fruit  
Fresh Banana

22 Fluffy Whole Grain Pancakes  
*warm whole grain pancakes* ✓  
Diced Peaches  
Fresh Pear

23 Whole Grain Chocolate Chip Muffin ✓  
Applesauce  
Fresh Orange

24 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Diced Peaches  
Fresh Banana

27 Whole Grain French Toast Slices  
*whole grain slices of French toast baked to perfection* ✓  
Mixed Fruit  
Fresh Apple

28 Fluffy Whole Grain Waffles  
*warm whole grain waffles* ✓  
Diced Pear Cup  
Fresh Orange

29 Fluffy Whole Grain Pancakes  
*warm whole grain pancakes* ✓  
Mixed Fruit  
Fresh Apple

30 Plain Donut ✓  
Applesauce  
Fresh Pear

31 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Diced Peaches  
Fresh Banana



Our Simply Rooted™ food philosophy and sustainability platform is based on delivering wholesome, all-natural meals to everyone's table, while giving back to the environment.

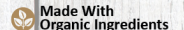
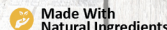
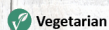


## Breakfast Prices

Regular: \$1.90  
All breakfast items are served with choice of fat free or low fat milk, assorted 100% fruit juice, and fresh and cupped fruits. Condiments

## Available Daily

Whole grain bagel w/ butter or low fat cream cheese  
Yogurt Parfait - Low Fat Vanilla Organic yogurt with Granola and Fruit  
4oz Strawberry Banana yogurt with Granola  
Assorted Reduced Sugar Whole Grain Cereals served with String Cheese.  
Cinnamon Toast Crunch, Coco Puffs, Fruit Loops, Trix, Cheerios,



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# Welcome to our Breakfast Cafe at...

Huntington Woodhull Intermediate

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Diced Pear Cup  
Fresh Orange

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*whole grain slices of French toast baked to perfection* ✓  
Mixed Fruit  
Fresh Apple

7 Fluffy Whole Grain Waffles  
*warm whole grain waffles* ✓  
Applesauce  
Fresh Orange

8 Fluffy Whole Grain Pancakes  
*warm whole grain pancakes* ✓  
Diced Pear Cup  
Fresh Apple

9 WG Chocolate Chip Muffin ✓  
Diced Peaches  
Fresh Grapes

10 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Applesauce  
Fresh Pear

13 Whole Grain French Toast Slices  
*whole grain slices of French toast baked to perfection* ✓  
Mixed Fruit  
Fresh Banana

14 Fluffy Whole Grain Waffles  
*warm whole grain waffles* ✓  
Fresh Apple

15 Fluffy Whole Grain Pancakes  
*warm whole grain pancakes* ✓  
Fresh Pear  
Diced Peaches

16 Plain Donut ✓  
Diced Pear Cup  
Fresh Apple

17 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Diced Peaches  
Fresh Pear

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*warm whole grain waffles* ✓  
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Fresh Banana

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*warm whole grain pancakes* ✓  
Diced Peaches  
Fresh Pear

23 Whole Grain Chocolate Chip Muffin ✓  
Applesauce  
Fresh Orange

24 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Diced Peaches  
Fresh Banana

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Fresh Apple

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*warm whole grain waffles* ✓  
Diced Pear Cup  
Fresh Orange

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*warm whole grain pancakes* ✓  
Mixed Fruit  
Fresh Apple

30 Plain Donut ✓  
Applesauce  
Fresh Pear

31 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Diced Peaches  
Fresh Banana



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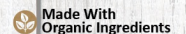
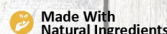


## Breakfast Prices

Regular: \$1.90  
All breakfast items are served with choice of fat free or low fat milk, assorted 100% fruit juice, and fresh and cupped fruits. Condiments

## Available Daily

- Whole grain bagel w/ butter or low fat cream cheese
- Yogurt Parfait - Low Fat Vanilla Organic yogurt with Granola and Fruit
- 4oz Strawberry Banana yogurt with Granola
- Assorted Reduced Sugar Whole Grain Cereals served with String Cheese.
- Cinnamon Toast Crunch, Coco Puffs, Fruit Loops, Trix, Cheerios,



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# Welcome to our Breakfast Cafe at...

# Huntington Primary

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**SCHOOL  
CLOSED  
TODAY**

2 Plain Donut   
Mixed Fruit  
Fresh Apple

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*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese*   
Diced Pear Cup  
Fresh Orange

6 Whole Grain French Toast Slices  
*whole grain slices of French toast baked to perfection*   
Mixed Fruit  
Fresh Apple

7 Fluffy Whole Grain Waffles  
*warm whole grain waffles*   
Applesauce  
Fresh Orange

8 Fluffy Whole Grain Pancakes  
*warm whole grain pancakes*   
Diced Pear Cup  
Fresh Apple

9 WG Chocolate Chip Muffin   
Diced Peaches  
Fresh Grapes

10 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese*   
Applesauce  
Fresh Pear

13 Whole Grain French Toast Slices  
*whole grain slices of French toast baked to perfection*   
Mixed Fruit  
Fresh Banana

14 Fluffy Whole Grain Waffles  
*warm whole grain waffles*   
Fresh Apple

15 Fluffy Whole Grain Pancakes  
*warm whole grain pancakes*   
Fresh Pear  
Diced Peaches

16 Plain Donut   
Diced Pear Cup  
Fresh Apple

17 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese*   
Diced Peaches  
Fresh Pear

20  
**SCHOOL  
CLOSED  
TODAY**

21 Fluffy Whole Grain Waffles  
*warm whole grain waffles*   
Mixed Fruit  
Fresh Banana

22 Fluffy Whole Grain Pancakes  
*warm whole grain pancakes*   
Diced Peaches  
Fresh Pear

23 Whole Grain Chocolate Chip Muffin   
Applesauce  
Fresh Orange

24 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese*   
Diced Peaches  
Fresh Banana

27 Whole Grain French Toast Slices  
*whole grain slices of French toast baked to perfection*   
Mixed Fruit  
Fresh Apple

28 Fluffy Whole Grain Waffles  
*warm whole grain waffles*   
Diced Pear Cup  
Fresh Orange

29 Fluffy Whole Grain Pancakes  
*warm whole grain pancakes*   
Mixed Fruit  
Fresh Apple

30 Plain Donut   
Applesauce  
Fresh Pear

31 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese*   
Diced Peaches  
Fresh Banana



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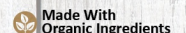
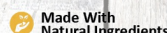


### Breakfast Prices

Regular: \$1.90  
All breakfast items are served with choice of fat free or low fat milk, assorted 100% fruit juice, and fresh and cupped fruits. Condiments

### Available Daily

- Whole grain bagel w/ butter or low fat cream cheese
- Yogurt Parfait - Low Fat Vanilla Organic yogurt with Granola and Fruit
- 4oz Strawberry Banana yogurt with Granola
- Assorted Reduced Sugar Whole Grain Cereals served with String Cheese.
- Cinnamon Toast Crunch, Coco Puffs, Fruit Loops, Trix, Cheerios,



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# Welcome to our Breakfast Cafe at...

## Huntington Flower Hill

# January 2020

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!**



1  
**SCHOOL CLOSED TODAY**

2  
Plain Donut ✓  
Mixed Fruit  
Fresh Apple

3  
Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Diced Pear Cup  
Fresh Orange

6  
Whole Grain French Toast Slices  
*whole grain slices of French toast baked to perfection* ✓  
Mixed Fruit  
Fresh Apple

7  
Fluffy Whole Grain Waffles  
*warm whole grain waffles* ✓  
Applesauce  
Fresh Orange

8  
Fluffy Whole Grain Pancakes  
*warm whole grain pancakes* ✓  
Diced Pear Cup  
Fresh Apple

9  
WG Chocolate Chip Muffin ✓  
Diced Peaches  
Fresh Grapes

10  
Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Applesauce  
Fresh Pear

13  
Whole Grain French Toast Slices  
*whole grain slices of French toast baked to perfection* ✓  
Mixed Fruit  
Fresh Banana

14  
Fluffy Whole Grain Waffles  
*warm whole grain waffles* ✓  
Fresh Apple

15  
Fluffy Whole Grain Pancakes  
*warm whole grain pancakes* ✓  
Fresh Pear  
Diced Peaches

16  
Plain Donut ✓  
Diced Pear Cup  
Fresh Apple

17  
Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Diced Peaches  
Fresh Pear

20  
**SCHOOL CLOSED TODAY**

21  
Fluffy Whole Grain Waffles  
*warm whole grain waffles* ✓  
Mixed Fruit  
Fresh Banana

22  
Fluffy Whole Grain Pancakes  
*warm whole grain pancakes* ✓  
Diced Peaches  
Fresh Pear

23  
Whole Grain Chocolate Chip Muffin ✓  
Applesauce  
Fresh Orange

24  
Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Diced Peaches  
Fresh Banana

27  
Whole Grain French Toast Slices  
*whole grain slices of French toast baked to perfection* ✓  
Mixed Fruit  
Fresh Apple

28  
Fluffy Whole Grain Waffles  
*warm whole grain waffles* ✓  
Diced Pear Cup  
Fresh Orange

29  
Fluffy Whole Grain Pancakes  
*warm whole grain pancakes* ✓  
Mixed Fruit  
Fresh Apple

30  
Plain Donut ✓  
Applesauce  
Fresh Pear

31  
Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Diced Peaches  
Fresh Banana



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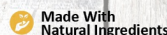
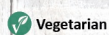


### Breakfast Prices

Regular: \$1.90  
All breakfast items are served with choice of fat free or low fat milk, assorted 100% fruit juice, and fresh and cupped fruits. Condiments

### Available Daily

- Whole grain bagel w/ butter or low fat cream cheese
- Yogurt Parfait - Low Fat Vanilla Organic yogurt with Granola and Fruit
- 4oz Strawberry Banana yogurt with Granola
- Assorted Reduced Sugar Whole Grain Cereals served with String Cheese.
- Cinnamon Toast Crunch, Coco Puffs, Fruit Loops, Trix, Cheerios,



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# Welcome to our Breakfast Cafe at...

## Huntington Jefferson

# January 2020

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**FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!**



1  
**SCHOOL CLOSED TODAY**

2 Plain Donut ✓  
Mixed Fruit  
Fresh Apple

3 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Diced Pear Cup  
Fresh Orange

6 Whole Grain French Toast Slices  
*whole grain slices of French toast baked to perfection* ✓  
Mixed Fruit  
Fresh Apple

7 Fluffy Whole Grain Waffles  
*warm whole grain waffles* ✓  
Applesauce  
Fresh Orange

8 Fluffy Whole Grain Pancakes  
*warm whole grain pancakes* ✓  
Diced Pear Cup  
Fresh Apple

9 WG Chocolate Chip Muffin ✓  
Diced Peaches  
Fresh Grapes

10 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Applesauce  
Fresh Pear

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*warm whole grain pancakes* ✓  
Fresh Pear  
Diced Peaches

16 Plain Donut ✓  
Diced Pear Cup  
Fresh Apple

17 Egg and Cheese Sandwich  
*warm breakfast sandwich prepared in-house and topped with fluffy eggs and melted cheese* ✓  
Diced Peaches  
Fresh Pear

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**SCHOOL CLOSED TODAY**

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*warm whole grain waffles* ✓  
Mixed Fruit  
Fresh Banana

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23 Whole Grain Chocolate Chip Muffin ✓  
Applesauce  
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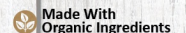
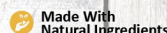


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# Welcome to our Breakfast Cafe at...

Huntington Washington

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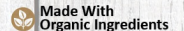
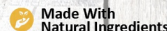
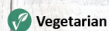
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