

ADULT EDUCATION PROGRAM – FALL 2017
Huntington High School – Huntington, New York
Resident HUFSD \$55 – Non-Resident \$65 – Senior Citizen \$15

Name

School District

AddressTown:.....Phone No.

E-Mail

Course Day Fee

REGISTRATION MAIL-IN FORM

Fill out the adjoining registration form. Use photocopy or separate sheet for each additional course.

Make checks payable to HUFSD.

Do not include extra class fees for books or materials.

Mail along with **separate checks for each course to:**

**Adult Education, HUFSD, Box 1500
Huntington, NY 11743
to be received prior to the first class.**

ONLINE PAYMENT

Link - <http://www.TurboRoster.com>

LINK - Please enter this link into the address bar on any internet page. It will ask you to log in or sign up for TurboRoster. Please sign up for TurboRoster and create a profile by filling out the information requested. 3 more steps will follow, Class Selection, Forms that Need to be filled out, and credit card information or check request. If you need any support, please email help@turboroster.com



Non-Profit Org.
U.S. Postage
PAID
Permit No. 108
Huntington, N.Y.

ADULT EDUCATION

Huntington Union Free School District
P.O. Box 1500
Huntington, New York 11743

POSTAL PATRON

FALL 2017

Dated Material

ADULT EDUCATION PROGRAM

Sponsored By
HUNTINGTON UNION FREE SCHOOL DISTRICT

Education continues throughout one's lifetime. Our Adult Education Program offers a wide variety of courses to serve the needs of lifelong learners. Come and enjoy our many offerings!

REGISTRATION INFORMATION:

MAIL-IN: MUST BE RECEIVED PRIOR TO FIRST CLASS

IN-PERSON: 6:00-9:00 P.M. ON **Wednesday, September 13, 2017** HUNTINGTON HIGH SCHOOL LOBBY

Mr. James W. Polansky, Superintendent • Mrs. Beth McCoy, Director

BOARD OF EDUCATION

Tom DiGiacomo, President • Jennifer Hebert, Vice President
Christine Biernacki • William Dwyer • Bari Fehrs • Xavier Palacios • Emily Rogan

ADULT EDUCATION OFFICE HUNTINGTON HIGH SCHOOL

Tel. 812-2380 Monday-Thursday Evening
During each Semester Session
Or E-mail Adulted@hufsd.edu

THE ADULT EDUCATION PROGRAM AS DESCRIBED IN THIS BROCHURE IS FINANCIALLY SELF-SUSTAINING. VISITORS OR SPECTATORS ARE NOT PERMITTED IN CLASS.

REMINDER: BEFORE REGISTERING FOR ANY EXERCISE CLASS PLEASE CONSULT YOUR PHYSICIAN.

REGISTRATION PROCEDURE

BY MAIL. All courses may be registered by mail and will be filled in order that forms and checks are received. Mail-in registration must arrive prior to the first class. **NOTE: UNLESS YOU ARE NOTIFIED OTHERWISE, YOU ARE TO ASSUME THAT YOU ARE REGISTERED AND THAT YOU ARE TO COME TO THE FIRST CLASS MEETING. NO LETTERS OF ACCEPTANCE WILL BE SENT.**

IN PERSON. Register for all classes **Wednesday, September 13, 2017** from 6:00-9:00 p.m., in the lobby of Huntington High School, McKay and Oakwood Roads, Huntington.

ON-LINE. You may register on-line at **TURBOROSTER.com** (see front of brochure for instructions)

FEES: \$55.00 for District residents
\$15.00 for Senior Citizen residents
\$65.00 for all Nonresidents,

except where indicated otherwise in the course description. Fees may be paid by cash or **check made payable to HUFSD**. Separate checks should be made out for each course. **DO NOT INCLUDE FEES FOR BOOKS OR MATERIALS;** these will be collected during class.

CLASS LOCATION: All classes meet in Huntington High School unless otherwise noted. Classes run for eight (8) weeks unless otherwise indicated.

SENIOR CITIZENS. The Board of Education cordially invites HUFSD residents 60 years of age and over to attend adult education courses for a fee of \$15.00 (except those classes marked **limited or no senior discount**). There are no senior citizen discounts on seminars. Textbooks or special costs must be paid. **ID required the first night of class.**

REFUNDS. If the course for which you registered does not get the required minimum of 10, it may be canceled and you will be notified by phone when possible. Your refund will be mailed from the District Business Office. **ALLOW EIGHT (8) WEEKS. NO REFUNDS WILL BE MADE AFTER YOU REGISTER UNLESS THE COURSE IS CANCELED.**

The evening program is conducted primarily for adults not attending school. However, the Board of Education invites persons over 16 years old to register and attend adult education classes, where room is available, on payment of standard fees. Exceptions are Basketball and where otherwise indicated.

CALENDAR FALL 2017

CLASSES RUN FOR EIGHT WEEKS UNLESS INDICATED OTHERWISE.

*R = REGISTRATION

() = HOLIDAY/SCHOOL CLOSED/NO CLASSES

**CB = CLASSES BEGIN

SEPTEMBER				OCTOBER				NOVEMBER				DECEMBER			
M	T	W	TH	M	T	W	TH	M	T	W	TH	M	T	W	TH
(4)	5	6	7	2	3**CB	4	5	6	(7)	8	9	4	5	6	7
11	12	13*R	14	(9)	10	11	12	13	14	15	16	11	12	13	14
18	19	20	(21)	16	17	18	19	20	21	(22)	(23)	18	19	20	21
25**CB	26	27**CB	28**CB	23	24	25	26	27	28	29	30				
				30	31										

WHEN HUNTINGTON UNION FREE SCHOOL DISTRICT SCHOOLS ARE CLOSED DUE TO INCLEMENT WEATHER OR OTHER REASONS, ADULT CLASSES WILL NOT MEET.

MONDAY**CROCHETING**

Library

Kelly Hatzmann

7:00-9:00

For crocheters of any level looking to learn the basics, review or improve techniques. Crocheters are encouraged to bring in projects (and any materials needed) that they are interested in or working on currently. **14 Maximum**

STREET LAW

Room 124

TBA

7:00-9:00

This class will provide an understanding of the law and legal issues regarding people, government, law and community in America. Students will develop a practical understanding of the U.S. legal system. **There will be a workbook fee which will be discussed at the first class.**

SPANISH – BEGINNER

Room 126

Francesco Frasca

7:00-9:00

Some of us are fortunate to be able to learn a new language by living in another country, but most of us are not. In this class you will be able to begin learning the language and get acquainted with a foreign culture. At the beginning we will give emphasis to pronunciation and with the help of cognates and learned vocabulary, be able to communicate with each other.

HATHA YOGA

Southdown Gym

Linda Kundla

7:00-8:30

8 Sessions- No Senior Discount

Hatha yoga for beginners or students who wish to improve their yoga skills. We will be stressing body alignment and balance. Yoga will bring you peace and tranquility and greatly improve your flexibility and balance. **Must bring a yoga mat and 2 blocks and at least 2 blankets. Students should wear comfortable clothing.**

SOCCER FOR MEN (Indoor)

Huntington High Gym

Kieran Mock

8:30-10:00

10 SESSIONS

Sharpen and develop your soccer skills as you join us for indoor soccer. This fast-paced, high-energy game will keep you running. Shin guards are required and a water bottle is recommended. **Minimum 10**

TUESDAY**FOUNDATIONS OF DRAWING – Beginner/Intermediate**

Room 108

Anne Gunthner

6:30-8:30

NO SENIOR CITIZEN DISCOUNT This class is for those that desire a strong, basic understanding of representational drawing/rendering and how to go about executing the subject's likeness on paper. We will cover light vs. shadow, rendering values to create form, positive and negative shapes, composition, contour drawing and beginning perspective theory as well as the concept of value. (Riebes Art Supplies will give a discount on class supplies) Two #HB Charcoal pencils, one white lead pencil, kneaded eraser, Drawing Pad (no larger than 14 x 17"), Blending Stump, Pencil Sharpener **Maximum 12**

NUTRITION, WEIGHT LOSS AND WELLNESS MADE EASY

Room 123

Wendy Bonilla

6:30-8:00

Does losing weight or improving your health seem like an unreachable goal? This class is designed to help you understand what is really causing your body to hold on to extra weight, to feel constantly fatigued, experience digestive issues and stay prone to illness. In this class you'll learn how to make sense of all the confusing, and often conflicting, information that exists about weight loss and wellness in order to make powerful behavioral changes that will help you achieve your health goals. By the end of this course, you'll know:

- Which foods to eat and which ones to avoid for better overall health
 - How to plan meals for the week and prepare easy recipes
 - Simple ways to implement more physical activity into your week that are at your level
 - How stress affects health and weight, and techniques to reduce its negative effects
 - How sleep affects health, and techniques to get a better night's rest
- A healthy lifestyle and choosing the right foods is key. After each class, you will have a set of tools to begin using immediately, so you can start to feel like a better you.

SPANISH – INTERMEDIATE/ADVANCED

Room 126

Francesco Frasca

7:00-9:00

To Be or to Be (Ser o Estar) that is the question? This course is for people with a basic knowledge of Spanish with emphasis on grammar made easy but not tedious. We will practice pronunciation and learn phrases and conversation needed in everyday life.

AMERICAN HISTORY/CITIZENSHIP

Room 125

Bruce Trousdell

7:00-9:00

This course will cover information about our Constitution, Government, the history of the United States and American Holidays.

The class will cover events before 1865, ending with the Civil War and the surrender of the South. There may be a workbook fee; that will be discussed at the first class.

CHINESE CALLIGRAPHY

Room - 1st Fl. Fac. Dining

Annie Hsiao

7:00-9:00

Learn Chinese Calligraphy for letters and numbers – pen angle, letter slant, size and spacing. Supplies needed will be brush, ink, paper and mat and will be discussed in detail at first class.

INTRODUCTION TO COMPUTERS –**USING MICROSOFT OFFICE**

Room 251

Richard Gress

7:30-9:30

FEE \$67 - \$77 Non-Resident

LIMITED- NO SENIOR CITIZEN DISCOUNT. The goal of this course is for the student to become a confident computer user. The course uses the popular Microsoft Office applications Word and Excel. You will learn to create business letters and other documents in Word. Word topics include document formatting, creating tables and effective printing of your documents. Excel spreadsheet creation for information storing is detailed as well as the use of formulas and functions to create budgets and other financial tools. Students receive a diskette with sample Word and Excel files as well as the files they create during class.

WEDNESDAY**ITALIAN– BEGINNER**

Room 126

Francesco Frasca

7:00-9:00

This course will introduce you to the basic principles of Italian focusing on pronunciation, reading and writing which will help you develop a useful vocabulary for business, travel or personal enrichment. Through class participation and independent study, you will acquire a fundamental level of comprehension.

FRENCH – BEGINNER

Room 124

Christina Mercier-EI Sakka

6:30-8:30

Basic grammar and extensive vocabulary stressed. An elementary level of conversation will be taught.

KNITTING

1st Fl. Fac. Dining Rm.

Martha Reilly

6:30-8:30

This class is open to knitters of all levels. Current knitters can bring projects they are working on. Beginners should bring a ball of worsted weight yarn and size 8 needles. Bonus projects will be discussed at the first meeting

WATERCOLOR – Beginner/Intermediate

Room 108

Anne Gunthner

6:30-8:30

NO SENIOR CITIZEN DISCOUNT. The key to taking the "fear" out of watercolor painting lies in knowing, within an acceptable range, what will happen when the brush touches the paper. While appearing simple to accomplish, practice and knowledge lead to a better understanding of the medium and all of its wonderful attributes. Students will learn many watercolor application techniques through demonstrations and group exercises. Basic design elements will be emphasized and applied as well. (Riebes will give a discount on class supplies)

Series 400 Strathmore Watercolor paper pad, Winsor & Newton Watercolors: Paynes Gray, Black, Alizaron Crimson, Cadmium Red, Cadmium Yellow, Ultramarine blue, Hooker or Sap Green, Yellow Ochre, Burnt Umber, Burnt Sienna, Brushes: (Synthetic is fine but please NO Artist's Loft) Rounds: #2, #6, #14, and Flat 1" Large Plastic Mixing Tray (with wells). NO small, round trays. Liquid Masking Fluid, Paper towels, small water bowl, low-tack Painters Tape **Maximum 12**

CHINESE – for Beginners **Annie Hsiao**
Room 123 **7:00-9:00**
 The three main topics of the class are dialogue, vocabulary, and grammar. The class will focus on frequently used phrases and sentences to allow for “daily life” communication. The main textbook used in class will be “Speak Mandarin in One Thousand Words”.

E.S.L.(English as a Second Language) **Chet Lukaszewski**
For Parents of Enrolled ELL Students **7:00-9:00**
Room 204
 This is a beginner class to learn to speak English. It is only for parents of ELL students enrolled in this school district. There is no fee for this class.

*Esta es una clase de principiantes para aprender a hablar Inglés. Es sólo para los padres de estudiantes ELL inscritos en este distrito escolar. hay cuota para esta clase.

MICROSOFT OFFICE ADVANCED **Richard Gress**
Room 251 **7:30-9:30**
8 Sessions
FEE: \$67 - \$77 Non-resident
LIMITED. NO SENIOR CITIZEN DISCOUNT. Would you like to learn more about the popular Microsoft Office applications Word, Excel and Powerpoint? Then this is the class for you. Basic knowledge is assumed so students can immediately dig into advanced Word concepts like Mail Merge, Tables for Newsletters, and Advanced Formatting. Excel student will work with practical examples like budgets, financial data, lists, and checkbook registers. Advanced Excel concepts will include filtering, sorting and printing spreadsheet data. Powerpoint users will learn to create, edit and animate information for effective presentations.

TAI CHI CHI KUNG **Richard Wos**
Jefferson Cafeteria **7:00-8:30**
8 SESSIONS
LIMITED. NO SENIOR CITIZEN DISCOUNT. Tai Chi is an ancient Chinese self-healing exercise. The therapeutic value of Tai Chi has been acknowledged in China for thousands of years and Tai Chi is the most popular health exercise in China today. The movements enable the body to relax and let gravity melt away tension blocks. It is one of the safest exercise methods known. The way we live determines the amount of tension and nervousness we accumulate in our bodies. Most of us live in an unhealthy environment in which there is too little exercise, poor eating habits, and conditions that create emotional tension. The primary purpose of Tai Chi is to help let go of physical and emotional tension.

BASKETBALL FOR MEN **David Bruckart**
H.S. Gym **8:30-10:30**
10 SESSIONS
 Choose up sides and play full or half court games in our gym. For men over 21 years. **Minimum 20**

THURSDAY

ZUMBA GOLD **Janeen Wasoski**
Woodhull Gym **6:00-7:00**
NO SENIOR CITIZEN DISCOUNT
 Zumba Gold is Latin and International dance rhythms created in the original Zumba and bring them to the active older adult, the beginner participant, and other special populations that may need modifications for success. It is fun, different, easy and effective. It's great for the mind, body and soul of this expanding active older adult population. Students should bring a water bottle and a towel.

COOKING **John King**
Finley School – Room 207 **7:30-9:30**
4 Sessions -9/28, 10/5, 10/19, 11/12
FEE: \$35 Resident, \$45 Non-Resident
 This four class course will include foods from around the globe, knife handling skills, kitchen tips and more. Class participation is encouraged, or you can sit back and enjoy the show.
Material fee for the 4 classes: \$40 collected at first class.
 #1 -Small plates for your holiday party
 Back by popular demand! This hands on class will have your friends coming back for more. Mini Reuben's on cocktail rye, creamy tortellini bites, chicken cordon blue snacks, eggplant meatballs with tomato dipping sauce.

#2 -Winters in France
 Elegant and rustic, always compelling—traditional French food remains one of the world's most delectable cuisines. Leave behind any ideas that this food is stuffy and old fashioned! Come and learn the new essentials of French cooking with Chef John as he demonstrates techniques to pan sear a steak. Learn how to prepare some classic dishes for the modern cook: Onion Soup Gratinee, Pan-seared steak with Burgundy Reduction and Shallots, Haricot Vert Salad with Hazelnuts and Chevre.
 #3 -Autumn Harvest
 October on Long Island is a cook's delight. Crisp, fresh vegetables are abundant. Learn to prepare eggplant three ways—pickled, fried, and capanota-roast vegetables, and bake a gluten-free zucchini bread. Exact menu selection will be dependent upon availability of farm-fresh produce, and subject to surprise.
 #4 -Gong-xi Fa-cai—Wishing You Prosperity! Happy New Year!
 Chinese New Year is an exciting holiday. In this hands-on class, you will learn how to fill, fold and fry spring rolls. Master stir-frying techniques and create sauces from authentic Asian seasonings as you prepare some spicy shrimp, a symbol of wealth and abundance. Long-life noodles with chicken and baby bok choy and stir-fried Chinese ginger broccoli round out the banquet menu.

FRENCH – INTERMEDIATE **Christina Mercier-El Sakka**
Room 124 **6:30-8:30**
 A continuation of French Beginner - grammar and vocabulary as well as conversation.

ITALIAN – INTERMEDIATE/ADVANCED **Francesco Frasca**
Room 126 **7:00-9:00**
 This class is for those students who have a basic knowledge of Italian. More advanced vocabulary and sentence structure will be taught. We will concentrate on pronunciation and conversation. Students are encouraged to participate in class and speak to each other about daily life in Italian.

INTRODUCTION to CERAMICS **Devin Auricchio**
Room 107 **7:00-9:00**
 Students will use kiln fired clay to explore hand-building techniques and will make use of the pottery wheel. Pinch, coil, slab and slip, and scoring processes will be introduced and will enable students to pursue a variety of individual paths of creativity. Projects may include making bowls, vases, flower pots, boxes and sculptural pieces in which self expression and individuality will be encouraged. Students will also have the opportunity to apply surface designs and paint/glaze their finished pieces. Pottery tools are to be purchased by each student prior to the first class. **Bring a medium sized plastic container with you to the class.**
Materials (to be purchased by students):
 Clay tools- wooden knife, cutting wire, sponge, pin tool (or kit) and plastic container

ALL ABOUT YOU-YOGA, MEDITATION, HEALTHY MEALS, ESSENTIAL OILS **Linda Roth/Kim Gilroy**
Finley School- Gym/ Room 208 **7:00-8:30**
 8 sessions of different ways to take care of yourself and family. Sessions include: Rahini Yoga, Yin Yoga, Kids Yoga(great for parents, grandparents, teachers), Meditation, Taste and Talk, and Essential Oils (Aroma Touch)

ECONOMICS **TBA**
Room 123 **7:00-9:00**
 This Economics class will cover basic Economic theory and practice. There will be a workbook fee which will be discussed at the first class.

TAI CHI CHI KUNG
High School Library
6 SESSIONS: 9/28, 10/5,10/12, 10/19,10/26,11/2
FEE: \$45 Resident, \$55 Non-Resident
LIMITED. NO SENIOR CITIZEN DISCOUNT

Dr. Michael Posner
7:00-8:15

Do you have problems with relaxing or letting go of your stress? Do you have poor posture, circulation or joint pain? Do you need to clear out your head and to stop unnecessary negative emotions? Then Tai Chi might be the answer for you! Tai Chi is a series of 13 movements that is practiced in a slow ballet like fashion called a form. It is a moving meditation that is renowned for its relaxation and improved health benefits. Tai Chi helps to create balance to the energy system similar to the way Acupuncture works. It is rooted in creating present moment awareness and calmness in the spirit. The benefits of Tai Chi are vast and can improve you in body, emotions, mind and Spirit. Chi refers to life force energy, when practicing tai chi you learn to conserve energy that you would normally waste, if you need improved energy levels and better health, then try Tai Chi!

OIL PAINTING
Room 108
M.Elleen Winter
7:00-9:00

LIMITED. NO SENIOR CITIZEN DISCOUNT. For beginner to intermediate students. Work from reference photos (please bring one or two) or a still life I will have set up. Demonstrations will be given during the first three classes. Bring an 8x10 or larger draw pad, pencil, and a good eraser. If you have paints etc., bring them in and we will discuss what you might need to be added to your set. Also bring an 11x14 canvas. Supply lists will be given out at first class. If you know you will be using a table top or floor easel, bring one with you. Soft pastel artists are welcome.

PHOTOGRAPHY LESSONS
Room 124
Robert Mayer
7:30-9:30

This Photography class is for Beginner to Advanced and all levels in between if you have a strong passion for Photography and the desire to learn. **Camera requirements:** Point and shoot, DSLR or any other format camera will do.

This class will cover the following Basic photographic skills:
 -On the artistic level, we will cover elements like: Light, Exposure, Exposure Compensation, Composition, Depth of field, leading lines and more.

-On the technical level, we will cover elements like: ISO, Shutter Speed, Aperture, Selective Focus, Bokeh, Manual Focusing, Histogram and more.

-Types of photography covered: Landscape, Portraiture (adults and children), Wildlife and Sports.

HOW TO WORK WITH GOOGLE DRIVE
Room 251
Richard Gress
7:30-9:30

4 Sessions: 10/12,10/19,10/26,11/2
FEE: \$30 Resident, \$40 Non-Resident
 Google Drive is the new way to create and reference your documents in the cloud. Learn how to use Google Docs, Sheets and Slides as an internet-based alternative to Microsoft Office.

FALL COURSES 2017

All About You.....	Thurs.
American History/Citizenship	Tues.
Basketball For Men	Wed.
Chinese Calligraphy	Tues.
Ceramics	Thurs.
Chinese - Beginner.....	Wed.
Cooking	Thurs.
Crochet.....	Mon.
Economics	Thurs.
ESL for Parents of ELL Students	Wed.
French – Beginner.....	Wed.
French- Intermediate/Advanced	Thurs.
Hatha Yoga	Mon.
How to Work with Google Drive	Thurs.
Introduction to Computers- Using Microsoft Office	Tues.
Italian – Beginner	Wed.
Italian- Intermediate/Advanced.....	Thurs.
Knitting.....	Wed.
Microsoft Office Advanced	Wed.
Nutrition,Weight Loss and Wellness	Tues.
Painting.....	Thurs.
Drawing	Tues.
Photography	Thurs.
Soccer for Men (Indoor)	Mon.
Spanish – Beginner	Mon.
Spanish – Intermediate/Advanced	Tues.
Street Law	Mon.
Tai Chi Chi Kung	Wed.
Tai Chi Chi Kung	Thurs.
Watercolor	Wed.
Zumba Gold.....	Thurs.

SEMINARS/FOOD FOR THOUGHT

Addressing Long Term Care
 Auto Insurance Reduction Program
 Friends & Families CPR and First Aid for Children
 Getting Paid To Talk, Making Money With Your Voice
 Passport to Retirement
 Navigating the Medicare Landscape

EXPANDED HORIZONS

WESTERN SUFFOLK BOCES - SUFFOLK COUNTY

SPECIAL OCCUPATIONAL TRAINING COURSES: FOR INFORMATION CALL 667-6000 x327.

REGISTRATION WILL BE AT BOCES OR ON THE FIRST NIGHT OF CLASS. ENROLLMENT IS ON A FIRST COME, FIRST SERVED BASIS, SPACE IS LIMITED, REGISTER EARLY.

Students will work at their own level and their own pace with individualized instruction.

Adult Basic Education (G.E.D.)
Huntington High School, Room 206
NO FEE

Tues. & Thurs.
6:30-9:00

If you do not have a high school diploma, this is your opportunity to get assistance in reading, math, general basic skills or career information. This course will prepare you to take the New York State High School Equivalency Exam (G.E.D.).

E.S.L. (English as a Second Language)
I-Beginner
Huntington High School, Room 204
THIS COURSE ASSUMES NO KNOWLEDGE OF ENGLISH.

Tues. & Thurs.
6:30-9:00

\$25

E.S.L. (English as a Second Language)
II-Intermediate/III-Advanced
Huntington High School, Room 205
THIS COURSE ASSUMES MINIMAL/GOOD KNOWLEDGE OF ENGLISH.

Tues. & Thurs.
6:30-9:00

\$25

SEMINARS / FOOD FOR THOUGHT

PLEASE NOTE: SENIOR CITIZEN DISCOUNTS DO NOT APPLY TO SEMINARS

**FRIENDS and FAMILIES
CPR and FIRST AID FOR CHILDREN**
Wednesday - 11/8
FEE: \$25 Resident - \$30 Non-Resident
Room 114

Olena Kropp
6:30-10:00

This seminar is designed for parents, grandparents and babysitters who want to learn lifesaving skills. This is non-credential CPR for adult, child and Infant. You will learn how to check for injuries and illness as well as how to respond when a child is having seizures or goes into shock or other medical emergencies. **Maximum number of students is 12.** There will be a **materials fee of \$20** payable to the instructor, Olena Kropp, on the night of the class.

**SOCIAL SECURITY PLANNING – Bud Levy, CFP, CPA, MBA
What Everyone Needs To Know (especially boomers)**
Thursday, 10/19
Room 110

7:00-9:00

FEE: \$10 per person • \$15 per couple

After being told for years that Social Security is “going broke,” baby boomers are realizing that it will soon be their turn to collect. But the decisions you make now can have a tremendous impact on the total amount of benefits you stand to receive over your lifetime. This informative workshop not only covers the basics but also reveals little known strategies for maximizing your benefits. You will learn: the 5 factors to consider in deciding when to apply for benefits, when it makes sense to delay benefits, how to integrate benefits with other retirement income sources, and how to coordinate benefits with your spouse to maximize the total drawdown from Social Security. Each attendee will receive a free copy of ‘The Baby Boomer’s Guide To Social Security’ which summarizes key retirement benefit provisions.

Registration deadline of October 12 for this seminar.

**GETTING PAID TO TALK, MAKING MONEY
WITH YOUR VOICE AN INTRODUCTION
TO PROFESSIONAL VOICE OVERS**

Jenny Marcotte
6:30-9:00

Wednesday – 11/1
FEE: \$25 Resident - \$30 Non-Residents
Room 110

Have you ever been told that you have a great voice? This exciting seminar will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. Learn more here <http://www.voicecoaches.com/gppt>
Registration deadline of 10/25 for this seminar.

ADDRESSING LONG TERM CARE
Wed. - 11/15
Room 113
FEE:\$15 Resident - \$20 Non Resident

TBA
7:00-8:30

This seminar explains what Long-Term Care is, who needs it and what options people have if they need it. The presentation emphasizes that, without proper planning, the potential costs associated with the need for LTC can be devastating to the family and to the assets built over the years.

Registration deadline of 11/6 for this seminar.

AUTO INSURANCE REDUCTION PROGRAMS
NATIONAL TRAFFIC SAFETY INSTITUTE
Tues., 10/24 & Thurs., 10/26
FEE: \$35 - \$40 Non-Resident
Room 114

TBA
7:00-10:00

Learn the skills of safe driving. At the same time, reduce your automobile liability and collision premium at least 10% for a period of 3 years. Drivers with point accumulation will also be allowed a four-point credit by the Motor Vehicle Department.

Registration deadline of 10/17 for this seminar.

NAVIGATING THE MEDICARE LANDSCAPE Gwen Busterna
Room 114

7:00-8:30pm

**Choose one date (identical seminars)
9/27, 10/17, 11/15 or 12/4**

FEE: \$15 Resident - \$20 Non-Resident

This seminar will explain the Important Medicare changes for 2018, Healthcare Reform and how will it affect you, Smart ways to reduce Medicare and Prescription Drug Costs and Medicare Health Plan overview.