

ADULT EDUCATION PROGRAM – FALL 2019

Huntington High School – Huntington, New York
Resident HUFSD \$55 – Non-Resident \$65 – Resident Senior Citizen \$15

Name

School District

AddressTown:.....Phone No.

E-Mail

Course Day Fee

REGISTRATION MAIL-IN FORM

Fill out the adjoining registration form. Use photocopy or separate sheet for each additional course.

Make checks payable to HUFSD.

Do not include extra class fees for books or materials.

Mail along with **separate checks for each course to:**

Adult Education, HUFSD, Box 1500
Huntington, NY 11743

Checks must be received prior to the first class.

ONLINE PAYMENT

Link - <http://www.TurboRoster.com>

LINK - Please enter this link into the address bar on any internet page. It will ask you to log in or sign up for TurboRoster. Please sign up for TurboRoster and create a profile by filling out the information requested. Then complete, Class Selection, Forms that Need to be filled out, and credit card information or check request. If you need any support, please email help@turboroster.com



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U.S. Postage
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Permit No. 108
Huntington, N.Y.

ADULT EDUCATION

Huntington Union Free School District
P.O. Box 1500
Huntington, New York 11743

FALL 2019

POSTAL PATRON

Dated Material

ADULT EDUCATION PROGRAM

Sponsored By
HUNTINGTON UNION FREE SCHOOL DISTRICT

Education continues throughout one's lifetime. Our Adult Education Program offers a wide variety of courses to serve the needs of life-long learners. Come and enjoy our many offerings!

REGISTRATION INFORMATION:

MAIL-IN: MUST BE RECEIVED PRIOR TO FIRST CLASS
IN-PERSON: 6:00-9:00 P.M. ON **Wednesday, September 11, 2019**
HUNTINGTON HIGH SCHOOL LOBBY

Mr. James W. Polansky, Superintendent • **Mrs. Beth McCoy**, Director

BOARD OF EDUCATION

Jennifer Hebert, President • Christine Biernacki, Vice President
Lynda Tine-D'Anna • Tom DiGiacomo • William Dwyer • Michele Kustera • Xavier Palacios

ADULT EDUCATION OFFICE HUNTINGTON HIGH SCHOOL

Tel. 631-812-2380 Monday-Thursday Evening
During each Semester Session
Or E-mail Adulted@hufsd.edu

THE ADULT EDUCATION PROGRAM AS DESCRIBED IN THIS BROCHURE IS FINANCIALLY SELF-SUSTAINING. VISITORS OR SPECTATORS ARE NOT PERMITTED IN CLASS.

REMINDER: BEFORE REGISTERING FOR ANY EXERCISE CLASS PLEASE CONSULT YOUR PHYSICIAN.

REGISTRATION PROCEDURE

BY MAIL. All courses may be registered by mail and will be filled in order that forms and checks are received. Mail-in registration must arrive prior to the first class. **NOTE: UNLESS YOU ARE NOTIFIED OTHERWISE, YOU ARE TO ASSUME THAT YOU ARE REGISTERED AND THAT YOU ARE TO COME TO THE FIRST CLASS MEETING. NO LETTERS OF ACCEPTANCE WILL BE SENT.**

IN PERSON. Register for all classes **Wednesday, September 11, 2019** from 6:00-9:00 p.m., in the lobby of Huntington High School, McKay and Oakwood Roads, Huntington.

ON-LINE. You may register on-line at TURBOROSTER.com (see front of brochure for instructions)

FEES: \$55.00 for District residents
\$15.00 for Senior Citizen residents
\$65.00 for all Non-residents,

except where indicated otherwise in the course description.

Fees may be paid by cash or **check made payable to HUFSD**. Separate checks should be made out for each course. **DO NOT INCLUDE FEES FOR BOOKS OR MATERIALS;** these will be collected during class.

CLASS LOCATION: All classes meet in Huntington High School unless otherwise noted. Classes run for eight (8) weeks unless otherwise indicated.

SENIOR CITIZENS. The Board of Education cordially invites HUFSD residents 60 years of age and over to attend adult education courses for a fee of \$15.00(except those classes marked **limited or no senior discount**). There are no senior citizen discounts on seminars. Textbooks or special costs must be paid. **ID required the first night of class.**

REFUNDS. If the course for which you registered does not get the required minimum of 10 enrollees, it may be cancelled and you will be notified by phone when possible. Your refund will be mailed from the School Board Office. **ALLOW EIGHT (8) WEEKS. NO REFUNDS WILL BE MADE AFTER YOU REGISTER UNLESS THE COURSE IS CANCELLED.**

The evening program is conducted primarily for adults not attending school. However, the Board of Education invites persons over 16 years old to register and attend adult education classes, where room is available, on payment of standard fees. Exceptions are Basketball and where otherwise indicated.

CALENDAR FALL 2019

CLASSES RUN FOR EIGHT WEEKS UNLESS INDICATED OTHERWISE.

*R = REGISTRATION () = HOLIDAY/SCHOOL CLOSED **CB = CLASSES BEGIN *** = INCLEMENT WEATHER REGISTRATION DATE

SEPTEMBER				OCTOBER				NOVEMBER				DECEMBER			
M	T	W	TH	M	T	W	TH	M	T	W	TH	M	T	W	TH
9	10	11*R	12		(1)	2	3	4	(5)	6	7	2	3	4	5
16	17	18	19	7**CB	8**CB	(9)	10**CB	(11)	12	13	14	9	10	11	12
23	24	25	26	(14)	15	16**CB	17	18	19	20	21	16	17	18	19
(30)				21	22	23	24	25	26	(27)	(28)				
				28	29	30	31								

WHEN HUNTINGTON UNION FREE SCHOOL DISTRICT SCHOOLS ARE CLOSED DUE TO INCLEMENT WEATHER OR OTHER REASONS, ADULT CLASSES WILL NOT MEET.

MONDAY**FUN WITH WATERCOLORS****Room 108****Liz Fusco****6:30-8:30**

NO SENIOR CITIZEN DISCOUNT. Learn the basics of watercolor, including color mixing, layering and dry brush techniques. Get to know the best material to use for the most successful results. You will gain confidence in applying graded washes and detail to create a finished painting! Some drawing skills helpful but not necessary. For beginner through intermediate. We will work from photos for reference.

Materials- **Tube Watercolor Paints:**(I recommend *Winsor & Newton*, not *Cotman*)Cadmium **Yellow**

French Ultramarine Blue

Scarlet Lake

Permanent Rose

Cadmium **Lemon**

Alizarin Crimson

Sap Green

Hot Press White watercolor paper (140 lbs. weight)

Small mixing palette

1 HB pencil

1 4B pencil

Kneaded eraser

Tracing paper

Artist tape

Clear gridded ruler

Foam core board (Dollar Tree)

Watercolor Brushes:

1 Round #4 brush – preferably natural hair – one really good

brush will last a long time! (I recommend Winsor & Newton Series

7 Kolinsky Sable 4 Round)

1 cheap synthetic brush for mixing

COOKING: PLANT-BASED RECIPES for OPTIMAL HEALTH**Laura Liepa****7:00-9:00****Finley Middle School – Room 207**

Are you interested in including more plant-based dishes into your diet, but are unsure how to begin? This class will teach you how to prepare simple plant-based meals and dishes as well as principles behind meal planning and vegan cooking.

Material fee of \$25 collected at the first class.**CROCHETING****HS Library****Kelly Hatzmann****7:00-9:00**

For crocheters of any level looking to learn the basics, review or improve techniques. Crocheters are encouraged to bring in projects (and any materials needed) that they are interested in or working on currently.

14 Maximum**POWERPOINT- Professional Presentation Makeovers****Christina Mercier-El Sakka****6:30-8:30****Room 251****FEE: \$67 Resident - \$77 Non-Resident****NO SENIOR CITIZEN DISCOUNT.**

If you have the basic skills for a simple PPT presentation but want to make it more professional looking, this course will show you how. Learn how to work with templates and master slides, inserts graphics and make bullets work. Bring your own presentation and we will step it up a level with “makeovers.”

STREET LAW**Room 124****TBA****7:00-9:00**

This class will provide an understanding of the law and legal issues regarding people, government, law and community in America. Students will develop a practical understanding of the U.S. legal system. **There will be a workbook fee which will be discussed at the first class.**

SPANISH – BEGINNER**Room 126****Francesco Frasca****7:00-9:00**

Some of us are fortunate to be able to learn a new language by living in another country, but most of us are not. In this class you will be able to begin learning the language and get acquainted with a foreign culture. At the beginning we will give emphasis to pronunciation and with the help of cognates and learned vocabulary, be able to communicate with each other.

SOCCER CO-ED (Indoor)**Huntington High Gym****Kieran Mock****8:30-10:00****10 Sessions**

Sharpen and develop your soccer skills as you join us for indoor soccer. This fast-paced, high-energy game will keep you running. Shin guards are required and a water bottle is recommended.

Minimum 10**TUESDAY****STRETCH AND TONE WITH ESSENTRICS****Jefferson School Gym****Martine Resta****6:00-7:00****No Senior Discount**

Created by Miranda Esmonde-White (best-selling author of “Forever Painless” and “Aging Backwards” and as seen on PBS Essentrics® is a unique fitness program that changes the shape of your body through a dynamic and fluid combination of stretching and strengthening. Scientifically designed to work through the muscle chains, this workout will loosen joints and rebalance the entire body while developing lean, strong muscles. Essentrics® is low impact and effective for injury prevention and recovery, pain and stress relief. It will leave you feeling great! Designed for all ages. Bring a mat. ***THIS CLASS WILL BEGIN 10/15**

HATHA YOGA**Southdown Gym****Linda Kundla****7:00-8:30****8 Sessions- No Senior Discount**

Hatha yoga for beginners or students who wish to improve their yoga skills. We will be stressing body alignment and balance. Yoga will bring you peace and tranquility and greatly improve your flexibility and balance. **Must bring a yoga mat and 2 blocks and at least 2 blankets. Students should wear comfortable clothing.**

BRIDGE**HS Library****Susan Bloom****7:00-9:00**

One of the best ways to keep your mind sharp would be to learn Bridge. It is a fun and challenging game that can be played at any level whether you are at a bridge club, playing online, or in your own kitchen. If you're a complete novice, or have some experience, we will start with basics and learn to play a hand. Bring a friend or your spouse and get started.

SPANISH – INTERMEDIATE/ADVANCED**Room 126****Francesco Frasca****7:00-9:00**

To Be or to Be (Ser o Estar) that is the question? This course is for people with a basic knowledge of Spanish with emphasis on grammar made easy but not tedious. We will practice pronunciation and learn phrases and conversation needed in everyday life.

INTRODUCTION TO COMPUTERS – USING MICROSOFT OFFICE Richard Gress
7:30-9:30
Room- HS Library Computer Room
FEE \$67 - \$77 Non-Resident
LIMITED- NO SENIOR CITIZEN DISCOUNT. The goal of this course is for the student to become a confident computer user. The course uses the popular Microsoft Office applications Word and Excel. You will learn to create business letters and other documents in Word. Word topics include document formatting, creating tables and effective printing of your documents. Excel spreadsheet creation for information storing is detailed as well as the use of formulas and functions to create budgets and other financial tools. Students receive a diskette with sample Word and Excel files as well as the files they create during class.

WEDNESDAY

ITALIAN– BEGINNER Francesco Frasca
Room 126 7:00-9:00
This course will introduce you to the basic principles of Italian focusing on pronunciation, reading and writing which will help you develop a useful vocabulary for business, travel or personal enrichment. Through class participation and independent study, you will acquire a fundamental level of comprehension.

FRENCH – BEGINNER/BEGINNER PLUS Christina Mercier-El Sakka
Room 124 6:30-8:30
This class is for the beginner student as well as those who have taken beginner French and want to continue on a beginner level. Basic grammar and extensive vocabulary will be stressed. An elementary level of conversation will be taught, focusing on “functions”, introducing oneself, greetings, directions, ordering in a restaurant and other basics for French travel.

KNITTING Martha Reilly
1st Fl. Fac. Dining Rm. 6:30-8:30
This class is open to current knitters or people with previous knitting experience. Come join this lively knitting group to gain more experience and knitting ideas. Knitters should bring projects they are working on. Bonus projects will be discussed at the first meeting.

DANCE: EAST COAST SWING & LINDY HOP Noreen Healy
Jefferson School Gym 6:00-7:30
Participants will learn the basics of East Coast Swing and Lindy Hop dances and enhance their dancing skills. All dance levels are welcome and you do not need a partner to attend, as we will switch partners throughout the class.

US CITIZENSHIP TEST PREPARATION John Vicari
ROOM 123 7:00-9:00
This course will prepare you to take the U.S. Citizenship test. This course will cover topics such as civics, U.S. government, history, geography, reading and writing. We will also cover tips on how to study for the test and how to prepare yourself for the test.

E.S.L. (English as a Second Language) For Parents of Enrolled ELL Students Chet Lukaszewski
Room 204 7:00-9:00
This is a beginner class to learn to speak English. It is only for parents of ELL students enrolled in this school district. There is no fee for this class.
***Esta es una clase de principiantes para aprender a hablar Inglés. Es sólo para los padres de estudiantes ELL inscritos en este distrito escolar.
hay cuota para esta clase.**

MICROSOFT OFFICE ADVANCED Richard Gress
Room-HS Library Computer Room 7:30-9:30
8 Sessions
FEE: \$67 - \$77 Non-resident
NO SENIOR CITIZEN DISCOUNT. Would you like to learn more about the popular Microsoft Office applications Word, Excel and Powerpoint? Then this is the class for you. Basic knowledge is assumed so students can immediately dig into advanced Word concepts like Mail Merge, Tables for Newsletters, and Advanced Formatting. Excel students will work with practical examples like budgets, financial data, lists, and checkbook registers. Advanced Excel concepts will include filtering, sorting and printing spreadsheet data. Powerpoint users will learn to create, edit and animate information for effective presentations.

TAI CHI CHI KUNG Richard Wos
Jefferson Cafeteria 7:00-8:30
8 SESSIONS
NO SENIOR CITIZEN DISCOUNT. Tai Chi is an ancient Chinese self-healing exercise. The therapeutic value of Tai Chi has been acknowledged in China for thousands of years and Tai Chi is the most popular health exercise in China today. The movements enable the body to relax and let gravity melt away tension blocks. It is one of the safest exercise methods known. The way we live determines the amount of tension and nervousness we accumulate in our bodies. Most of us live in an unhealthy environment in which there is too little exercise, poor eating habits, and conditions that create emotional tension. The primary purpose of Tai Chi is to help let go of physical and emotional tension.

BASKETBALL FOR MEN David Bruckart
H.S. Gym 8:30-10:30
10 SESSIONS
Choose up sides and play full or half court games in our gym. For men over 2 years. **Minimum 20**

THURSDAY

ZUMBA GOLD Janeen Wasoski
Woodhull Gym 6:00-7:00
NO SENIOR CITIZEN DISCOUNT
Zumba Gold brings Latin and international dance rhythms created in the original Zumba, and brings them to the active older adult, the beginner participant, and other special populations that may need modifications for success. It is fun, different, easy and effective. It's great for the mind, body and soul of the active older adult population. Students should bring a water bottle and a towel.

COOKING John King
Finley School – Room 207 7:00-9:00
4 Sessions – 10/10, 10/31, 11/07, 11/14
FEE: \$45 Resident, \$55 Non-Resident

***Material fee for the 4 classes: \$40 collected at first class.**
Learn to prepare foods from around the globe, perfect your knife handling skills, and garner a variety of kitchen tips during this 3-class course. Class participation is welcome, or simply sit back, enjoy the show, and taste the savory results.
Small Plates: We start off with an original, “The Greek Slider” lamb meatballs, pickled onions, tzatziki on a warm pita bread. Then we will show you how to prepare rice balls with a twist. This recipe uses butternut squash risotto that is rolled breaded and fried.
Autumn Harvest: October on Long Island is a cook's delight. We start with roasted local vegetables finished with white wine. How about a winter squash soup with seasonal spices using butternut and kabotcha squash? Next up green bean casserole, using fresh picked ingredients. Add something to your bread basket, or serve with dessert, some wonderful pumpkin cream cheese muffins, a definite crowd pleaser.
Let's do Brunch: Start with a cauliflower breakfast pizza, a low carb treat, easy to make and delicious. Breakfast will never be the same once you try this. Asparagus, tomato and goat cheese frittata, along with some delicious blueberry scones. To finish the meal a refreshing orange creamsicle smoothie.

A Night of Chocolate: Come and learn the healthy benefits and the finer points of the cocoa bean. You will learn how to melt and temper chocolate, and how to make truffles that melt in your mouth. Then, make a cookie you can make ahead and keep in your refrigerator until ready to bake. Also, learn how to use your tempered chocolate to make curls and dessert cups.

FRENCH – INTERMEDIATE Christina Mercier-EI Sakka
Room 125 6:30-8:30
 This class is for those that have mastered the beginner level of French and are ready to move on. It will provide a continuation of the French language – grammar, vocabulary, as well as conversation.

ITALIAN – INTERMEDIATE Francesco Frasca
Room 126 7:00-9:00
 This class is for those students who have a basic knowledge of Italian. More advanced vocabulary and sentence structure will be taught. We will concentrate on pronunciation and conversation. Students are encouraged to participate in class and speak to each other about daily life in Italian.

INTRODUCTION to CERAMICS Devin Auricchio
Room 107 6:30-8:30
 Students will use kiln fired clay to explore hand-building techniques and will make use of the pottery wheel. Pinch, coil, slab and slip, and scoring processes will be introduced and will enable students to pursue a variety of individual paths of creativity. Projects may include making bowls, vases, flower pots, boxes and sculptural pieces in which self expression and individuality will be encouraged. Students will also have the opportunity to apply surface designs and paint/glaze their finished pieces. Pottery tools are to be purchased by each student prior to the first class. **Bring a medium sized plastic container with you to the class. Materials** (to be purchased by students)
 Clay tools- wooden knife, cutting wire, sponge, pin tool (or kit) and plastic container
Clay, glaze etc. will be provided - there will be a materials fee of \$25.00 payable at the first class

HISTORY OF THE US I John Vicari
Room 125 7:00-9:00
 This class will discuss the United States from the Colonial Period to the end of the Civil War. Topics include the development of the Colonies, their interaction with Native Americans, the revolution of the Colonies, the establishment of the Constitution, westward expansion, cultural development, early reform movements, slavery and the Civil War.

ECONOMICS TBD
Room 123 7:00-9:00
 This economics class will cover basic economic theory and practice. There will be a workbook fee which will be discussed at the first class.

TAI CHI CHI KUNG Dr. Michael Posner
High School Library 7:00-8:15
6 SESSIONS: 10/10, 10/17, 10/24, 10/31, 11/07, 11/14
FEE: \$45 Resident, \$55 Non-Resident
NO SENIOR CITIZEN DISCOUNT
 What if I could show you how to relax, get healthier and improve your energy level? Would you be interested? There is only one catch; you have to commit to six 75 minute classes. Is your life worth it? Well, if it is, then I recommend that you register for Tai Chi Chi Kung classes with me. This class is for winners who will make the necessary effort to get what they want and need. Tai Chi is a series of 13 movements that is practiced in a slow ballet; like fashion called a form. It is a moving meditation that is renowned for its relaxation and improved health benefits. Please come if you want to benefit and make the commitment. I am looking forward to your success!

PHOTOGRAPHY LESSONS Robert Mayer
Room 124 7:30-9:30
 This Photography class is for Beginner to Advanced and all levels in between if you have a strong passion for Photography and the desire to learn. **Camera requirements:** Point and shoot, DSLR or any other format camera will do. This class will cover the following Basic photographic skills:
 -On the artistic level, we will cover elements like: Light, Exposure, Exposure Compensation, Composition, Depth of field, leading lines and more.
 -On the technical level, we will cover elements like: ISO, Shutter Speed, Aperture, Selective Focus, Bokeh, Manual Focusing, Histogram and more.
 -Types of photography covered: Landscape, Portraiture (adults and children), Wildlife and Sports.

HOW TO WORK WITH GOOGLE DRIVE Richard Gress
Room 251 7:30-9:30
4 Sessions: 10/17, 10/24, 11/07, 11/14
FEE: \$30 Resident, \$40 Non-Resident
 Google Drive is the new way to create and reference your documents in the cloud. Learn how to use Google Docs, Sheets and Slides as an internet-based alternative to Microsoft Office.

FALL COURSES 2019

FALL COURSES 2019	
Basketball For Men	Wed.
Bridge Beginner/Advanced.....	Tues.
Ceramics	Thurs.
Cooking	Thurs.
Crochet	Mon.
Economics	Thurs.
ESL for Parents of EII Students	Wed.
Dance – Swing	Wed.
French – Beginner.....	Wed.
French – Intermediate	Thurs.
Hatha Yoga	Tues.
How to Work with Google Drive	Thurs.
History of the US	Thurs.
Introduction to Computers – Using Microsoft Office	Tues.
Italian – Beginner	Wed.
Italian – Intermediate/Advanced.....	Thurs.
Knitting.....	Wed.
Microsoft Office Advanced	Wed.
Photography	Thurs.
Plant Based Recipes for Optimal Health.....	Mon.
Powerpoint.....	Mon.
Preparation for Citizenship.....	Wed.
Soccer for Men (Indoor)	Mon.
Spanish – Beginner	Mon.
Spanish – Intermediate/Advanced	Tues.
Street Law	Mon.
Stretch and Tone with Essentrics.....	Tues.
Tai Chi Chi Kung	Wed.
Tai Chi Chi Kung	Thurs.
Watercolor	Mon.
Zumba Gold.....	Thurs.

SEMINARS/FOOD FOR THOUGHT

- Friends&Families CPR and First Aid for Children
- Grandparents Guide to Financial Planning
- How To Excel In Interviews
- It's Not What You Say – It's How You Say It
- Knowledge is Power – Financial Strategies for Women
- Navigating Medicare

SEMINARS / FOOD FOR THOUGHT

PLEASE NOTE: SENIOR CITIZEN DISCOUNTS DO NOT APPLY TO SEMINARS

**FRIENDS and FAMILIES
CPR and FIRST AID FOR CHILDREN**
Tuesday, October 8th
FEE: \$25 Resident - \$30 Non-Resident
Room 114

This seminar is designed for parents, grandparents and babysitters who want to learn lifesaving skills. This is non-credential CPR for adult, child and infant. You will learn how to check for injuries and illness, as well as how to respond when a child is having seizures, or goes into shock, or other medical emergencies. **Maximum number of students is 12.** There will be a **materials fee of \$20** payable to the instructor, Olena Kropp, on the night of the class.

HOW TO EXCEL IN INTERVIEWS
Thursday - October 17th
FEE: \$10 Resident - \$15 Non- Resident
Room 109

Let's face it, you can be good at what you do - but if you're weak at selling yourself - you won't impress anyone and you won't land the job you want. During this seminar you will learn how to: 1) Sell yourself with confidence and poise 2) Move beyond superficial interview answers 3) Know how to articulate your value and 4) Stand out as the best candidate for the job

**IT'S NOT WHAT YOU SAY –
IT'S HOW YOU SAY IT**
Thursday – November 7th
FEE: \$10 Resident - \$15 Non- Resident
Room 109

Why do some speakers succeed while many bore their listeners? In this seminar, you will learn ready-to-use strategies for any speaking engagement including speeches, sales presentations, job interviews, making a toast, eulogies and much more. This seminar will help you say it better –whether you are talking to one person or one thousand and you'll gain the confidence from knowing you can get your message across in powerful and dynamic ways.

Olena Kropp
6:30-10:00

Joe Fallarino
7:00-9:30

Joe Fallarino
7:00-9:30

**GRANDPARENTS GUIDE TO
FINANCIAL PLANNING** Bud Levy, CFP,CPA, MBA
Thursday - October 17th
FEE: \$10 per person - \$15 per couple
Room 110

Grandparents can have a major impact on their grandchildren and, with the proper tools and guidance, can help them build a solid financial foundation. And it's not all about monetary gifts. In this workshop, you will learn how to impart key financial lessons to your grandchildren in a way that inspires them and makes a lasting impression. College costs are skyrocketing and you will learn creative ways for grandparents to help and why, in many cases, it is a big mistake for grandparents to use the popular 529 College Savings plans. When it comes to legacy planning, grandchildren often get short changed. We expect the children's inheritance to filter down to the grandchildren but divorce, death, lawsuits, and poor financial decisions mean the grandchildren often end up with very little or nothing. This program highlights the best ways to avoid these pitfalls and protect the grandchildren

NAVIGATING THE MEDICARE LANDSCAPE Gwen Busterna
Monday – October 28th
Room 110
FEE: \$10 Resident - \$15 Non-Resident

Exciting New Changes to Medicare for 2019, and how will they benefit you! Gain understanding of your Part D Prescription Drug Plan & Deductible and the smart ways to reduce your prescription drug costs. New special programs for Medicare/Medicaid Recipients. Learn the differences of a Supplemental Plan vs. an Advantage Plan. Make sure you are getting the appropriate coverage and all discounts you are entitled to.

KNOWLEDGE IS POWER – Jeff Seitz,CFP,CRPS,CIMA,MBA
FINANCIAL STRATEGIES FOR WOMEN 7:00-9:00
1 Session Only - TUESDAY – 10/29 OR 11/5
Room 110

FEE: \$10 - \$15 Non-Resident
Women are often the money, wellness and scheduling managers of their households. These roles create a variety of financial demands and women's relative longevity means understanding wealth planning is vital. Come learn how to develop a financial strategy that meets your true needs.

EXPANDED HORIZONS

WESTERN SUFFOLK BOCES - SUFFOLK COUNTY

SPECIAL OCCUPATIONAL TRAINING COURSES: FOR INFORMATION CALL 667-6000 x327.

REGISTRATION WILL BE AT BOCES OR ON THE FIRST NIGHT OF CLASS. ENROLLMENT IS ON A FIRST COME, FIRST SERVED BASIS, SPACE IS LIMITED, REGISTER EARLY.

Students will work at their own level and their own pace with individualized instruction.

Adult Basic Education (G.E.D.)
Huntington High School, Room 206
FEE \$25.00

If you do not have a high school diploma, this is your opportunity to get assistance in reading, math, general basic skills or career information. This course will prepare you to take the New York State High School Equivalency Exam (G.E.D.).

Tues. & Thurs.
6:30-9:30

E.S.L. (English as a Second Language)
Huntington High School, Room 204
FEE \$25.00

Tues. & Thurs.
6:30-9:30