

# Welcome to our Lunch Cafe @

Huntington Primary School

**February**  
2017

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

6 Baked Chicken Nuggets  
Whole Wheat Dinner Roll  
Corn  
Green Bean Salad  
Mixed Fruit  
Banana

7 French Toast with Syrup ✓  
Pork Sausage Patty  
Cucumber Coins  
Glazed Carrots  
Cinnamon Applesauce  
Fresh Orange

8 Cheesy Stuffed Breadsticks with Marinara Sauce ✓  
Mixed Vegetables  
Celery Sticks w/ Ranch Dip  
Peach Cup  
Pear

9 BBQ Chicken  
WW Dinner Roll  
Baked Tater Tots  
Vegetarian Baked Beans  
Diced Peas  
Fresh Apple

10 Cheese Pizza ✓  
Garden Salad  
Broccoli  
Peach Cup

13 Popcorn Chicken  
WW Dinner Roll  
Corn  
Cucumber Coins  
Mixed Fruit  
Fresh Apple

14 Pasta with Beef Meatballs\*  
Garlic Bread  
Green Beans  
Sweet Red Pepper Strips  
Peach Cup  
Fresh Red Grapes

15 Mozzarella Sticks ✓  
French Bread  
Italian Cherry Tomato Salad  
Applesauce  
Banana

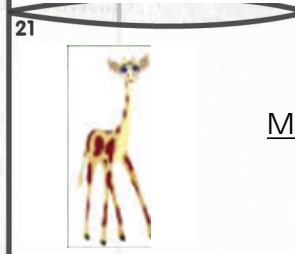
16 Grande Chicken & Cheese Quesadilla  
*fiesta chicken, shredded cheese and pico de gallo melted into a tortilla*  
Mild Salsa  
Pinto Beans  
Diced Peas  
Fresh Orange

17 Cheese Pizza ✓  
Garden Salad  
Steamed Broccoli  
Mixed Fruit  
Fresh Apple

Receive a bag of pretzel heartzels  
Happy Valentines Day



20 President's Day  
School Closed



22

23



MID WINTER RECESS SCHOOL CLOSED

27 Chicken Tenders  
Whole Wheat Dinner Roll  
Corn  
Diced Peaches  
Green Bean Salad  
Fresh Apple

28 Hot Dog  
Baked Tater Tots  
Carroteenies  
Diced Peaches  
Pear

**WHITSONS** School Nutrition  
*Produce of the Month*  
**Oranges**

We proudly support clean, organic, local and sustainable agriculture.

Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We've partnered with Bongards, a farmer owned coop with over a century of cheese making expertise, to bring you exceptional cheeses.

Visit us at [www.Whitsons.com](http://www.Whitsons.com) or follow the QR code to the right to learn more about the food we serve.



Breakfast \$1.75 Reduced .25  
Breakfast Includes  
Grain, Fruit/Juice and Milk Choice  
Cold Breakfast Daily  
Whole Grain Reduced Sugar Cereal with Graham Crackers  
Yogurt with Graham Crackers  
Whole Wheat Bagel with Butter  
Hot Breakfast Daily  
Monday Whole Grain French Toast  
Tuesday Whole Grain Pancakes  
Wednesday Whole Grain Waffles  
Thursday Warm Whole Grain Donut  
Friday Egg and Chees on a Whole Wheat Bun

Lunch \$2.50 Reduced .25 Second Entree \$2.50  
Milk .50 100% Juice .45  
Lunch Includes: Grain, Protein, Fresh Fruit/Juice, Vegetable and Low Fat or Fat Free Milk Choice  
Daily Menu Alternates:  
Peanut Butter and Jelly (where permitted) or Jelly Sandwich on Whole Wheat Bread with Cheese Stick  
American Cheese Sandwich on Whole Wheat Bread  
4oz Yogurt with Bagel and One Cheese Stick  
Whole Wheat Bagel with Two Cheese Sticks  
Garden Salad with Cheese/Chef Salad/ Chicken Caesar Salad  
All Salads Served with Dinner Rolls  
Sensible Snack Available Contain:  
Fat 7g or less, Sat Fat 2g or less, Sodium 360mg or less, Sugar 15g or less  
If you have any questions please call 631-673-2107

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.