

Appraising Myself as I Plan for the Future

This form will be kept on file in the College Office. Please give careful attention to the following questions. Your answers will be helpful to Mrs. Walsh in presenting you to colleges. Be assured that anything that you write will not be shared with anyone unless you approve it beforehand.

1. Name: _____ D.O.B: _____ SS#: _____

2. School Counselor: _____

3. Address: _____ Email: _____ Phone # _____

4. Please list your free period (s) to meet with Mrs. Walsh _____

5. Living with: Father ___ Mother ___ Stepfather ___ Stepmother ___ Other ___

Siblings:

Name: _____ Age: _____ School: _____

Name: _____ Age: _____ School: _____

Name: _____ Age: _____ School: _____

Parents/Guardians Information:

Parent 1 Full Name: _____ is s/he living? _____

Home address (if different than yours): _____

Occupation: _____ Employer: _____

Name of college (if applicable): _____ Degree: _____ Year: _____

Name of professional or graduate schools (if applicable): _____

Degree: _____ Year: _____

Parent 2 Full Name: _____ is s/he living? _____

Home address (if different than yours): _____

Occupation: _____ Employer: _____

Name of college (if applicable): _____ Degree: _____ Year: _____

Name of professional or graduate schools (if applicable): _____

Degree: _____ Year: _____

Is your home bilingual? _____ If so, what other language is spoken? _____

Citizenship:
(Optional)

Please check:

___ US citizen ___ Dual US citizen; please specify other country of citizenship_____

___ US permanent resident visa; citizen of_____

___ Other citizenship_____

	Country (ies)	Visa type
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Student Athletes:

Are you applying to **Division I or **Division II colleges for an athletic scholarship? _____

If so, what sport? _____

Coach's name: _____

Are you applying to Division III colleges with the hope that your athletic talent will help you gain admittance to the school? If so, what sport_____

Coach's name: _____

**Please be sure to complete NCAA (National Collegiate Athletic Association) Initial Eligibility forms via www.eligibilitycenter.org and meet with your school counselor as soon as possible to evaluate your candidacy. If you want to participate in college athletics or receive an athletic scholarship you must meet certain requirements while in high school.

Health

General health and physical condition (indicate any long period of illness): _____



Autobiography

College admission counselors rely on the college counselor to provide them with information that may not appear in other parts of the application. Answering questions below will not only help Mrs. Walsh in writing your recommendation letter, but will also help if you are required to write a personal statement for your college applications.

1. How would your family and/or friends describe you?

2. What aspects of your high school years have you enjoyed the most?

3. Describe a difficult decision that you have had to make and what you learned as a result.

4. Describe a challenge you have had to face.

5. Which one of your accomplishments are you most proud of and why?

6. Are there any traits or accomplishments that set you apart from other teenagers?

7. What characteristics or qualities would you like Mrs. Walsh and college admission counselors to know about you?

8. What are your future goals?

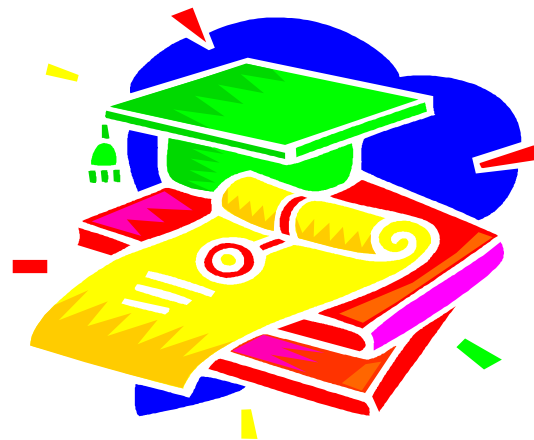
9. List any leisure time reading (i.e. not classroom assignments) you have done in the past two years or so. Include any books, newspapers, or magazines and which have been most enjoyable or meaningful for you.

10. How do you spend your leisure time during the school year and in the summer? College admission counselors are interested in your time management and your overall learning experiences. List chronologically any pertinent travel opportunities, summer classes or internships, or other activities you have undertaken.

11. I would describe myself as: (list 10 adjectives)

12. How do you think your teachers would describe you?

13. Do you have a quote or a personal motto which you follow? What is it and why?





College Essay

The majority of colleges require the applicant to write an essay. ***What do you want the readers of your application to know about you apart from courses, grades, and test scores?*** The application may simply ask for a personal statement and leave the decision up to you as to how you wish to respond. Other colleges might ask you to write about suggested topics. The Common Application colleges ask students to respond to one of the prompts listed below.

1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
2. The lessons we take from obstacles we encounter can be fundamental to later success. Recount a time when you faced a challenge, setback, or failure. How did it affect you, and what did you learn from the experience?
3. Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?
4. Describe a problem you've solved or a problem you'd like to solve. It can be an intellectual challenge, a research query, an ethical dilemma - anything that is of personal importance, no matter the scale. Explain its significance to you and what steps you took or could be taken to identify a solution.
5. Discuss an accomplishment, event, or realization that sparked a period of personal growth and a new understanding of yourself or others.
6. Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?
7. Share an essay on any topic of your choice. It can be one you've already written, one that responds to a different prompt, or one of your own design.

In the space below, feel free to write a personal statement or respond to one of the prompts listed. You can also list possible essay topic that you might want to discuss with Mrs. Walsh. Attach additional pages if necessary. **This is not a required section of the "Appraising Myself as I Plan for the Future" packet.** However, it is suggested that you begin the college essay writing process during your junior year.

Activity Sheet/Résumé

Colleges are interested in learning about how you spend your time outside of the school day. Do you volunteer? Do you participate in a club, sport, or musical activity? Have you demonstrated consistent involvement? What kind of an impact have you made in your school and/or local community? You will be asked on your college applications to provide details about your involvement and achievements. Please use the space below to begin your list. Don't forget about your academic achievements including Pride Awards and honor roll status. Attach additional pages if necessary.

Grade(s)	Activity/Award	Involvement/Responsibilities

Please choose your top three activities and describe your involvement in each.

1. _____

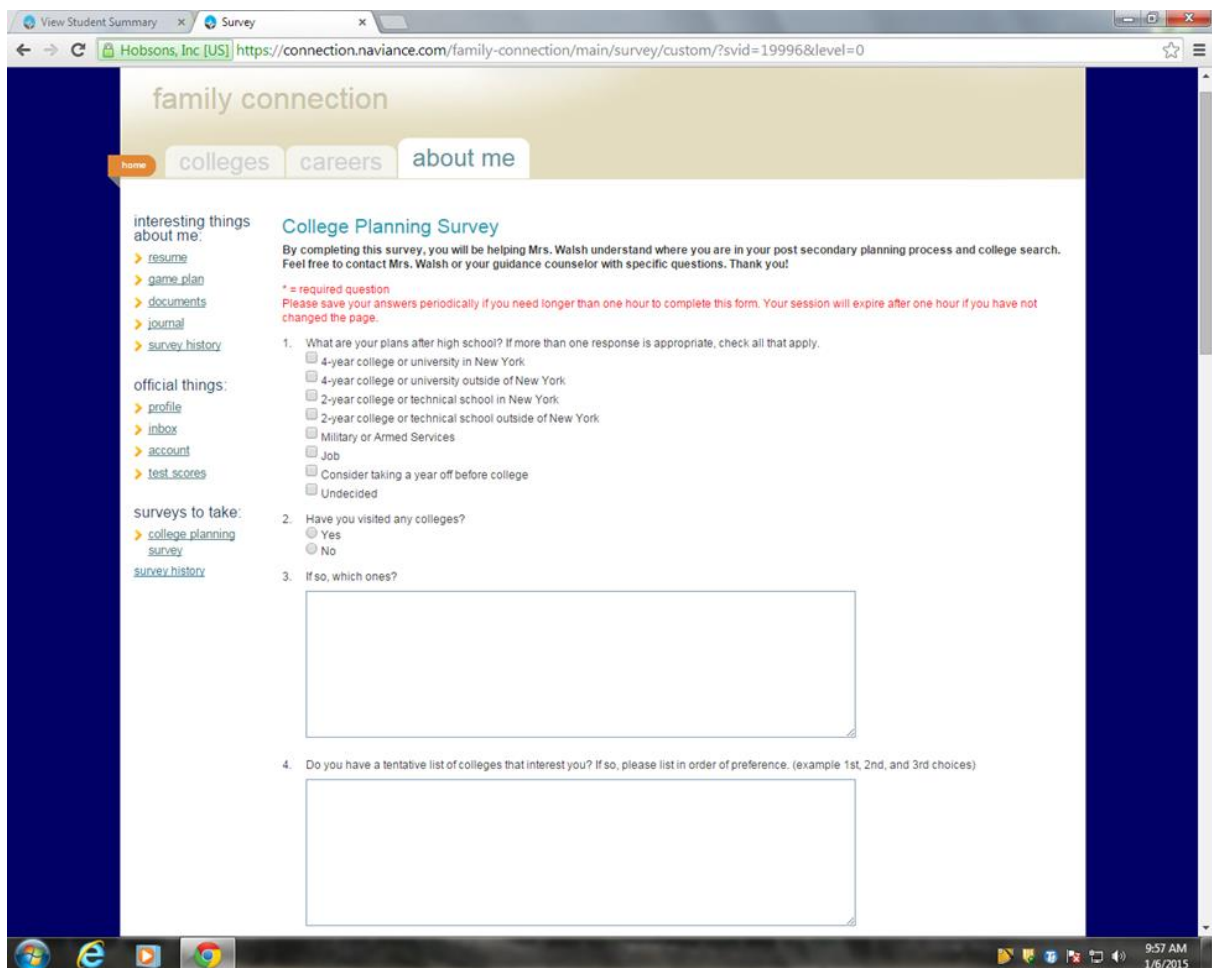
2. _____

3. _____



In addition to completing the "Appraising Myself as I Plan for the Future" packet, students must complete the **College Planning Survey** on the Family Connection website. Mrs. Walsh will utilize the results of the survey during your college planning meeting

1. Log onto your Family Connection/Naviance account via <http://connection.naviance.com/huntingtonhs>. If you have misplaced your log on information please see your Guidance Counselor or Mrs. Walsh.
2. Click on the "About Me" tab.
3. The College Planning Survey is located on the upper left side of the page.
4. Complete the survey, print it, and attach it to the back of this packet.



Huntington High School Parent Response Form

Student's name: _____
Parent(s) name(s): _____
Parent(s) email address: _____

I am seeking your thoughts and feelings about your child. Please help me by responding to the questions below. If you do not find these particular questions helpful, then write a letter. Be funny; be serious; be proud. Your willingness to complete this form or write a separate letter is very helpful in counseling your son or daughter and in writing his or her college recommendation letter.

1. Describe one or two events that you see as turning points in your son or daughter's development and explain why you view them as such.
2. His/her high school career has been pleasurable/painful because.... (don't hesitate to write about both aspects.)
3. His/her greatest strength/greatest weakness is:
4. We are proud of our child because..... (specific anecdotes are particularly welcome.)
5. Something you need to know about my/our son/daughter is.....

6. If there are any particular colleges you would like your son or daughter to consider, please feel free to list them below.

7. Are there any family-related factors that will influence your child's decision?

8. Is there anything you wish to add which would help me in writing my recommendation letter? e.g. educational background, family situation, medical history, personal achievements, etc.

9. Does your son or daughter have special needs that have warranted accommodations?
(This is something you may want to discuss in person.)

Parent(s)
Signature(s) _____