

Welcome to our Lunch Cafe @

Huntington High School

April 2018

Monday

Tuesday

Wednesday

Thursday

Friday

SCHOOL CLOSED SPRING RECESS

2

9 Baked Chicken Tenders With Brown Rice Or Barbecue Rib Sandwich All With Sweet Corn Green Bean Salad Diced Pear Cup Fresh Apple

3

10 French Toast Slices With Turkey Sausage Patty Or Ham & Cheese Bagel Melt All With Crispy Tator Tots Glazed Carrots Cinnamon Applesauce

4

11 Stuffed Bread Sticks With Tomato Sauce And Pasta with Sauce Or Turkey Burger All With Mixed Vegetables Red Pepper Strips Mixed Fruit Fresh Pear

5

12 Roasted Turkey with Gravy Or BBQ Chicken All With Brown Rice Pilaf Baked Beans Fresh Cucumber Salad Diced Pear Cup Fresh Apple

6

Mozzarella Sticks With Tomato Sauce Dip And French Bread Or Veggie Burger All With Steamed Broccoli Fresh Baby Carrots Diced Peaches Fresh Apple

16 Crispy Popcorn Chicken With Brown Rice Or Blazin Buffalo Chicken Sliders All With Cucumber Coins Sweet Corn Diced Peaches Fresh Banana

17 Fluffy Waffles With Turkey Sausage Patty Or Buffalo Chicken, Egg & Cheese Sandwich All With Sweet Potato Fries Green Bean Salad Cinnamon Applesauce

18 Chicken Parmesan Over Pasta Or Turkey Burger All With Carrot Dippers Steamed Broccoli Diced Pear Cup Fresh Grapes

19 Or Peruvian Roasted Chicken Meatloaf with Gravy All With Whole Wheat Dinner Roll Pasta with Butter Baked Beans Mixed Fruit Fresh Pear

20 Mozzarella Sticks With Tomato Sauce And Garlic Bread Or Veggie Burger All With Steamed Broccoli Celery & Carrot Sticks w/ Low Fat Dressing Pear and Pineapple Cup Fresh Apple

23 Chicken and Waffles Or Philly Cheesesteak Wrap All With Sweet Corn Celery Mixed Fruit Fresh Banana

24 Ham & Cheese Bagel Melt Or Grilled Cheese Sandwich All With Glazed Carrots Fresh Cucumber Salad Diced Pear Cup Fresh Orange

25 Meatball Dunkers And Mozzarella Sticks With Tomato Sauce And Garlic Bread All With Baby Carrots Steamed Broccoli Applesauce Fresh Pear

26 Turkey Hot Dog on Bun Or Barbecue Rib Sandwich All With Crispy Tator Tots Baked Beans Green Bean Salad Mixed Fruit Fresh Apple

27 Pizza Bites Or Pizzadilla All With Side Salad Cauliflower Popcorn Pear and Pineapple Cup Fresh Grapes

30 Chicken Fajita Mac & Cheese Or Crispy Popcorn Chicken All With Whole Wheat Dinner Roll Sweet Corn Green Bean Salad Diced Peaches Fresh Apple



We proudly support clean, organic, local and sustainable agriculture.



- VEGETARIAN
- MADE WITH ORGANIC INGREDIENTS
- MADE WITH ALL NATURAL INGREDIENTS
- PORK
- VEGAN



SIMPLY ROOTED™ *in food and family*

We offer yogurt that is 100% all-natural or organic. Also, our hummus is organic and tahini-free. This is because we are Simply Rooted™ in food and family and we care about



our young customers. Our ingredients are locally sourced all natural, and organic or non-GMO, whenever possible.



Daily Lunch Offerings: Grab N Go Sandwiches; Jelly and Cheese Sticks, Cheese Sandwich Grab N Go Salads: Garden w/Cheese, Chef, or Chicken Caesar, all w/WG Bread Made to Order Sandwich/Salad: Ham, Turkey Chicken Patty, served in Salad Bowl or on WG Bread Daily Rubys Grill Choices: Veggie Burger, Hamburger,

Coyote Grill: Tacos, Nachos, Burritos with toppings
Pizza: WG, Cheese, Meat, Vegetable toppings
Yogurt Parfaits- made with ORGANIC Yogurt

All Meals served with Choice of:
Low Fat, Fat Free, or Fat Free flavored Milk, Fruit Choices, WG Bread, Protein, and Vegetable Choices/Side Green Salad/Condiments and L.F. Dressings
Lunch Prices;
\$2.90

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.