

ADULT EDUCATION PROGRAM – SPRING 2020

Huntington High School – Huntington, New York
Resident HUFSD \$55 – Non-Resident \$65 – Resident Senior Citizen \$15

Name

School District

AddressTown:.....Phone No.

E-Mail

Course Day Fee

REGISTRATION MAIL-IN FORM

Fill out the adjoining registration form. Use photocopy or separate sheet for each additional course.

Make checks payable to HUFSD.

Do not include extra class fees for books or materials.

Mail along with **separate checks for each course to:**

Adult Education, HUFSD, Box 1500
Huntington, NY 11743

Checks must be received prior to the first class.

ONLINE PAYMENT

Link - <http://www.TurboRoster.com>

LINK - Please enter this link into the address bar on any internet page. It will ask you to log in or sign up for TurboRoster. Please sign up for TurboRoster and create a profile by filling out the information requested. Then complete, **Class Selection, Forms that Need** to be filled out, and credit card information or check request. If you need any support, please email help@turboroster.com



Non-Profit Org.
U.S. Postage
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Permit No. 108
Huntington, N.Y.

ADULT EDUCATION

Huntington Union Free School District
P.O. Box 1500
Huntington, New York 11743

SPRING 2020

POSTAL PATRON

Dated Material

ADULT EDUCATION PROGRAM

Sponsored By
HUNTINGTON UNION FREE SCHOOL DISTRICT

Education continues throughout one's lifetime. Our Adult Education Program offers a wide variety of courses to serve the needs of life-long learners. Come and enjoy our many offerings!

REGISTRATION INFORMATION:

MAIL-IN: MUST BE RECEIVED PRIOR TO FIRST CLASS
IN-PERSON: 6:00-9:00 P.M. ON **Wednesday, February 5, 2020**
HUNTINGTON HIGH SCHOOL LOBBY

Mr. James W. Polansky, Superintendent • **Mrs. Beth McCoy**, Director

BOARD OF EDUCATION

Jennifer Hebert, President • Christine Biernacki, Vice President
Lynda Tine-D'Anna • Tom DiGiacomo • William Dwyer • Michele Kustera • Xavier Palacios

ADULT EDUCATION OFFICE HUNTINGTON HIGH SCHOOL

Tel. 631-812-2380 Monday-Thursday Evening 6:00-9:00 PM
During each Semester Session
Or E-mail Adulted@hufsd.edu

THE ADULT EDUCATION PROGRAM AS DESCRIBED IN THIS BROCHURE IS FINANCIALLY SELF-SUSTAINING. VISITORS OR SPECTATORS ARE NOT PERMITTED IN CLASS.

REMINDER: BEFORE REGISTERING FOR ANY EXERCISE CLASS PLEASE CONSULT YOUR PHYSICIAN.

REGISTRATION PROCEDURE

BY MAIL. All courses may be registered by mail and will be filled in the order that forms and checks are received. Mail-in registration must arrive prior to the first class. **NOTE: UNLESS YOU ARE NOTIFIED OTHERWISE, YOU ARE TO ASSUME THAT YOU ARE REGISTERED AND THAT YOU ARE TO COME TO THE FIRST CLASS MEETING. NO LETTERS OF ACCEPTANCE WILL BE SENT.**

IN PERSON. Register for all classes **Wednesday, February 5, 2020** from 6:00-9:00 p.m. (**Inclement weather February 12, 2020**), in the lobby of Huntington High School, McKay and Oakwood Roads, Huntington.

ON-LINE. You may register on-line at TURBOROSTER.com (see front of brochure for instructions)

FEES: \$55.00 for District residents
\$15.00 for Senior Citizen residents
\$65.00 for all Non-residents,

except where indicated otherwise in the course description.

Fees may be paid by cash or **check made payable to HUFSD**. Separate checks should be made out for each course. **DO NOT INCLUDE FEES FOR BOOKS OR MATERIALS;** these will be collected during class.

CLASS LOCATION: All classes meet in Huntington High School unless otherwise noted. Classes run for eight (8) weeks unless otherwise indicated.

SENIOR CITIZENS. The Board of Education cordially invites HUFSD residents 60 years of age and over to attend adult education courses for a fee of \$15.00 (except those classes marked **limited or no senior discount**). There are no senior citizen discounts on seminars. Textbooks or special costs must be paid. **ID required the first night of class.**

REFUNDS. If the course for which you registered does not get the required minimum of 10 enrollees, it may be cancelled and you will be notified by phone when possible. Your refund will be mailed from the School Board Office. **ALLOW EIGHT (8) WEEKS. NO REFUNDS WILL BE MADE AFTER YOU REGISTER UNLESS THE COURSE IS CANCELLED.**

The evening program is conducted primarily for adults not attending school. However, the Board of Education invites persons over 16 years old to register and attend adult education classes, where room is available, on payment of standard fees. Exceptions are Basketball and where otherwise indicated.

CALENDAR SPRING 2020

CLASSES RUN FOR EIGHT WEEKS UNLESS INDICATED OTHERWISE.

*R = REGISTRATION () = HOLIDAY/SCHOOL CLOSED **CB = CLASSES BEGIN *** = INCLEMENT WEATHER REGISTRATION DATE

FEBRUARY				MARCH				APRIL				MAY			
M	T	W	TH	M	T	W	TH	M	T	W	TH	M	T	W	TH
3	4	5*R	6	2	3	4	5			1	2	4	5	6	7
10	11	12	13	9	10	11	12	6	7	8	(9)	11	12	13	14
17	18	19	20	16	17	18	19	(13)	(14)	(15)	(16)	18	19	20	21
24**CB	25**CB	26**CB	27**CB	23	24	25	26	20	21	22	23	(25)	26	27	28
				30	31			27	28	29	30				

WHEN HUNTINGTON UNION FREE SCHOOL DISTRICT SCHOOLS ARE CLOSED DUE TO INCLEMENT WEATHER OR OTHER REASONS, ADULT CLASSES WILL NOT MEET.

MONDAY

FUN WITH WATERCOLORS

Room 108

NO SENIOR CITIZEN DISCOUNT

Learn the basics of watercolor, including color mixing, layering and dry brush techniques. Get to know the best material to use for the most successful results. You will gain confidence in applying graded washes and detail to create a finished painting! Some drawing skills helpful but not necessary. For beginner through intermediate. We will work from photos for reference.

Materials needed - **Tube Watercolor Paints:**

(Winsor & Newton recommended, not Cotman)

Cadmium Yellow

French Ultramarine Blue

Scarlet Lake

Permanent Rose

Cadmium Lemon

Alizarin Crimson

Sap Green

Hot Press White watercolor paper (140 lbs. weight)

Small mixing palette

1 HB pencil

1 4B pencil

Kneaded eraser

Tracing paper

Artist tape

Clear gridded ruler

Foam core board (Dollar Tree)

Watercolor Brushes:

1 Round #4 brush – preferably natural hair – one really good brush will last a long time! (I recommend Winsor & Newton Series 7 Kolinsky Sable 4 Round)

1 cheap synthetic brush for mixing

COOKING: PLANT-BASED RECIPES for OPTIMAL HEALTH

Finley Middle School, Room 207

Laura Liepa

6:00-9:00

Are you interested in including more plant-based dishes into your diet, but are unsure how to begin? This class will teach you how to prepare simple plant-based meals and dishes as well as principles behind meal planning and vegan cooking.

Material fee of \$25 collected at the first class.

AMERICAN INDIAN TRIBES

AS DIVERSE AS EUROPEAN NATION

Room 125

7:00-9:00

Native Americans are diverse by community, land, and culture. Explore the diversity of tribes in the geographic regions of the United States. The instructor will share experiences with American Indian people and distribute relevant handouts. Class members will be encouraged to share their experiences – study, travel, and reading.

Chet Lukaszewski

CROCHETING

High School Library

Kelly Hatzmann

7:00-9:00

For those who crochet at any level and are looking to learn the basics, review, or improve techniques. Participants are encouraged to bring in projects (and any materials needed) that they are interested in or are working on currently.

14 Maximum

POWERPOINT:

PRESENTATION MAKEOVERS

Room 251

Christina Mercier-EI Sakka

6:30-8:30

FEE \$67 Resident / \$77 Non-Resident

NO SENIOR CITIZEN DISCOUNT

If you have the basic skills for a simple PPT presentation but want to make it more professional looking, this course will show you how. Learn how to work with templates and master slides, insert graphics and make bullets work. Bring your own presentation and we will step it up a level with “makeovers.”

STREET LAW

Room 124

TBA

7:00-9:00

This class will provide an understanding of the law and legal issues regarding people, government, law and community in America. Students will develop a practical understanding of the U.S. legal system. **There will be a workbook fee, which will be discussed at the first class.**

SPANISH – BEGINNER

Room 126

Francesco Frasca

7:00-9:00

Some of us are fortunate to be able to learn a new language by living in another country, but most of us are not. In this class, you will begin learning the language and become acquainted with a foreign culture. At the beginning, emphasis will be on pronunciation, and we will use cognates and vocabulary.

SOCCER CO-ED (Indoor)

Huntington High Gym

Kieran Mock

8:30-10:00

(10 SESSIONS) Sharpen and develop your soccer skills as you join us for indoor soccer. This fast-paced, high-energy game will keep you running. Shin guards are required and a water bottle is recommended. **Minimum 10**

TUESDAY

STRETCH AND TONE WITH ESSETRICS

Jefferson School Gym

Martine Resta

6:00-7:00

NO SENIOR CITIZEN DISCOUNT

Created by Miranda Esmonde-White (best-selling author of “Forever Painless” and “Aging Backwards” and as seen on PBS) Essentrics® is a unique fitness program that changes the shape of your body through a dynamic and fluid combination of stretching and strengthening. Scientifically designed to work through the muscle chains, this workout will loosen joints and rebalance the entire body while developing lean, strong muscles. Essentrics® is low impact and effective for injury prevention and recovery, pain and stress relief. It will leave you feeling great! Designed for all ages. Bring a mat.

Classes are 3/3, 3/17, 3/24, 3/31, 4/7, 4/21, 4/28 and 5/5.

HATHA YOGA

Southdown Gym

Linda Kundla

7:00-8:30

NO SENIOR CITIZEN DISCOUNT

Hatha yoga for beginners or students who wish to improve their yoga skills. We will be stressing body alignment and balance. Yoga will bring you peace and tranquility and greatly improve your flexibility and balance. **Must bring a yoga mat and 2 blocks and at least 2 blankets. Students should wear comfortable clothing. Classes start 3/10.**

BRIDGE

High School Library

Susan Bloom

7:00-9:00

One of the best ways to keep your mind sharp would be to learn Bridge. A fun and challenging game, which can be played at any level whether you are at a bridge club, playing online, or in your own kitchen. If you're a complete novice or have some experience, we will start with basics and learn to play a hand. Bring a friend or your spouse and get started.

PICKLEBALL – BEGINNERS/ADVANCED BEGINNERS

Room TBD

Pat Cunningham

6:00-7:30

Come learn the hottest new game sweeping the country. Pickleball is a combination of tennis, Ping-Pong, racquetball and badminton. The game is played on a badminton size court with lightweight paddles and plastic perforated balls. Please bring your own paddle. **MAXIMUM 20.** Classes are **2/25, 3/10, 3/17, 3/24, 3/31 4/7, 4/21, 4/28.**

SPANISH – INTERMEDIATE/ADVANCED

Room 126

Francesco Frasca

7:00-9:00

“To Be Or To Be” (Ser o Estar) that is the question. This course is for those with a basic knowledge of Spanish. There will be an emphasis on grammar, which will be easy but not tedious. We will practice pronunciation and learn phrases and conversation needed in everyday life.

**INTRODUCTION TO COMPUTERS
USING MICROSOFT OFFICE**
High School Library Computer Room
FEE \$67 Resident / \$77 Non-Resident
LIMITED – NO SENIOR CITIZEN DISCOUNT

Richard Gress
7:30-9:30

The goal of this course is for the student to become a confident computer user. The course uses the popular Microsoft Office applications Word and Excel. You will learn to create business letters and other documents in Word. Word topics include document formatting, creating tables and effective printing of your documents. Excel spreadsheet creation for information storing is detailed. Participants will learn to use formulas and functions to create budgets and other financial tools.

WEDNESDAY

BELLY DANCE
Jefferson Gym

Lori Smith
7:30-8:30

This fun fitness program is a full body workout and is beneficial to all age groups and body types. The program is an introduction to basic principles of belly dancing. You will learn various groups of movements that will help improve concentration, posture, muscle control, flexibility and balance all while strengthening your core. Let's get started by slimming your hips, defining your waist, increasing upper body strength and burning calories while dancing to exotic music and high-energy drum solos. Wondering what to wear to a belly dance class? Yoga pants, tank tops or T-shirts will work just fine as we tighten, tone, shimmy and shake together.

ITALIAN- BEGINNER
Room 126

Francesco Frasca
7:00-9:00

This course will introduce you to the basic principles of Italian focusing on pronunciation, reading and writing. This will help you develop a useful vocabulary for business, travel or personal enrichment. Through class participation and independent study, you will acquire a fundamental level of comprehension.

**FRENCH –
BEGINNER/BEGINNER PLUS**
Room 124

Christina Mercier-EI Sakka
6:30-8:30

This class is for the beginner student as well as those who have taken beginner French and want to continue on a beginner level. Basic grammar and extensive vocabulary will be stressed. An elementary level of conversation will be taught, focusing on "functions", introducing oneself, greetings, asking for directions, ordering in a restaurant and other basics for French travel.

KNITTING

1st Fl. Faculty Dining Rm.

Martha Reilly
6:30-8:30

This class is open to current knitters or people with previous knitting experience. Come join this lively knitting group to gain more experience and knitting ideas. Knitters should bring projects they are working on. Bonus projects will be discussed at the first meeting.

US CITIZENSHIP TEST PREPARATION
Room 123

John Vicari
7:00-9:00

This course will prepare you to take the U.S. Citizenship test. This course will cover topics such as civics, U.S. government, history, geography, reading and writing. We will also cover tips on how to study for the test and how to prepare yourself for the test.

E.S.L. (ENGLISH AS A SECOND LANGUAGE)

For Parents of Enrolled ELL Students
Room 204

Chet Lukaszewski
7:00-9:00

This is a beginner class to learn to speak English. It is only for parents of ELL students enrolled in this school district. There is no fee for this class.

***Esta es una clase de participantes para aprender a hablar Inglés. Es sólo para los padres de estudiantes ELL inscritos en este distrito escolar. Hay cuota para esta clase.**

MICROSOFT OFFICE ADVANCED
High School Library Computer Room
FEE \$67 Resident / \$77 Non-Resident
NO SENIOR CITIZEN DISCOUNT

Richard Gress
7:30-9:30

Would you like to learn more about the popular Microsoft Office applications Word, Excel and PowerPoint? Then this is the class for you. Participants should have basic knowledge, so students can immediately dig into advanced Word concepts like mail merge, tables for newsletters, and advanced formatting. Excel students will work with practical examples like budgets, financial data, lists, and checkbook registers. Advanced Excel concepts will include filtering, sorting and printing spreadsheet data. PowerPoint users will learn to create, edit and animate information for effective presentations.

TAI CHI CHI KUNG
Jefferson Cafeteria

Richard Wos
7:00-8:30

NO SENIOR CITIZEN DISCOUNT (8 SESSIONS)

Tai Chi is an ancient Chinese self-healing exercise. The therapeutic value of Tai Chi has been acknowledged in China for thousands of years and Tai Chi is the most popular health exercise in China today. The movements enable the body to relax and let gravity melt away tension blocks. It is one of the safest exercise methods known. The way we live determines the amount of tension and nervousness we accumulate in our bodies. Most of us live in an unhealthy environment in which there is too little exercise, poor eating habits, and conditions that create emotional tension. The primary purpose of Tai Chi is to help let go of physical and emotional tension.

BASKETBALL FOR MEN
High School Gym

David Bruckart
8:30-10:30

(10 SESSIONS) Choose sides and play full or half court games in our gym. For men over 21 years. **MINIMUM 20**

THURSDAY

ZUMBA GOLD
Woodhull Gym

Janeen Wasoski
6:00-7:00

NO SENIOR CITIZEN DISCOUNT

Zumba Gold brings Latin and international dance rhythms created in the original Zumba, and brings them to the active older adult, the beginner participant, and other special populations that may need modifications for success. It is fun, different, easy and effective. It's great for the mind, body and soul of the active older adult population. Students should bring a water bottle and a towel.

COOKING

Finley School, Room 207

John King
7:00-9:00

FEE: \$50 Resident / \$60 Non-Resident (6 SESSIONS)

***Material fee for the 6 classes: \$60 collected at first class.**

Join us once a week for 6 weeks of cooking classes. Demonstration classes will show you how to make fresh pasta dough, homemade soups, vegetarian dishes, appetizers and more. Learn to make traditional holiday dishes, small plates and desserts. We use the freshest ingredients to make some favorite dishes, and even some new ideas. Always a fun class, so join us on Thursday nights, you won't be disappointed! Class is **3/19, 3/26, 4/2, 4/23, 4/30, 5/7.**

FRENCH – INTERMEDIATE
Room 125

Christina Mercier-EI Sakka
6:30-8:30

These classes are for those that have mastered the beginner level of French and are ready to move on. It will provide a continuation of the French language including grammar, vocabulary, as well as conversation.

ITALIAN – INTERMEDIATE
Room 126

Francesco Frasca
7:00-9:00

This class is for those students who have a basic knowledge of Italian. More advanced vocabulary and sentence structure will be taught. We will concentrate on pronunciation and conversation. Students are encouraged to participate in class and speak to each other about daily life in Italian.

INTRODUCTION to CERAMICS**Room 107****Devin Auricchio****6:30-8:30**

Students will use kiln-fired clay to explore hand-building techniques and will make use of the pottery wheel. Pinch, coil, slab and slip, and scoring processes will be introduced and will enable students to pursue a variety of individual paths of creativity. Projects may include making bowls, vases, flowerpots, boxes and sculptural pieces in which self-expression and individuality will be encouraged. Students will also have the opportunity to apply surface designs and paint/glaze their finished pieces. **Participants should purchase clay tools: a wooden knife, cutting wire, sponge, pin tool (or kit) and plastic container, prior to the first class. Clay, glaze etc. are provided. Additionally, a materials fee of \$25.00 is payable at the first class for the provided materials.**

HISTORY OF THE US**Room 125****John Vicari****7:00-9:00**

This class will discuss the United States from the Colonial Period to the end of the Civil War. Topics include the development of the Colonies, their interaction with Native Americans, the revolution of the Colonies, the establishment of the Constitution, westward expansion, cultural development, early reform movements, slavery and the Civil War.

ECONOMICS**Room 123****TBD****7:00-9:00**

This economics class will cover basic economic theory and practice. There will be a workbook fee, which will be discussed at the first class.

TAI CHI CHI KUNG**High School Library****Dr. Michael Posner****7:00-8:30****FEE: \$55 Resident / \$65 Non-Resident****NO SENIOR CITIZEN DISCOUNT**

Imagine discovering 3 ancient self-healing secrets that can restore and maintain your health, slow down the aging process and prevent potential life-threatening diseases. Learn the Inner structure of Tai Chi and Chi Kung postures, specialized breathing techniques and self-healing meditations. With 45 years of experience, Dr. Posner devised ways so that you can implement these techniques into your daily routine so that you can transform your stress and pain into vitality in the moment. This class introduces you to the "Inner Structure" of Tai Chi and more.

PHOTOGRAPHY LESSONS**Room 124****Robert Mayer****7:30-9:30**

This Photography class is for Beginner to Advanced and all levels in between if you have a strong passion for Photography and the desire to learn. **Camera requirements:** Point and shoot, DSLR or any other format camera will do. This class will cover the following basic photographic skills:
*On the artistic level: elements like Light, Exposure, Exposure Compensation, Composition, Depth of Field, Leading Lines and more.

*On the technical level: elements like ISO, Shutter Speed, Aperture, Selective Focus, Bokeh, Manual Focusing, Histogram and more.

*Types of photography covered: Landscape, Portraiture (adults and children), Wildlife and Sports.

HOW TO WORK WITH GOOGLE DRIVE**Room 251****Richard Gress****7:30-9:30****FEE: \$30 Resident / \$40 Non-Resident (4 SESSIONS)**

Google Drive is the new way to create and reference your documents in the cloud. Learn how to use Google Docs, Sheets and Slides as an internet-based alternative to Microsoft Office.

4 Sessions: Classes are **3/5, 3/12, 3/19, 3/26****SPRING COURSES 2020**

American Indian Tribe	Mon.
Basketball for Men.....	Wed.
Belly Dance	Wed.
Bridge Beginner/Advanced.....	Tues.
Ceramics	Thurs.
Cooking	Thurs.
Crochet.....	Mon.
Economics	Thurs.
ESL for Parents of ELL Students.....	Wed.
French – Beginner.....	Wed.
French- Intermediate.....	Thurs.
Hatha Yoga	Tues.
How to Work with Google Drive	Thurs.
History of the US.....	Thurs.
Introduction to Computers-Using Microsoft Office	Tues.
Italian – Beginner	Wed.
Italian- Intermediate/Advanced.....	Thurs.
Knitting.....	Wed.
Microsoft Office Advanced	Wed.
Photography	Thurs.
Pickleball	Tues.
Plant Based Recipes for Optimal Health.....	Mon.
PowerPoint	Mon.
Preparation for Citizenship.....	Wed.
Soccer - (Indoor)	Mon.
Spanish – Beginner.....	Mon.
Spanish – Intermediate/Advanced	Tues.
Street Law	Mon.
Stretch and Tone with Essentrics.....	Tues.
Tai Chi Chi Kung	Wed.
Tai Chi Chi Kung.....	Thurs.
Watercolor	Mon.
Zumba Gold.....	Thurs.

SEMINARS/FOOD FOR THOUGHT

- Friends & Families CPR and First Aid for Children
- Grandparents Guide to Financial Planning
- How to Excel in Interviews
- It's Not What You Say – It's How You Say It
- Navigating Medicare
- Retirement On Your Terms

SEMINARS / FOOD FOR THOUGHT

PLEASE NOTE: SENIOR CITIZEN DISCOUNTS DO NOT APPLY TO SEMINARS

SOCIAL SECURITY PLANNING Bud Levy, CFP, CPA, MBA
WHAT EVERYONE NEEDS TO KNOW
(especially Boomers)
Room 110

7:00-9:00

FEE: \$10 per person / \$15 per couple

For years, we are told that Social Security is "going broke." Baby boomers are realizing that it will soon be their turn to collect. The decision you make now can have a tremendous impact on the total amount of benefits you stand to receive over your lifetime. This information workshop not only covers the basics but also reveals little known strategies for maximizing your benefits. You will learn the five factors to consider in deciding when to apply for benefits, when it makes sense to delay benefits, how to integrate benefits with other retirement income sources and how to coordinate benefits with your spouse to maximize the total drawdown from Social Security. Each attendee will receive a free copy of the Baby Boomer's Guide to Social Security, which summarizes key retirement benefit provision. **Seminar is on 3/5.**

FRIENDS and FAMILIES
CPR and FIRST AID FOR CHILDREN
Room 114

Olena Kropp
6:30-10:00

FEE: \$25 Resident / \$30 Non-Resident

This seminar is designed for parents, grandparents and babysitters who want to learn lifesaving skills. This is non-credential CPR for adults, children and infants. You will learn how to check for injuries and illness, as well as how to respond when a child is having seizures, is in shock or other medical emergencies. There will be a **materials fee of \$20** payable to the instructor, Olena Kropp, on the night of the class.

MAXIMUM 12. Seminar is on 3/24.

HOW TO EXCEL IN INTERVIEWS
Room 109

Joe Fallarino
7:00-9:30

FEE: \$10 Resident / \$15 Non- Resident

Let's face it, you can be good at what you do, but if you're weak at selling yourself, you won't impress anyone, and you won't land the job you want. During this seminar, you will learn how to: 1) Sell yourself with confidence and poise 2) Move beyond superficial interview answers 3) Know how to articulate your value and 4) Stand out as the best candidate for the job. **Seminar is on 3/18.**

IT'S NOT WHAT YOU SAY-IT'S HOW YOU SAY IT Joe Fallarino
Room 109

7:00-9:30

FEE: \$10 Resident / \$15 Non- Resident

Why do some speakers succeed while many bore their listeners? In this seminar, you will learn ready-to-use strategies for any speaking engagement including speeches, sales presentations, job interviews, making a toast, eulogies and much more. This seminar will help you say it better whether you are talking to one person or one thousand and you'll gain the confidence from knowing you can get your message across in powerful and dynamic ways. **Seminar is on 3/25.**

GRANDPARENTS GUIDE TO
FINANCIAL PLANNING
Room 110

Bud Levy, CFP, CPA, MBA
7:00-9:00

FEE: \$10 per person / \$15 per couple

Grandparents can have a major impact on their grandchildren and, with the proper tools and guidance, help them build a solid financial foundation. It's not all about monetary gifts. In this workshop, you will learn how to impart key financial lessons to your grandchildren in a way that inspires them and makes a lasting impression. College costs are skyrocketing. You will learn creative ways for grandparents to help and why, in many cases, it is a big mistake for grandparents to use the popular 529 College Savings plans. When it comes to legacy planning, grandchildren often are shortchanged. We expect the children's inheritance to filter down to the grandchildren but divorce, death, lawsuits, and poor financial decisions mean the grandchildren often end up with very little or nothing. This program highlights the best ways to avoid these pitfalls and protect the grandchildren. **Seminar is on 3/12.**

NAVIGATING THE MEDICARE LANDSCAPE Gwen Busterna
Room 110

7:00-8:00

FEE: \$10 Resident / \$15 Non-Resident

Exciting new changes to Medicare for 2020, and how they will benefit you! Gain understanding of your Part D Prescription Drug Plan & Deductible, and the smart ways to reduce your prescription drug costs. Learn about new programs for Medicare/Medicaid Recipients. Learn the differences of a Supplemental Plan vs. an Advantage Plan. Make sure you are getting the appropriate coverage and all discounts you are entitled to benefit from. **Seminar is on 3/23.**

RETIREMENT

ON YOUR TERMS
Room 110

Jeff Seitz, CFP, CRPS, CIMA, MBA
7:00-9:00

FEE: \$10 Resident / \$15 Non-Resident

During this workshop, you'll learn actionable strategies that help you:

- Live the life you want today –and in the future – by understanding the basics of developing a smart financial and investment plan.
- Identify risks that could throw your retirement plans off and track solutions that can help you earn.
- Create a meaningful legacy today and for when you are gone.

Choose seminar on either 2/26 or 3/11.

EXPANDED HORIZONS

WESTERN SUFFOLK BOCES - SUFFOLK COUNTY

SPECIAL OCCUPATIONAL TRAINING COURSES: FOR INFORMATION CALL 667-6000 x327.

REGISTRATION WILL BE AT BOCES OR ON THE FIRST NIGHT OF CLASS. ENROLLMENT IS ON A FIRST COME, FIRST SERVED BASIS, SPACE IS LIMITED, REGISTER EARLY.

Students will work at their own level and their own pace with individualized instruction.

ADULT BASIC EDUCATION (G.E.D.)
Huntington High School, Room 206
FEE \$25.00

Tues. & Thurs.
6:30-9:30

If you do not have a high school diploma, this is your opportunity to get assistance in reading, math, general basic skills or career information. This course will prepare you to take the New York State High School Equivalency Exam (G.E.D.).

E.S.L. (ENGLISH AS A SECOND LANGUAGE)

Huntington High School, Room 204
FEE \$25.00

Tues. & Thurs.
6:30-9:30