



School Lunch News

Did you know??

- **NEW FOOD ITEMS NOW AVAILABLE IN EVERY SCHOOL INCLUDE:**
Low-fat organic vanilla yogurt, granola parfaits and daily salad selections
- **ALL ITEMS ARE ANTIBIOTIC/HORMONE FREE, LOW-FAT AND LOW CALORIE WHERE POSSIBLE.** Canned fruit is packed in water not syrup. There is limited use of processed foods!
- **ALL MENUS ON THE DISTRICT WEBSITE ARE INTERACTIVE PDF FILES**
Clicking on any item will bring you to a nutritional calculator and ingredient list.
- **PARTICIPATION IN FARM TO TABLE PROGRAM**
Many of the fruits and vegetables used in our cafeterias come from local farmers when in season.
- **FOOD ALLERGIES**
Food allergy information can be linked to students' swipe card or food service account.

